

# Chlorella (Herbal Extract)



## Recommended Use:

- Heavy metal detoxification
- Rheumatism
- Ulcerative colitis
- Arthritis
- Hypertension
- Dietary supplement with 7 essential amino acids

This product contains 100% Chlorella pyrenoidosa (with no excipients), a sweet-water alga from East Asia, which is considered to be one of the most nutrient rich substances in the world. Aside from being one of nature's best super foods, chlorella exhibits anti-inflammatory properties and helps to promote the absorption of vitamins, minerals and amino acids. Additionally, chlorella is beneficial in cases of fibromyalgia, anemia, suppressed immune function, hypertension, rheumatism, arthritis, and ulcerative colitis. Finally, it is used for heavy metal, chemical and pesticide detoxification.

The chlorella algae found in Chlorella has proven to be effective in heavy metal (including mercury) detoxification from non-neurological structures such as the intestinal wall, muscles, ligaments, connective tissues and bone. In addition to heavy metal binding, chlorella helps to repair and activate the body's detoxification (including toxic bowel) function while restoring bowel flora.

Chlorella is also a versatile dietary supplement. It is rich in protein and amino acids, vitamins, minerals, trace elements and bioactive plant substances containing:

- Vitamins A, B1, B2, B6, B12\*, C and E (\*suitable for vegetarians and vegans as a non-animal source of vitamin B12).
- Contains seven of the essential amino acids, making it a complete easy-to-digest plant protein, containing 58% protein content.
- Unsaturated and saturated fatty acids.

- The highest natural concentration of chlorophyll found in plants, supports endogenous cleansing processes (including blood cleansing).
- RNA, DNA and Chlorella Growth Factor (CGF).

The pure chlorella found in Chlorella is cultivated under strictly controlled conditions in a region free of environmental pollution. The algae is carefully dried and tested for quality, purity and the absence of micro-organisms and pollutants. Rather than mechanically cracking the cell wall of the algae (which can expose the active ingredients to hot air in the spray drying process), Chlorella is given a heat treatment that makes the cell wall porous and allows the moisture to diffuse through the cell wall during the drying process.

## Clinical Pearls

Taking Chlorella daily is a relatively inexpensive and effective method to gain exceptional nutritional and detoxification (heavy metals, chemical, pesticide) benefits.

The chlorella found in Chlorella is the source used in the scientific studies in the German University of Tuebingen (1998) under the supervision of Dr. D. Klinghardt. This study proved the effectiveness of chlorella in detoxifying the human body from mercury. An additional study was conducted at the Danish state-owned hospital, Kobenhavns Amtssygehus, in Herlev that showed the efficiency in treating or relieving rheumatic/arthritis conditions with Chlorella.

For heavy metal detoxification, Chlorella is effective for non-neurological structures, while Cilantrex is effective for neurological structures (brain, nervous system) as it can penetrate the blood-brain barrier and mobilize mercury from the brain and spinal cord. Refer to the Cilantrex monograph and heavy metal detoxification protocol for more details.

Solidago or Bucco with horsetail tea increases kidney function during heavy metal detoxification and chelation therapy.

The dark green colour and nutty smell of Chlorella are indicative of this premium and absolutely pure product.

*Refer to heavy metal detoxification, natural remedies in dentistry and gastrointestinal protocols in the Nestmann Compendium for more details.*



### Medicinal Ingredients:

Each tablet contains:  
Chlorella (Chlorella pyrenoidosa, whole algae) containing: . . . . . 200 mg

Vitamin A 20.28 mcg RAE, Vitamin B12 0.42 mcg, Iron 0.17 mg, L-leucine 9 mg, L-lysine 6 mg, L-threonine 5 mg, L-methionine 2.4 mg, L-histidine 2 mg, L-valine 6.2 mg, L-phenylalanine 5 mg.

**Recommended dose (adults):** Take 10 tablets 3 times a day with food. Chew or swallow tablets with water or as directed by a health care practitioner.

**Caution/warnings:** Consult a health care practitioner if you take warfarin.

**Contraindications:** Do not use if pregnant or breast feeding. Take a few hours before or after taking other medicine. Do not take this product if you are allergic to chlorella.

NPN 80007243 • 360 tablets