**Medicinal Ingredients:** Each capsule contains:

- **Meriva®** 333 mg - providing:
  - Turmeric Curcuminoids-Phosphatidylcholine complex,
  - 33% Curcuminoids .................................. 200 mg
- **Casperome®** 150 mg - providing:
  - Boswellia serrata .................................. 60 mg
  - Lecithin ........................................... 50 mg

**Non-medicinal Ingredients:** Hydroxypropyl methylcellulose, microcrystalline cellulose, Oryza Sativa (rice) powder, silicon dioxide.

**Recommended Dose (adults):** 1 capsule 3 times per day.

**Caution/Warnings:** Consult a health care practitioner prior to use if you have an existing medical condition or if you are taking other medications or if you are pregnant or breastfeeding. If symptoms persist or worsen, consult a health care practitioner. This product contains soy lecithin.

**Known Adverse Reactions:** With Boswellia containing products, hypersensitivity (e.g. allergy) has been known to occur. Mild gastrointestinal disturbances such as diarrhea, abdominal pain, heartburn, nausea and vomiting has also been noted. In either case, discontinue use.

NPN 80082123 • 60 caps

Meriva® and Casperome® are Registered Trademarks of Indena S.p.A., Italy.
Curcumin and Boswellia together possess powerful anti-inflammatory and anti-oxidant action by controlling the natural anti-inflammatory response and preventing the cascade that leads to chronic inflammation. They have been clinically proven to relieve joint pain due to inflammation, decrease inflammatory markers in inflammatory bowel conditions, and improve functional recovery in arthritis and musculoskeletal conditions.

Curcumin and Boswellia

Curcumin and Boswellia are used by practitioners for:

- Acute and chronic pain and inflammation
- Joint pain and inflammation
- Arthritis and osteoarthritis
- Tendonitis, Achilles tendonitis, epicondylitis
- Improve physical function in musculoskeletal conditions
- Inflammatory bowel conditions, IBS, ulcerative colitis
- Asthma and respiratory inflammation

Phytosome® Technology

Phytosome® is based on a phospholipid complex delivery system that contains a high bioactive molecular ingredient to lipid ratio. This complex leads to improved absorption of plant phenolics (phytochemicals including curcumin) and terpenoids (including Boswellic acid). With enhanced absorption through Phytosome® technology, MERIVA® and CASPEROME® are both highly bioavailable and optimally absorbed for desired anti-inflammatory therapeutic effects.

MERIVA® Curcumin Phytosome® is a patented curcumin extract containing all 3 fundamental curcuminoids that are naturally found in turmeric.

CASPEROME® Boswellic acid Phytosome® is a purified extract rich in triterpenoid acids from the gum resin of Boswellia serrata.

Practitioners Use Curcumin and Boswellia for:


Meriva® and Casperome® are Registered Trademarks of Indena S.p.A., Italy.