The Biological Medicine Approach to Treating Cancer

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• Graduate of Canadian College of Naturopathic Medicine (2004)
• Post-graduate training in European Biological Medicine through the Parcelsus Klinik in Switzerland
• Founder and Clinic Director of Advanced Naturopathic Medical Centre in Calgary, Alberta, Canada
• Author of Building a Healthy Child
Personal Journey
Motivation behind why I do what I do

What is Biological Medicine?
The body has an innate ability heal itself when in the proper environment
We want to get the whole organism functioning properly
• Identify and Removing Stressors
• Improving organ/system Function
What is Biological Medicine?

1. Adaptability
2. Terrain

Adaptability

* The way I define health, is the ability of the body to be able to adapt to stressors in our environment. These stressors can be internal or external. Every system of the body should be able to express this healthy adaptation or self-healing mechanism in order for us to be healthy.
Terrain

- The terrain – the extracellular matrix – is what guides the body’s self-regulating ability
- In order for your cells to be healthy, they need to be in a healthy environment.
- Nurturing the terrain is the key to biological medicine

CANCER

- As defined by conventional system
- Focus is on tumor. If the tumor is removed or burned or chemically destroyed then cancer is gone.
- Focus is on 3 treatment tools: chemotherapy, radiation, surgery
View of cancer from a Biological Medicine perspective

- Cancer is a process in the body
- We all have cancer cells within us. It is how effectively the body is able to manage cancer cells and not allow the process to develop.

Characteristics of Cancer

- Acidic Terrain
- Lowered immune system
- Challenged detoxification pathways
Acidic Terrain/Chronic Inflammation

1. Food Intolerances
2. Immune Challenges
3. Heavy Metals
4. Environmental Toxins
5. Physical Stressors
6. Emotional Conflicts

Cellular Metabolism

1. Respire oxygen – in the mitochondria, aerobic, anabolic, healthy environment
2. Ferment sugar – in the cytoplasm which generates lactic acid and carbon monoxide (both are toxic by-products), anaerobic, catabolic, unhealthy environment
Whole Body Regulation Thermography

It is a **functional test** based on thermoregulation, neuroscience and the autonomic response that measures the regulation capacity of organs, tissues and glands. It has a high degree of accuracy and predictability.
“In order for your cells to be healthy, they need a healthy environment to live in.”

- The body’s internal environment or terrain
- pH balance in the body, inflammation in the body, oxidation in the body, the quality of the red blood cells, metabolism of nutrients, mineral balance, liver congestion, kidney function, immune system, evidence of chronic infections, hypercoagulation leading to circulatory problems, evidence of hormonal imbalances

Heart Rate Variability

![Heart Rate Variability diagram](image-url)
Heart Rate Variability

- analysis of the Autonomic Nervous System
- Comparison of the Sympathetic Nerve System (flight or flight, our stress state) and the Parasympathetic Nervous System (rest, digest, repair)

![Heart Rate Variability Graph]

Treatment Approach

- Digestive Health
- High dose vitamin IVs
- Oxygen IV therapy with ozone and UBI (ultraviolet blood irradiation)
- Mistletoe injections
- Infrared Sauna
- Local Hyperthermia
- Neuro-Emotional Technique
- Supplements
Digestive Health

Diet
- Avoid grains, potatoes, cow’s dairy and refined sugar
- Limited fruits to 1-2 servings per day

Supplements
- Take high-quality probiotics (human strains)
- L-Glutamine to heal the mucous membranes of the digestive tract
- Balance the microbiome. Pleo Alb/Pef/Ex (fungal overgrowths), Pleo Not (bacterial overgrowths)

High Dose IVs
- Creates an alkaline environment
- High dose of vitamin C is a pro-oxidant that generates hydrogen peroxide intracellularly. Hydrogen Peroxide is a naturally occurring biochemical that preferentially kills cancer cells and leaves healthy cells unharmed.
- Intravenous vitamin C supports detoxification by converting toxins to harmless substances that are eliminated through the urine
Ozone (O₃) combines with water in the blood to make a single oxygen and hydrogen peroxide, increases oxygen available to the tissues, hydrogen peroxide breaks down unhealthy cells including cancer cells, viruses, bacteria, fungal cells and other unwanted cells, ozone taken over time will clean all the fluids of the body safely, ozone destroys 99.9992% of all pathogenic germs and 99.9992% of all pollutants in water.

UBI
- Blood is run through ultraviolet lights
- Bacterial and viral cells are targeted and absorb five (5) times as much photonic energy as their healthy counterparts
- The healthy cells remain intact while the disease cells are killed and become antigenic
- This is called “induced secondary immune reactivation.”
- Enhancing the body’s ability to produce antibodies, allows the body’s natural immune system to burst into action against even the most stubborn (antibiotic resistant) bacteria or virus. Then the body works with a new supercharged immune response.
Mistletoe Injections

- Mistletoe (viscum album) is a semi-parasitic medicinal plant used for complementary cancer care since 1917
- 159 studies on mistletoe therapy in oncology
- Stimulate the body’s immune system, and help to inhibit cancer cell growth
- European scientific studies have demonstrated that mistletoe therapy increases survival rates in cancer patients, prolongs survival times, and improves quality of life.

Infrared Sauna

- Deep cellular detoxification
- Raises the core body temperature, resulting in a whole-body hyperthermia effect
Local Hyperthermia

- deep local heat is produced between the electrodes
- Tumor cells are unable to handle this level of heat, tumor cells by nature are heat sensitive therefore this therapy leads to tumor cell death
- restores its cell membrane potential

Neuro-Emotional Technique

- Clears emotional conflicts from the nervous system
- Certain emotional conflicts affect specific organs and affect the function of the organs
- NET clears the imprint on the nervous system and allows the organ to function better
Promote Detoxification
- Liver congestion – A-Hepatica
- Kidney support – Solidago
- Lymph congestion – Lymph-A-Drop
- Remove pathogenic lactic acid - Pleo Sanavis

Boost Immune System
- Regulat – fermented organic vegetables, builds up gut flora which builds up the immune system
- Essiac Tea - herbal combination that boost the immune system
- Frankincense essential oil – boosts the immune system

Break down cancer cells
Clearizyme/Wobenzym – highly concentrated proteolytic digestive enzymes to break down inflammatory factors including cancer cells

**Biological Medicine Constitutional Types**

- The Mucor constitution
- The Aspergillus constitution
- The Penicillium constitution
- The Candida constitution

**The Mucor constitution**

- Hypercoagulation
- Pleo Muc or Pleo Mucedo
- Vegetarian diet or very limited animal protein
The Aspergillus constitution

- Lymphatic congestion, hardening
- Pleo Nig|Pleo Rub

Crystals – hypokidney function
Lymphocytes - lymphatic congestion

The Penicillium constitution

- inflammations, infections, intestinal flora issues
- Pleo Not

Bacterial forms – evidence of bacterial overgrowths
The Candida constitution

- Fungal infections
- Pleo Ex|Pleo Alb|Pleo Pef

Yeast buds – evidence of fungal overgrowths
Fungal puddles – evidence of fungal overgrowths

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Thank you to BIOMED for inviting me to speak!!