

# Rubus (Homeopathic)



## Recommended Use:

- Pancreatic support
- Hyperglycemia
- Metabolic disturbance
- Promotes digestive enzyme production
- Pancreatitis
- Mild diabetes mellitus (Type II)

This homeopathic preparation works to stimulate the islet system (hormones insulin and glucagon) in the pancreas, increases the pancreatic secretion (enzymes and hormones) and lowers blood sugar (hyperglycemia, diabetes mellitus) by regulating the sugar metabolism via the intestine, liver and kidneys. Studies have shown an increase in diabetes, particularly due to insecticide intoxication, and this remedy has proven effective in cases of insecticide intoxication.

### Ingredients:

Rubus fruticosus  
Iris versicolor  
Vaccinium myrtillus

### Uses:

Mild diarrhea, abdominal complaints, bloating, light headed.  
Pancreatitis, hepatopathy.  
Stimulant to the pancreas, detoxifying and strengthening the pancreas.

### Ingredients:

Okoubaka aubreville  
Syzgium jambolanum  
Rhus toxicodendron

### Uses:

Digestion disturbance (due to intoxication).  
Diabetes mellitus.  
Rheumatic pain, fever, pain in joints and tendons, sciatica, worse in cold, damp weather.

## Clinical Pearls

For severe metabolic dysfunction, consider 20 drops of Rubus (pancreas) combined with 20 drops of A-Hepatica (liver) before meals twice daily.

The ingredients Vaccinium myrtillus works as an alpha-amylase inhibitor which reduces glucose concentrations in the blood, and Okoubaka aubreville works as a general protector of the pancreas.

For patients using insulin, reduction of insulin dosage should only be determined by consistent clinical monitoring and your health care practitioner.

Refer to endocrine support and female conditions protocols for more details.  
*Refer to arthritis and rheumatism protocols for more details.*



### Medicinal ingredients:

Rubus fruticosus (leaves) .....	D4
Syzgium jambolanum (seeds) .....	D3
Vaccinium myrtillus (berries) .....	D3
Iris versicolor (rhizome) .....	D4
Okoubaka aubreville (bark) .....	D6

**Non-medicinal ingredients:** Purified water, ethanol.

**Recommended dose (adults):** Take 20 drops twice a day (morning and evening) in one tablespoon of water. For acute condition, take 25 drops 3 - 4 times daily or as directed by a health care practitioner.

**Recommended dose (children 3 - 11 years):** Take 10 drops twice a day (morning and evening) in one tablespoon of water. For acute condition, take 12 drops 3 - 4 times daily or as directed by a health care practitioner.

**Cautions/warnings:** Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use if you are pregnant or breastfeeding.

DIN-HM 80003157 • 50 ml