

Chest Pain Relief Protocol

Improve symptoms associated with chest pain (angina) by increasing circulation to the heart muscle. The herbs found in SalvTonic increase macro- and microcirculation throughout the body, including increased blood circulation to the heart muscle (myocardial tissue) and help decrease chest pain (angina) symptoms.

| | Remedy | Dose | Monday to Sunday |
|-------------|-----------|--------------|----------------------------|
| Maintenance | SalvTonic | 1 capsule | three times a day |
| Acute | SalvTonic | 1-2 capsules | open and pour under tongue |



SalvTonic

Recommended dosage (adult): maintenance: 1 capsule three times daily. Safe to use long term.

Recommended dosage (adult): in acute case of chest pain (in stable angina): open 1-2 capsules and pour under the tongue.

Chest Pain: SalvTonic contains a combination of herbs that provide multi-target protection for the heart and blood vessels by increasing blood flow and improving circulation, including microcirculation to the heart muscle.

Human studies on the three herbal combination found in SalvTonic (also known as Danshen Dripping pill) have specifically proven increased microcirculation to the heart (myocardial) tissue, thus improving symptoms associated with chest pain in cases of stable angina. ^{a,b,c,e}

In Traditional Chinese Medicine (TCM), the herbs in SalvTonic are used to invigorate blood, remove blood stasis and regulate Qi to alleviate pain in the chest due to stagnation of Qi and blood.

Key Features: Increases blood flow and circulation throughout the body, increases blood flow and microcirculation to the heart muscle, improves symptoms of chest pain (stable angina), reduces total and LDL cholesterol and increases HDL cholesterol.



Medicinal ingredients: Each vegetarian capsule contains:

| | |
|-------------------------------------------------------------------------------|----------|
| Danshen (<i>Salvia miltiorrhiza</i> , root, 12.73:1 QCE 665.49 mg) | 52.28 mg |
| Sanqi (<i>Panax notoginseng</i> , root, 12.73:1 QCE 130.14 mg). | 10.22 mg |
| Borneol (Bingpian) | 5 mg |

Non-medicinal ingredients: Hydroxypropyl methylcellulose, Macroglol 6000.

Caution/warnings: Zinc supplementation can cause a copper deficiency.

Contraindications: Do not use if pregnant or breastfeeding. Consult a health care practitioner if symptoms persist.

NPN 80006245 • 60 caps



References

- a Li, Y., Wang, Y., Yu, Q. Compound Danshen Dripping Pills for Stable Angina: Meta-Analysis of Randomized Controlled Trials. *Journal of Medicinal Plants Research* 2011;5(11):2245-2251
- b Jia, Y., Huang, F., Zhang, S., Leung, S. Is Danshen (*Salvia miltiorrhiza*) Dripping Pill More Effective than Isosorbide Dinitrate in Treating Angina Pectoris? A Systemic Review of Randomized Controlled Trails. *Int'l Journal of Cardiology*. 2012;157:330-340
- c Han, J., Akiba, Y., Suzuki, H., et al. Cardiotionic Pill Improves Ischemia-Reperfusion-Induced Microcirculatory Disturbances in Rat Mesentery. Dept of Internal Medicine, Keio Univ School of Medicine, Tokyo, Japan.
- d Ma, R, Zou, D, Wang, Q, et al. Effect of Compound Danshen Dripping Pill on Carotid Arterial Intima-media in Patients with Type 2 Diabetes Mellitus. *CJITWM*. 2010;30(8).
- e Bao-jing, F., Xue-zhong, Z. Effect on Compound Danshen Dripping Pills on Myocardial Microcirculation After Percutaneous Coronary Intervention in Patients with Acute Coronary Syndrome. *Chinese Journal of New Drugs*. 2009;18(10):903-906
- f Ma, R., Yao, Y, Liu, T., et al. Effect of Compound Danshen Dripping Pills on Urinary Albumin Excretion Rate in Patients with Type 2 Diabetes Mellitus. *Med J Chin PAPF*. 2014;25(5):491-496