



curasoma™  
QUALITY HEALTH PRODUCTS

# Mag Max

Magnesium is a cofactor in more than 300 enzyme systems that regulate diverse biochemical reactions in the body, including protein synthesis, muscle and nerve function, blood glucose control, and blood pressure regulation.

Magnesium is required for energy production, oxidative phosphorylation, and glycolysis. It contributes to the structural development of bone and is required for the synthesis of DNA, RNA, and the antioxidant glutathione. Magnesium also plays a role in the active transport of calcium and potassium ions across cell membranes, a process that is important to nerve impulse conduction, muscle contraction, and normal heart rhythm.

Mag Max supports electrolyte balance and the body's ability to metabolize nutrients. It also helps in the development and maintenance of bones and teeth, maintain proper muscle function & tissue formation, and supports proper muscle function, including the heart muscle.



**Recommended use:** Mineral Supplement.

Helps in the development and maintenance of bones and teeth and maintain proper muscle function and tissue formation. Helps to maintain proper muscle function, including the heart muscle.

Helps to maintain normal electrolyte balance. Helps to maintain the body's ability to metabolize nutrients.

**Medicinal ingredients:**

Magnesium (Magnesium chloride, hexahydrate) . . . . . 150 mg

**Non-medicinal ingredients:** Water, potassium sorbate.

**Recommended dose:** Adults: Take 1/2 teaspoon (2.5 ml) 1 - 2 times per day or as directed by a health care practitioner. Mix with 1 liter of water and sip throughout the day.



**NO ADDED FLAVOUR**