

Allernest (Homeopathic)



Recommended Use:

- Allergic reactions
- Hay fever
- Food and environmental allergy symptoms

Allernest is a homeopathic combination for allergic disorders and associated symptoms. Allergies are the result of the body's over-reaction (hypersensitivity) to innocuous substances. Allernest works deep within the organism to reduce the hypersensitive reaction, stabilize histamine levels and has a positive influence on the skin, mucous membranes and airways. It reduces inflammation and swelling of the mucous membranes of the upper respiratory tract, strengthens the cell walls and decreases the hyper-allergic reaction.

Allernest is effective for both environmental and food allergies and covers such symptoms including: coughing, sneezing, difficulty breathing, hay fever, rashes, itching of the skin, food reactions, and headaches.

Recommended Dosage:

Adults: Take 10 drops in water every 15 minutes for acute conditions. Otherwise, take 10 drops in water three times daily before meals or to be used on the advice of a health care practitioner.

Children: Take 5 drops in water every 15 minutes for acute conditions. Otherwise, take 5 drops in water three times daily before meals or to be used on the advice of a health care practitioner.

Clinical Pearls:

During allergy season, ease of dosing can be achieved by mixing one teaspoon of Allernest into 8 oz. of water and sipping this throughout the day.

In cases of allergies with sinus involvement, add Luffa tabs at one tab three times daily and Hydrastis Nasal Spray at 1 to 2 drops in each nostril several times daily.

In cases of an allergic cough, take 10 drops of Allernest combined with 30 drops of Broncha three times daily.

To normalize humoral hypersensitivity and the inflammatory response during lymphatic drainage, take 10 drops of Allernest combined with 10 drops of Lymf-a-Drop in water three times daily.

For rheumatic conditions combine 10 drops of Allernest with 15 to 25 drops of Polygonum and take three times daily. Also, consider using a proteolytic enzyme to add an immune complex eliminating effect.

To purify the blood and increase metabolic waste excretion, Lappa can be added to an allergy protocol at 20 to 30 drops combined with 10 drops of Allernest three times daily.

Refer to allergy, lung and bronchial and rheumatic protocols for more details.

Ingredients:

Aralia racemosa
 Cardiospermum
 Formicum acidum

Uses:

Allergic diseases of the respiratory organs, i.e. asthma, dry cough, sneezing.
 Itching skin, allergic skin rashes.
 Allergic reactions, eczema, bronchial asthma.



Medicinal Ingredients:

Each 100 ml contains:

Key Ingredient:

Aralia racemosa D4 9.09 ml

Accompanying Ingredients:

Cardiospermum D3 9.09 ml

Formicum acidum D12 9.09 ml

Galphimia glauca D4 9.09 ml

Lachesis mutus D8 9.09 ml

Luffa operculata D6 9.09 ml

Petroleum D6 9.09 ml

Rhus toxicodendron D6 9.09 ml

Thuja occidentalis D4 9.09 ml

Urtica urens D4 9.09 ml

Non-Medicinal Ingredient: Ethanol.

Cautions/warnings: Consult a health care practitioner if symptoms persist or worsen.

DIN-HM 80003741 • 50 ml

Ingredients:

Galphimia glauca

Lachesis mutus

Luffa operculata

Petroleum

Rhus toxicodendron

Thuja occidentalis

Urtica urens

Uses:

Hay fever; allergic asthma.

Inflammation of skin, mucosa, headache, swollen gums and breathing difficulty.

Hay fever; allergic rhinitis; sinus.

Dermatosis; allergic conditions of the mucous membranes.

Rheumatic pain of joints; bones; tendons and muscles; sneezing; itching.

Skin and mucosal membrane diseases; dry cough; allergic asthma.

Nettle rash-like skin disease; profuse discharge from the mucous membrane.