Sabal Serrulatum (Homeopathic)

Recommended Use:

- Prostate conditions
- Bladder irritation
- Decreased libido
- Ovarian pain

Sabal Serrulatum is known as the homeopathic catheter.

This homeopathic formula is used for enlarged prostate with difficulty during urination, acute and chronic bladder irritation, prostatitis, impotence, formation of residual urine in the bladder, decreased libido and ovariangia. It acts on the membrane-prostatic portion of the urethra, promotes tissue regeneration and enhances libido due to the increased circulation to the prostate gland.

BPH (Benign Prostatic Hyperplasia) affects one in three men over the age of 50. It is characterized by the rapid growth of the prostatic cells, which constricts the urethra and reduces the flow of urine and increases the difficulty in emptying the bladder. Symptoms include hesitancy, difficulty or pain in urination, a weak urine flow, a frequency or urgency to pass urine and increased frequency needing to use the toilet at night. While the symptoms may be similar, BPH is not prostate cancer.

Recommended Dosage:

Adults: Take 10 drops in water every half an hour until signs of improvement, for a maximum of 12 times daily. Then take 25 - 30 drops in water three times daily or to be used on the advice of a health care practitioner.

Ingredients: Uses:

- Sabal serrulata Prostatic enlargement, difficult urination, cystitis, ovaries tender and enlarged.
- Lycopodium clavatum Impotence, enlarged prostate.
- Pareira brava Prostatic affection, bladder pain.

Medicinal Ingredients:

Each 50 ml contains:

Key Ingredient:
Sabal serrulata D1 .................................................. 16.7 ml

Accompanying Ingredients:
Lycopodium clavatum D4 ......................................... 16.7 ml
Pareira brava D4 .................................................. 16.7 ml

Non-Medicinal Ingredient: Ethanol

Clinical Pearls:

For females with ovarian pain, use Sabal Serrulatum at 25 to 30 drops in 8 oz. of water three times daily.

For enlarged prostate with difficult urination or frequent getting up during the night, combine 25 drops of Sabal Serrulatum with 40 drops of Solidago in 8 oz of water and take four to five times daily for a minimum of two months. Add a proteolytic enzyme three times daily to decrease inflammation as clinical experience shows that this combination will bring fast and effective relief for the patient.

As a preventative aid for men over 40 years, use 30 drops of Sabal Serrulatum once daily for two months. Break for one month and repeat this cycle indefinitely.

Refer to prostate conditions, endocrine and female conditions protocols for more details.