Travel Bundle

Essential Travel Companions

Biomed also recommends these travel products...

Sleep Relief for:
- Jet Lag
- Hotels & Cruises
- Trains, Planes & Automobiles
- Camping

Digestive Relief for:
- Acute diarrhea
- Foreign Food & Drinks
- Overindulgence
- Food Intolerance
Sleep and Digestive Support

Travel with the essentials for an enjoyable vacation, getting a good night sleep, and keeping the digestive tract healthy. The Travel Bundle is indispensable to deal with symptoms of jet lag, GI upset, acute diarrhea due to food intolerances.

- Fast Acting
- Tablet dissolves under tongue

Melatonin B6 tablets

Melatonin is the natural hormone to promote sleep and reset circadian rhythms and the sleep-wake cycle. Added vitamin B6 enhances melatonin absorption. Melatonin is a non-addictive sleep aid, with no morning ‘hangover’ effects.

- Resets jet lag symptoms
- Promotes a good night sleep
- Helps to fall asleep anywhere

Jet lag - take 1 tablet dissolved under tongue one hour before desired bedtime after darkness in new destination. Continue until adapted to new daily sleep/wake pattern. This technique is especially effective for eastbound travel over 2+ time zones.

Restful night sleep/Difficulty falling asleep – take 1 tablet dissolved under tongue 30 minutes before bedtime.

Pleo Oku 2X tablets

Okoubaka aubrevillei is derived from the bark of the Okoubaka tree of Western Africa. It has a long use in traditional medicine and studies show that it stimulates the body’s immune defenses against food poisoning.

- Acute travellers’ diarrhea
- Effects from dietary changes
- Food intolerances
- Overindulgence in food/drink

Acute - take 1 tablet dissolved under the tongue every 30 to 60 minutes until symptoms resolve (up to 12 tablets daily).

Prevention - take 2 tablets dissolved under the tongue daily during entire travel period.

Reference