Lymph-A-Drop (Homeopathic)

**Recommended Use:**
- Lymphatic support and drainage
- Immune support
- Inflammation, swelling, edema

Lymph-A-Drop works on the body’s elimination organs and pathways including the lymphatic system, liver, biliary tract, skin, lungs, and gastrointestinal tract. The lymphatic system is an extensive network of vessels, nodes and ducts that is an integral part of the body’s circulatory and immune system. Lymph-A-Drop is a classic formula to detoxify the lymph, the blood, the extra-cellular matrix and connective tissues.

The actions of Lymph-A-Drop on the lymphatic system include: activation of the movement of lymph vessels, stimulation of the immune system, reduction of permeability of capillaries to proteins, improvement of metabolic function, facilitating the flow of lymph and resolving stasis, improvement of general circulation, and increasing the removal of waste and toxic load.

Specific conditions in which Lymph-A-Drop is recommended includes: lymphatic congestion (including lymphadenitis, lymphangitis and lymphadenopathy), edema (postoperative, acute or secondary), sports injuries (strains, sprains, contusions, swelling and hematomas), systems diseases (eczema, urticaria, allergies and postsurgical scarring), pediatrics (lymphatic diathesis, recurrent/chronic infections including otitis media), and detoxification programs for general health maintenance and disease prevention.

**Recommended Dosage:**
- Adults: Take 10 drops three times a day or to be used on the advice of a health care practitioner.
- Children (age 1 - 3): Take 4 to 5 drops three times a day or to be used on the advice of a health care practitioner.
- Children (age 4 - 10): Take 4 to 6 drops three times a day or to be used on the advice of a health care practitioner.

**Contraindications:**
Hypersensitivity to any ingredient or botanical composite. This product is not intended for individual who has tuberculosis, leucosis, collagenosis, Multiple Sclerosis, AIDS, HIV infection & other autoimmune disease.

**Clinical Pearls:**
To normalize humoral hypersensitivity and the inflammatory response during lymphatic drainage, combine 10 drops of Lymph-A-Drop with 10 drops of Allernest in water three times daily.

For lymphadenopathy, take 10 drops of Lymph-A-Drop in water three times daily and apply Lymph-a-Derm (Biomed product) cream over the affected lymph nodes twice daily. When applying the cream, massage in the direction of the liver to promote lymph drainage.

Lymph-A-Drop works systemically with anti-inflammatory and immunostimulant effects while Lymph-a-Derm (Biomed product) works locally to enhance drainage, and it is recommended to use them in conjunction for edema and to support the lymphatic drainage.

To purify the blood and increase metabolic waste excretion, Lappa can be added to lymphatic drainage at 20 to 30 drops three times daily with 10 drops of Lymph-A-Drop four times daily.

Refer to lymph drainage, immune support, female conditions, and heavy metal detoxification protocols for more details.

**Medicinal ingredients:**
Each 100 g contains:
- Taraxacum officinale D1 ................................................. 8.0 g
- Calendula officinalis D1 .................................................. 4.5 g
- Arsenicum album D8 ....................................................... 1.0 g
- Chelidonium majus D2 ..................................................... 0.5 g
- Leptandra virginica D1 ...................................................... 0.3 g
- Echinacea augustifolia D1 ................................................. 0.3 g
- Phytolacca decandra D2 .................................................. 0.2 g
- Carduus marianus D2 .................................................... 0.2 g
- Condrurango D2 .............................................................. 0.1 g
- Hydrastis canadensis D1 .................................................. 0.1 g
- Lycopodium clavatum D2 ............................................... 0.1 g
- Sanguinara canadensis D1 ............................................... 0.1 g
- Mercurius solubilis D8 ..................................................... 0.2 g

**Non-Medical Ingredient:** Water, alcohol.

**Cautions/warnings:** Consult a health care practitioner if symptoms persist or worsen, or before using if pregnant or breast feeding, or for prolonged use.
<table>
<thead>
<tr>
<th><strong>Ingredients:</strong></th>
<th><strong>Uses:</strong></th>
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<th><strong>Uses:</strong></th>
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</thead>
<tbody>
<tr>
<td>Arsenicum album</td>
<td>Inflammation in all tissues and organs; benign and malignant growths.</td>
<td>Leptandra virginic</td>
<td>Hepatic and biliary inflammation.</td>
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<tr>
<td>Calendula officinalis</td>
<td>Wounds, dermatitis, contusions, lacerations, frostbite, burns.</td>
<td>Lycopodium clavatum</td>
<td>Hepatic and biliary inflammation and disorders, skin diseases, general blood cleansing.</td>
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<tr>
<td>Carduus marianus</td>
<td>Hepatic and biliary disease, rheumatic pains.</td>
<td>Mercurius solubilis</td>
<td>Swollen lymph nodes and glands, sore throat.</td>
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<tr>
<td>Chelidonium majus</td>
<td>Hepatic, gallbladder, biliary disorders and respiratory tract inflammation.</td>
<td>Phytolacca decandra</td>
<td>Inflammation congestion, rheumatic diseases, effect on mucosa; mammary glands.</td>
</tr>
<tr>
<td>Condurango</td>
<td>Inflammation, constriction, ulcerations.</td>
<td>Sanguinara canadensis</td>
<td>Rheumatic pains &amp; inflammation of the airways; blood purifier.</td>
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<tr>
<td>Echinacea augustifolia</td>
<td>Immunostimulant.</td>
<td>Taraxacum</td>
<td>Hepatic and biliary inflammation and diseases.</td>
</tr>
<tr>
<td>Hydrastis canadensis</td>
<td>Hepatic and biliary inflammation and spasms; gastrointestinal tract disorders; mucosal inflammation.</td>
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These statements have not been evaluated by Health Canada. This product is not intended to diagnose, treat, cure or prevent any disease.