

Luffa Tabs (Homeopathic)



Recommended Use:

- Sinusitis
- Chronic coryza
- Sinobronchitis

Luffa tabs are a traditional German preparation for sinusitis. This homeopathic combination is used for sinusitis, sinobronchitis and associated symptoms including chronic coryza with headache and accompanying bronchitis. It inhibits inflammation in the nose and paranasal sinus, decreases inflammation of lymphatic nodes and tonsils, and stabilizes the function of the sinu-bronchial complex.

Luffa tabs also stimulate secretion of mucous, facilitate expectoration and inhibit inflammatory processes. In upper respiratory tract inflammation of an allergic origin, they work to decrease the inflammation of the mucous membranes (of the lungs, bronchi, and sinuses).

Ingredients:

Luffa operculata

Allium cepa

Mercurius sulfuratus
ruber

Eupatorium perfoliatum

Uses:

Common cold, hay fever, rhinitis and catarrhs of all kinds, purgative action.

Acute fluent coryza.

Cold symptoms, sore throat. Inflammations/affectations of the catarrhal or lungs, such as sinusitis, tracheitis, laryngitis and bronchitis.

Allergy reaction, catarrhs.

Ingredients:

Hydrastis canadensis

Natrum muriaticum

Phosphorus

Sticta pulmonaria

Uses:

Thick secretion from posterior nose to throat, ozaena with ulceration of septum, runny nose.

Nose bleeding, chronic catarrhal diseases of the middle ear.

Inflammation and degeneration of mucous membranes, chronic catarrh with small hemorrhages.

Dryness of nasal membrane, hay fever, incessant sneezing.

Clinical Pearls

In chronic sinusitis conditions, it is advisable to investigate for gastrointestinal disorders including food sensitivities, parasites, dysbiosis and candidiasis. Also, bladder infections, dental problems (including cavitations and root canals) have shown correlations with chronic sinusitis. Consider using probiotics.

For sinusitis, take 1 tab of Luffa tabs with 1 to 2 drops of Hydrastis Nasal Drops several times daily.

In cases of allergies with sinus involvement, take 1 tab of Luffa tabs and 10 drops of Allernest three times daily with Hydrastis Nasal Drops at 1 to 2 drops in each nostril several times daily.

Refer to sinusitis, allergy, and cold and flu protocols for more details.



Medicinal ingredients:

Each tablet contains:	
Sticta pulmonaria (whole lichen)	D2
Hydrastis canadensis (rhizome and roots)	D4
Mercurius sulfuratus ruber (red mercuric sulphide)	D4
Eupatorium perfoliatum (flowering part)	D5
Allium cepa (bulb)	D6
Luffa operculata (fruits)	D6
Natrum muriaticum (sodium chloride)	D6
Phosphorus	D6

Non-medicinal ingredients: Lactose, magnesium stearate, starch (*Solanum tuberosum*).

Recommended dose: Dissolve 1 tablet 3 times daily on the tongue. For acute condition, dissolve 1 tablet every hour or to be used on the advice of a practitioner.

Dose (Children 3-11 years): Dissolve half a tablet 3 times daily on the tongue. For acute condition, dissolve half a tablet every hour or to be used on the advice of a practitioner.

Cautions/Warnings: Consult a health care practitioner if symptoms persist or worsen. Do not use if you are pregnant or breastfeeding.

DIN-HM 80003154 • 60 tablets