

Broncha (Herbal Extract)



Recommended Use:

- Bronchitis
- Coughs
- Asthma
- Flu symptoms
- Lung and bronchial conditions

The herbs found in Broncha are among the extensively researched and documented in terms of their effectiveness related to lung and bronchial diseases. The use of this herbal combination is well known in Germany for coughs, acute and chronic bronchitis, asthma, infections and flu symptoms in the chest.

Broncha works as an anti-inflammatory and relieves cramps in the bronchial tree, loosens mucous and increases expectoration, promotes sweat production, improves oxygen uptake, supports blood purification and is an antitussive with relation to the lungs and bronchi.

Recommended Dosage:

Canadian NHPD dosage - adults: Take 1 teaspoon (100 drops) in water twice daily or as directed by a health care practitioner.

Nestmann Pharma recommended drainage dosage: Take 30 to 40 drops in water three to five times daily.

Children could receive half or less of the adult dosage or as directed by a health care practitioner.



Caution/Warnings:

Do not use if pregnant or breastfeeding. Do not use if you are allergic to anethole or plants of the Apiacea/carrot family. Hypersensitivity (i.e. allergy) has been known to occur (rare cases); in which case, discontinue use. Consult a health care practitioner prior to use if you have anaemia or gallstones. May cause nausea, vomiting, diarrhoea and/or abdominal and epigastric pain.

Clinical Pearls:

To calm the cough reflex, combine 30 drops of Broncha with 30 drops of Avena Sativa three times daily.

In cases of an allergic cough, combine 30 drops of Broncha with 10 drops of Allernest three times daily.

Refer to lung and bronchial, allergy and cardiac risk prevention protocols for more details.

Ingredients:

English Ivy

Fennel

Peppermint

Thyme

Uses:

Catarrhs of the respiratory passages and for symptoms of chronic inflammatory bronchial conditions such as asthma. It is also an expectorant, secretolytic, and antispasmodic during bouts of whooping cough, spastic bronchitis and chronic catarrh.

Catarrh of the upper respiratory tract.

Spasmolytic conditions such as asthma, emphysema, fainting and dizziness; increases perspiration during colds and flu; increases diuresis; relief coughs, acute asthma and stomach cramps.

Traditionally used as a sedative, antiseptic, antipyretic, expectorant or for treating symptoms of bronchitis and catarrhs of the upper respiratory tract.

Medicinal Ingredients:

Each 5 ml contains:

Hedera helix (English Ivy)	0.83 ml
Foeniculum vulgare (Fennel)	0.83 ml
Mentha piperita (Peppermint)	0.83 ml
Thymus vulgaris (Thyme)	2.5 ml

Non-Medicinal Ingredients:

Water, ethanol.
NPN 80031371 • 50 ml