



Lymf-A-Drop (Homeopathic)

Recommended Use:

- Lymphatic support and drainage
- Immune support
- Inflammation, swelling, edema

Lymf-A-Drop works on the body's elimination organs and pathways including the lymphatic system, liver, biliary tract, skin, lungs, and gastrointestinal tract. The lymphatic system is an extensive network of vessels, nodes and ducts that is an integral part of the body's circulatory and immune system. Lymf-A-Drop is a classic formula to detoxify the lymph, the blood, the extra-cellular matrix and connective tissues.

The actions of Lymf-A-Drop on the lymphatic system include: activation of the movement of lymph vessels, stimulation of the immune system, reduction of permeability of capillaries to proteins, improvement of metabolic function, facilitating the flow of lymph and resolving stasis, improvement of general circulation, and increasing the removal of waste and toxic load.

Specific conditions in which Lymf-A-Drop is recommended includes: lymphatic congestion (including lymphadenitis, lymphangitis and lymphadenopathy), edema (postoperative, acute or secondary), sports injuries (sprains, strains, contusions, swelling and hematomas), systems diseases (eczema, urticaria, allergies and postsurgical scarring), pediatrics (lymphatic diathesis, recurrent/chronic

infections including otitis media), and detoxification programs for general health maintenance and disease prevention.

Clinical Pearls

To normalize humoral hypersensitivity and the inflammatory response during lymphatic drainage, combine 10 drops of Lymf-A-Drop with 10 drops of Allernest in water three times daily.

Lymf-A-Drop works systemically with anti-inflammatory and immunostimulant effects, and it is recommended to use for edema and to support the lymphatic drainage.

To purify the blood and increase metabolic waste excretion, Lappa can be added to lymphatic drainage at 20 to 30 drops three times daily with 10 drops of Lymf-A-Drop four times daily.

Refer to lymph drainage, immune support, female conditions, and heavy metal detoxification protocols for more details.



Medicinal ingredients:

Calendula officinalis (flower)	D1
Echinacea augustifolia (whole plant)	D1
Hydrastis canadensis (rhizome and root)	D1
Leptandra virginica (root)	D1
Sanguinaria canadensis (rhizome and root)	D1
Taraxacum officinale (whole plant)	D1
Chelidonium majus (whole plant)	D2
Carduus marianus (seed)	D2
Condurango (bark)	D2
Lycopodium clavatum (spores)	D2
Phytolacca decandra (root)	D2
Arsenicum album (Arsenic trioxide)	D8
Mercurius solubilis (quicksilver)	D8

Non-medicinal Ingredients: Water, ethanol/eau, éthanol.

Recommended dose (adults & children over 10 years): Take 10 drops three times daily or as directed by a health care practitioner.

(Children age 4 - 10): Take 4 - 6 drops three times daily or as directed by a health care practitioner.

(Children age 1 - 3): 2 - 5 drops three times daily or as directed by a health care practitioner.

Cautions/Warnings: If symptoms persist or worsen and before use if you are pregnant or breastfeeding.

Duration of use: Consult a health care practitioner for prolonged use.

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