**Bucco (Herbal Extract)**

**Recommended Use:**
- Supports kidney function
- Kidney stones (prevention)

Bucco is an herbal combination specifically formulated for the kidneys. It is recommended for sub-acute and chronic kidney disorders. It increases circulation in the renal parenchyma, mildly stimulates diuresis, protects the epithelium coating of the efferent urinary passages, has anti-spasmodic and anti-inflammatory properties, prevents formation of kidney stones and is a mild adrenal stimulant.

**Medicinal Ingredients:**

Each 5 ml contains:
- Phaseolus vulgaris (Bean) ................................................... 0.35 ml
- Arctostaphylos uva-ursi (Bearberry) ................................. 0.35 ml
- Betula pendula (Birch) .................................................... 1.4 ml
- Equisetum arvense (Horsetail) ........................................ 0.35 ml
- Orthosiphon aristatus (Java-tea) ................................. 0.35 ml
- Juniperus communis (Juniper) ......................................... 0.58 ml
- Glycyrrhiza glabra (Licorice) ........................................ 0.35 ml
- Mentha piperita (Peppermint) ........................................ 0.58 ml
- Ononis spinosa (Restharrow) ....................................... 0.35 ml
- Salix alba (White willow) ............................................. 0.35 ml

**Non-Medicinal Ingredients:** Water, ethanol

**Clinical Pearls:**

As Bucco acts as mild diuretic, it should be taken with 8 oz. of lukewarm water and in between meals.

Kidneys are slow regenerating organs, and are always working by filtering the blood up to 200 times per day. Kidney drainage and regeneration therapy is suggested for three to six months and then the dosage and frequency can be lowered after improvement is achieved.

To prevent buildup of kidney stones, use 30 drops of Bucco three times daily for six weeks. Then 30 drops should be taken once daily for long term maintenance with two week breaks if no symptoms are present.

For cases of hypertension and edema, add 2 to 4 tablets of Parsagus (Biomed product – a diuretic without depleting electrolytes) taken with 8 oz. of water three times daily.

For acute infection of the kidney, urethra, bladder or urinary tract, urine retention or prostate conditions, add 40 drops of Solidago five times daily.

Bucco or Solidago with horsetail tea increases kidney function during heavy metal detoxification and chelation therapy.

Refer to kidney drainage and heavy metal detoxification protocols for more details.