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This information is for informed health care practitioner use only. The statements in this catalogue have not been evaluated by Health Canada. These products are not intended to diagnose, treat, cure, prevent any disease, replace traditional treatment, or for use outside of your jurisdictional health care guidelines.
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At Biomed, we understand the importance of ongoing education. We pride ourselves by offering a full spectrum of educational opportunities in a wide variety of formats. This allows health care practitioners opportunities to stay current with the most innovative practices in health care field.

**EDUCATION**

We offer Webinars, Online Courses (Pleo Sanum and Rubimed) and In-person Seminars

**PRACTITIONER AND PATIENT SUPPORT MATERIALS**

- Full access to our library of protocol and product support on our website.
- Support from our in-house Medical Advisor or your mobile Regional Account Manager.
- Comprehensive articles, research, studies and product monographs available at your fingertips.
Kits For Health

Biomed brings effective formulas and ingredients to Canada from around the world. We are able to combine remedy systems like no one else can.

We watch the expertise of our practitioner application patterns. Sometimes we are asked to help advance patient compliance, system efficacy and improve the ease of dispensing by creating new combinations of remedies.

You can find these special value-added packages in our catalogue listed as Kits. Patients and practitioners love the convenience that a Kit format can afford.

- CandidaFix Kit
- Gut Cleanse Kit
- Heart Recovery Kit
- Intestinal Kit
- Nestmann Pharma Detox Kit
Kits For Health

CandFix Kit
Candida, Yeast and Fungal Overgrowth

The CandFix Kit contains natural preparations for elimination of candida and fungus. Based upon European Biological Medicine principles, optimizing intestinal conditions and supporting a self-regulating environment within the body are the keys to eliminating candida and fungal overgrowth.

The CandFix Kit approach supports a healthy digestive tract with balanced intestinal flora, proper digestion and a strong immune system – naturally keeping candida and fungal levels in check throughout the body. The three pillars include: reduce candida and fungal overgrowth, replenish healthy intestinal flora, and rebalance normal acid-base (pH) levels.

Pleo Alb – To REDUCE candida, yeast and fungal overgrowth, intestinal dysbiosis (gas and bloating), nail fungus, athlete’s foot and vaginal yeast infections, and after use of antifungal/antibiotics. To reduce symptoms associated with candidiasis (fatigue, brain fog, sugar cravings, depression, and sinus issues).

Probiotic 7-in-1 – To REPLENISH beneficial intestinal flora, digestive issues, constipation, gas and bloating, after antibiotic treatment, candida and yeast infections. No refrigeration required.

Basictab – To REBALANCE acid-base (pH) balance in the body. Acid-base balance is important to promote a favourable intestinal environment to prevent candida overgrowth, improve digestive processes and support beneficial intestinal flora. It is also used for inflammation, heartburn and indigestion, allergies and allergic reactions, and supportive therapy in chronic degenerative conditions.

Medicinal Ingredients:
See individual product details for medicinal ingredients, contraindications and cautions/warnings.

Recommended Dosage (Adult):
Pleo Alb 5X drops - Take 5 drops orally once daily.
Probiotic 7-in-1 – Take 1 cap twice daily.
Basictab - Take 3 tabs twice daily (warm water, empty stomach either 20 minutes before eating or 2 hours after meals).

For optimal results: 8 weeks (2 kits).

Gut Cleanse Kit
Weight Management, Liver & Gut Health

The Gut Cleanse Product Pack contains specific herbs, vitamins, probiotics and natural fibre sources for gut cleansing, liver detoxification and supporting intestinal health.

Research shows a healthy gut and balanced intestinal flora are an important key to weight loss. Use the Gut Cleanse to jump start healthy weight loss, assist in weight management and support gut health.

3C (Complete Colon Cleanse) – Used for gastrointestinal detoxification with excellent sources of fibre for bowel cleansing and relief of constipation, and herbs to heal the gut and support intestinal health.

Probiotic 7-in-1 – To replenish and re-establish beneficial intestinal flora. Probiotics support a healthy gastrointestinal tract and digestion, metabolism and immune function.

Taraxa – Used for liver detoxification with lipotrophic factors to promote liver function and protection.

Medicinal Ingredients:
For individual product details for medical ingredients, contraindications and cautions/warnings.

Recommended Dosage (Adult):
3C (Complete Colon Cleanse)* – Take 3 to 6 capsules with a full glass of water (8 ounces) twice daily.
Probiotic 7-in-1 – Take 2 capsules twice daily.
Taraxa – Take 2 tablets three times daily for 10 days.

*This product contains glucomannan (Amorphophallus konjac), a viscous fibre source. It must be taken with at least 8 ounces (full glass) of water or other fluid. May result in choking or blockage of throat, aseosphagus or intestine if taken with insufficient liquid.

3 products Item Code: 96002
**Intestinal Kit**

**Intestinal Health, Gut Support**

The Intestinal Kit provides the foundation for achieving optimal intestinal health. This program, adapted from the Swiss Biological Medicine approach of world leader Dr. Thomas Rau, MD and the team at Paracelsus Clinic in Switzerland, has achieved remarkable results addressing difficult chronic disease and always starts with regeneration and restoration of a healthy intestinal system. Healing the gut is important in cases of gastrointestinal symptoms, leaky gut, dysbiosis and candidiasis, allergies, immune conditions, chronic infections, inflammation, fatigue, respiratory conditions, sinusitis, skin conditions, metabolic disorders, malignancy, and joint disorders.

The Intestinal Kit is designed to restore intestinal health and support regulation of the body's internal environment through four main principles: rebalance normal acid-base (pH) levels; rebuild the intestinal mucosa; replenish healthy intestinal flora; and re-establish a strong immune system. The approach leads to a healthy digestive tract with balanced intestinal flora, proper digestion, a strong immune system, and recovery from chronic disease and illness.

- **Pleo Alkala** – Corrects acid-base (pH) imbalance, improve digestion, support beneficial intestinal flora, decrease inflammation and allergic reactions, resolve heartburn/indigestion, and supportive therapy in chronic degenerative conditions.

- **Pleo Sanuvis** – Stimulates mitochondrial respiration, reduce lactic acid buildup and inflammation.

- **Pleo Citro** – Supports and increases energy production (cellular metabolism), corrects acid-base imbalance.

- **Pleo Pef** – Controls and eliminates candida, yeast and fungal overgrowth.

- **Pleo Rebasan** – Peyer’s patch extract (vital in all intestinal rebuilding protocols), stimulates intestinal immune cell production.

- **N-A-G** – Repairs and rebuilds intestinal mucous membrane lining.

**Medicinal Ingredients:**

See individual product details for medicinal ingredients, contraindications and cautions/warnings.

**Recommended Dosage (Adult):**

- **Pleo Alkala** powder – ¼ to ½ scoop twice daily with warm water on an empty stomach.

- **Pleo Citro** tabs – 2 tabs once daily in the morning.

- **Pleo Sanuvis** tabs - 2 tabs once daily in the evening.

- **Pleo Rebasan** caps – 1 capsule every other day at bedtime.

- **Pleo Pef 5X drops** - Take 7 drops orally once daily.

- **N-A-G** caps – Take 2 caps twice daily.

**Additional Suggestions**

(not included in the kit):

- For enhanced detoxification, ‘die-off’ and metabolic excretion, consider: Lappa.

- For rebuilding intestinal flora with probiotics, consider: Probiotic 7-in-1 or Lactobacillus Sporogenes.

- For additional gut line repair, consider: L-Glutamine.

- For parasites, consider: Pleo Oku or Paraxites.

6 products

**Item Code:** 96969

For Intestinal Rebuilding Protocol, see page 72.

Contains lactose.
Heart Recovery Bundle

Angina, Stroke/TIA, Coronary Heart Disease.

The Heart Recovery Bundle offers multi-targeted protection for the heart, brain and blood vessels. When combined, SalvTonic and Toco-X-Krill improve recovery in chronic heart conditions including: angina, stroke/TIA, heart attack and coronary heart disease. This is done through improved microcirculation, reduced plaque formation and inflammation, and increased blood flow.

**Fast acting, effective, clinically proven.**

**SalvTonic:** A cardiovascular and microcirculation formula with benefits for heart and vascular health. It acts to improve circulation, increase blood flow, lower total cholesterol, reduce plaque formation, and prevent thrombosis — all factors that contribute to angina, heart attack, stroke and pulmonary embolism. By increasing microcirculation, it assists in reducing angina and diabetic complications. Human studies showed positive results by using SalvTonic to alleviate chest pain associated with angina.

**Toco-X-Krill:** A potent antioxidant and anti-inflammatory with clinically proven health benefits to increase blood flow, reduce inflammation, lower blood pressure and total cholesterol, reverse atherosclerotic and arterial plaque blockage, reduce platelet aggregation (blood thinning) and blood clot formation, reduce C-reactive protein and chronic inflammation, and prevent thrombosis — all factors that contribute to heart attack, stroke/TIA, coronary heart disease, and pulmonary embolism.

**Medicinal Ingredients:**

See individual product details for medicinal ingredients, contraindications and cautions/warnings.

**Recommended Dosage (Adult):**

**SalvTonic** - Take 1 capsule three times daily. In cases of acute chest pain (angina), open 1 - 2 capsules and pour under tongue or as directed by a health care practitioner.

**Toco-X-Krill** – Take 1 - 2 caps per day. In cases of chronic heart conditions, take up to 5 capsules daily or as directed by a health care practitioner.

*This product contains krill oil. Individual allergic to marine products (fish, crustaceans, mollusks and other seafood) or have problems with blood clotting or are taking anticoagulants should not take this product.

2 products  **Item Code:** 96010

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Detox Kit (Nestmann Pharma)

Liver, Kidney and Lymphatic Detoxification

The Nestmann Pharma Detox Kit contains homeopathic and herbal preparations for three major organ systems involved in detoxification: the liver and gallbladder, intestines, kidneys and lymph. The drainage remedies in this kit will improve organ function and increase circulation to targeted organs, thus increasing elimination of waste products from the tissues and cells in the body.

**A-Hepatica:** Liver and gallbladder drainage and detoxification, optimizes bile production and flow, and digestive regulation.

**Solidago:** Kidney drainage and detoxification, supports kidney and urinary bladder function, diuretic.

**Lymf-A-Drop:** Lymphatic drainage and detoxification of toxins and metabolic waste, stimulates immune system.

**Medicinal Ingredients:**

See individual product details for medicinal ingredients, contraindications and cautions/warnings. The combined Nestmann Pharma Detox Kit remedy dosage is different than the individual label dosage for each of the remedies.

**Recommended Dosage (Adult):** Take 17 drops each of A-Hepatica, Solidago and Lymf-A-Drop combined in water three times daily, or as directed by a health care practitioner.

3 products  **Item Code:** 99001

For optimal results: 6 weeks (2 kits).
Biomed Supplements

Biomed Supplements are unique formulations that contain clinically proven ingredients and are targeted to achieve therapeutic compliance and efficacy. They have been developed to meet specifications requested by professionals. Biomed presents a comprehensive line that is continuously being expanded as technology and science bring forward new thinking and nutritional evidence. The products within the Biomed Supplement line complement the other product lines we distribute.

3C (Complete Colon Cleanse)  
AllerEase  
ASF (Adrenal Support Formula)  
AstaKrill  
B12 Folate  
B-Complex  
Basic Powder  
Basictab  
BioThy  
BioTrienol  
Biozyme  
BoneSure  
Cal-Mag 1:1  
Clearizyme  
Cogniplex  
Co-Q10 Supreme  
Deepure Tea  
Digestizyme  
Ester C®  
Ester-C® Premium  
GastroEase+  
HeparPlex  
Lactobacillus Sporogenes  
Ligaflex  
Lipidzyme  
Liquid Iron  
Luvos® Powder  
Mag-Citrate  
Melatonin B6  
Melatonin B6 Spray  
MK7 with D3 Drops  
MSM-GLS+  
MycolImmune  
NAG (N-acetyl-glucosamine)  
Neuraplex  
NPF (Natural Pain Formula)  
Oxyplex Caps  
Paraxites  
Parsagus  
Probiotic 7-in-1  
RR Formula  
SalvTonic  
Taraxa (Liver Detox)  
The Right C®  
The Right C® Enhanced  
Thymus EG  
TocoKrill  

Biomed is committed to providing products that meet or exceed applicable quality control standards. Raw materials and final formulation are sourced from suppliers located around the world. All products are manufactured under stringent good manufacturing practices (GMP) guidelines and are rigorously and regularly tested for product efficacy and quality. We utilize independent third party testing and quality control laboratory practices for both raw materials and finished products.

Biomed Supplements have been the strength of the company’s success for over two decades. Our health care practitioners and their patients can be assured of product consistency, potency, reliability and suitability for vegetarians.
3C (Complete Colon Cleanse)

Intestinal Health, Bowel Cleanse, Constipation

Colon Cleanse is used for gastrointestinal detoxification support. It contains excellent sources of fiber for proper bowel cleansing, as well as anti-microbial and demulcent herbs that helps to heal the gastrointestinal tract.

Ingredients:

Each vegetarian capsule contains:

- Borage (Borago officinalis) .......................... 150 mg
- Fenugreek (Trigonella foenum-graecum) .......... 25 mg
- Flax (Linum usitatissium) ............................ 150 mg
- Glucomannan (Amorphophallus konjac) ........... 50 mg
- Marshmallow root (Althaea officinalis) ............ 25 mg
- Oat bran (Avena sativa) ............................. 150 mg
- Papain .................................................. 5 mg
- Plum (Prunus domestica) ............................. 30 mg
- Slippery elm (Ulmus rubra) ......................... 25 mg
- Triphala (a blend of Amla (Emblica officinalis), Haritaki (Chebulic myrobalan) and Bibhitaki (Belenic myrobalan)) ................................. 150 mg

Dosage: Take three to six capsules with 8 oz. of water* two times a day or as directed by a health care practitioner.

*This product contains glucomannan (Amorphophallus konjac), a viscous fiber source. It must be taken with at least 8 ounces (full glass) of water or other fluid. May result in choking or blockage of throat, aesophagus or intestine if taken with insufficient liquid.

120 capsules  
Item Code: 11110

AllerEase

Allergies

This potent and natural formula provides relief for hay fever or seasonal allergic rhinitis, and is a safe alternative to over-the-counter anti-histamines.

Ingredients:

Each vegetarian capsule contains:

- Methylsulfonylmethane (MSM) ...................... 650 mg
- Grape seed (Vitis vinifera L.) extract* ............ 100 mg
  *Standardized to contain 12% catechins.

Dosage: Take two capsules two times a day with food or as directed by a health care practitioner.

120 capsules  
Item Code: 10745

ASF (Adrenal Support Formula)

Adrenal Support, Fatigue

This unique vitamin and botanical combination is designed to improve adrenal function by supplying essential nutrients utilized by the adrenal glands in the regulation of both physical and emotional stress. It is an ideal stress formula and can be used for adrenal fatigue, exhaustion, sleeplessness, depression, anxiety and for weight gain related to stress.

Ingredients:

Each vegetarian capsule contains:

- Eleuthrococcus senticosus (Siberian gineseng) ...... 100 mg
- Glycenhiza glabra (Licorice) .......................... 100 mg
- Rhodiola rosea (Artic root) ......................... 100 mg
- Vitamin B5 (calcium pantothenate) ................. 160 mg
- Vitamin C (calcium ascorbate) ...................... 50 mg

Dosage: Take one capsule a day or if under stress, take two to three capsules a day or as directed by a health care practitioner.

90 capsules  
Item Code: 10707
AstaKrill
Cardiovascular, Joint, Inflammation

AstaKrill is a combination of Neptune Krill Oil (NKO®) and astaxanthin, with clinically proven health benefits for the heart, joints, brain, eye, and women’s health. With naturally high levels of Omega-3s and a phospholipid delivery system, Asta-X-Krill has the highest bio-availability, absorption and assimilation of Omega-3s (DHA and EPA) compared to other krill and fish oils.

Omega-3s have cardiovascular and anti-inflammatory properties, and support the normal development of the brain, eyes and nerves. The antioxidant astaxanthin prevents free radical damage and protects from inflammation, cardiovascular and neurodegenerative disease. AstaKrill supports reduction in chronic inflammation, arthritic and osteoarthritic symptoms, and to support symptoms associated with cholesterol management, PMS, dysmenorrhea, ADHD (adult), eye fatigue, wrinkles, dyspepsia, gastritis, Type II diabetes, muscle recovery and endurance.

Ethically and sustainably sourced from nature.

Ingredients:
Each gelatin capsule contains:
Neptune Krill Oil (NKO®) (Euphasia pacifica*) .......... 500 mg
  • DHA (Docosahexanoic acid) ....................... 45 mg
  • EPA (Eicosapentaenoic acid) ................... 75 mg
Haematococcus pluvialis (AstaREAL® L10*) ............... 60 mg
  * 10% Astaxanthin, equivalent to 6 mg Astaxanthin

Dosage: Adults: Take one to two caps once daily with food or as directed by a health care practitioner.

*This product contains krill oil. Individual allergic to marine products (fish, crustaceans, mollusks and other seafood) or have problems with blood clotting or are taking anticoagulants should not take this product.

60 capsules Item Code: 11280
120 capsules Item Code: 11290

B-Complex
Stress Management

B-Complex provides an optimal blend of B-vitamins and supporting lipotrophic factors to help in regulating the body’s metabolic functions and supports the body during stress.

Ingredients:
Each vegetarian capsule contains:
Vitamin B1 (thiamine hydrochloride) ................... 50 mg
Vitamin B2 (riboflavin) .................................................. 50 mg
Vitamin B3 (niacin) ....................................................... 50 mg
Vitamin B5 (D-pantothenic acid) ......................... 50 mg
Vitamin B6 (pyridoxine hydrochlorine) ............... 50 mg
Vitamin B12 (cyanocobalamin) ......................... 50 µg
Biotin ................................................................. 50 µg
Folate (folic acid) ................................................ 0.4 mg
Choline (bitartrate) .............................................. 50 mg
Inositol .............................................................. 50 mg
Para-aminobenzoic acid (PABA) .................... 50 mg

Dosage: Take one capsule a day with food or as directed by a health care practitioner.

60 capsules Item Code: 10755

Basic Powder
Acid-Base Balance

Basic Powder supports the body’s ability to achieve a pH balanced milieu. Used to correct acid-base (pH) imbalance, improve digestion, support intestinal flora, decrease inflammation and allergic reactions, resolve heartburn/indigestion, and in chronic degenerative conditions.

Ingredients:
Each teaspoon (4 grams) contains:
Calcium (calcium carbonate) ......................... 1550 mg
Magnesium (magnesium carbonate) ............... 930 mg
Potassium (potassium bicarbonate) ................. 155 mg
Sodium (sodium bicarbonate) ....................... 1240 mg

Dosage: Adult: Take 1/2 to 1 teaspoon mixed with warm water on an empty stomach (20 minutes before eating or 2 hours after eating) up to three times daily or as directed by a health care practitioner.

250 grams Item Code: 10845
Basictab
Acid-Base Balance
Basictab supports the body’s ability to achieve a pH balanced milieu. Used to correct acid-base (pH) imbalance, improve digestion, support beneficial intestinal flora, decrease inflammation and allergic reactions, resolve heartburn/indigestion, and in chronic degenerative conditions. Easy-to-use tablet form.

Ingredients:
Each tablet* contains:
- Calcium (calcium carbonate) ........................................ 103 mg
- Magnesium (magnesium carbonate) ......................... 45 mg
- Potassium (potassium bicarbonate) .......................... 10 mg
- Sodium (sodium bicarbonate) ................................. 57 mg

*Elemental mineral amount shown

Dosage: Take 2 to 4 tablets in warm water on an empty stomach (20 minutes before eating or 2 hours after eating) up to three times daily or as directed by a health care practitioner.

180 tablets

BioThy
Thyroid Support
BioThy is a formulation of mineral, amino acid, protein and glandular compounds that have been clinically identified as being effective in cases of thyroid dysfunction (including hypothyroidism).

Ingredients:
Each capsule contains:
- L-tyrosine ................................................................. 200 mg
- Iodine (kelp) .............................................................. 100 µg
- Selenium (selenomethionine) ................................. 100 µg
- Zinc (citrate) .............................................................. 10 mg

Non-medicinal Ingredients:
Animal protein hydrolysate ...................................... 160 mg

Dosage: Take one capsule two times a day with food or as directed by a health care practitioner. Take a few hours before or after taking other medications.

60 capsules

BioTrienol
Neuroprotection, Brain and Cognition
BioTrienol is a full spectrum tocotrienol complex from EVNol SupraBio®, derived from red palm oil for neurological and cognitive health. With potent antioxidant and anti-inflammatory capacity, it has been clinically proven to deliver specific protection and repair for the heart, brain, and nervous system. Ethically and sustainably sourced from nature.

The patented self-emulsifying delivery system of tocotrienols creates high bio-availability with research based and clinically proven health benefits that enhance neural recovery from TIA/stroke damage; protect against stroke-induced brain injury and UV skin damage; reduce hypertension and risk of stroke; stabilize Alzheimer’s and dementia decline; inhibit cancer cell growth and anti-angiogenesis in specific cancers, as well as improve neuropathy side effects from chemotherapy. It is also used in cases of arterial stiffness and atherosclerosis, hyperlipidemia, hypercholesterolemia, and non-alcoholic fatty liver disease.

Ingredients:
Each vegetarian capsule contains:
- EVNol SupraBio® Tocotrienol/Tocopherol complex
  - Total d-mixed Tocotrienol ........................................ 50 mg
    - d-alpha-Tocotrienol 15.4 mg
    - d-beta-Tocotrienol 2.9 mg
    - d-gamma-Tocotrienol 23 mg
    - d-delta-Tocotrienol 8.7 mg
  - d-alpha Tocopherol (Vitamin E) ............................ 13.7 mg

Dosage: Take 2 caps one to two times per day with a meal or as directed by a health care practitioner.

60 capsules

Item Code: 11355
Biozyme
General Digestive Enzyme

Biozyme is a broad-spectrum enzyme supplement designed to help the body break down a variety of foodstuffs, including proteins (in acidic, alkaline and neutral environments), fats and carbohydrates.

**Ingredients:**

*Each vegetarian capsule contains:*

- Protease blend* 12000 FCC HUT................. 120 mg
- Amylase 4800 FCC DU.......................... 48 mg
- Lipase 100 FCC LU............................. 20 mg
- Lactase 300 FCC ALU.......................... 60 mg
- Cellulase 75 FCC CU......................... 15 mg
- Invertase 15 FCC INVU....................... 3 mg

*Alkaline, neutral and acid stable*

**Dosage:** Take one to two capsules with food or as directed by a health care practitioner.

150 capsules  
**Item Code:** 10735

BoneSure
Bone Support, Bone Density

BoneSure is a plant-based calcium matrix with bone building vitamins and minerals targeted for reversing bone loss, with clinically proven results to increase bone mineral density and reverse osteoporosis.

BoneSure contains organic calcium and magnesium from marine algae (Algae calcareous), that provides a complete mineral complex with 70 naturally occurring trace minerals and phytonutrients. BoneSure (AlgaeCal®) is the world’s only certified organic plant-based calcium and possesses high solubility and bioavailability, translating to greater mineral absorption in the body.

**Ingredients:**

*Each vegetarian capsule contains:*

- Boron (boron citrate).............................. 0.8 mg
- AlgaeCal® (Mesophyllum superpositum)........... 630 mg
  - Calcium (30 - 34%) 189 mg
  - Magnesium (2.5 - 4%) 19 mg
- Vitamin C (calcium ascorbate).................. 62 mg
- Vitamin D3 (cholecalciferol).................... 2.5 µg
- Vitamin K2 (menaquinone-7).................... 25 µg

**Dosage:** Take two capsules two times a day or as directed by a health care practitioner.

90 capsules  
**Item Code:** 11270

Calcium & Magnesium 1:1
Bone Support

Calcium and Magnesium in a 1:1 ratio with added Vitamin D is targeted for the support of general bone health.

**Ingredients:**

*Each caplet contains:*

- Calcium (citrate).............................. 100 mg
- Magnesium (citrate)........................... 100 mg
- Vitamin D2 (ergocalciferol).................. 2.5 µg

**Dosage:** Take two caplets with a meal once daily or as directed by a health care practitioner.

120 caplets  
**Item Code:** 10775

240 caplets  
**Item Code:** 10776

**Certified Organic (USDA/IFOAM)**
Clearizyme (formerly Flexizyme)
Anti-inflammatory, Systemic Enzyme

Clearizyme has been formulated to decrease both acute & chronic inflammatory processes. This powerful combination of proteolytic enzymes from three different sources (plant, fungal and animal) act synergistically to reduce swelling, bruising and discomfort associated with inflammation due to arthritis, trauma, sports and surgical procedures.

**Ingredients:**

Each gelatin capsule contains:

- Pancreatin\* ................................................................. 150 mg
- Trypsin - 30,000 USP unit
- Amylase - 22,500 USP unit
- Protease - 22,500 USP unit
- Chymotrypsin - 7,500 USP unit
- Lipase - 1,800 USP unit
- Papain 360 FCC PU .................................................. 60 mg
- Peptizyme SP\* (Serratiopeptidase) ........................................ 50 mg
- Serratiopeptidase/Serrapeptase 350 USP ............................ 35 mg

*Enteric coated

**Dosage:** Take one capsule up to four times a day (between meals) or as directed by a health care practitioner.

180 capsules  
Item Code: 10600

Cogniplex
Memory, Cognitive Function

Cogniplex with its combination of nootropic herbs (memory and cognitive enhancer) is an effective and natural alternative for those suffering with memory impairment and dementia or for those seeking to assist their learning and memory capability.

**Ingredients:**

Each vegetarian capsule contains:

- Brahmi (Bacopa monnieri) ........................................ 0.75 mg
- Ginkgo biloba (Ginkgo) .................................................... 40 mg
- Huperzine A (Huperzia serrata) ............................................ 0.05 mg
- Vinpocetine ................................................................. 3.75 mg

**Dosage:** Take two capsules two times a day with food or as directed by a health care practitioner. For more severe cases of cognitive function, the dose should be increased to four capsules two times a day with food.

120 capsules  
Item Code: 10730

Co-Q10 Supreme
Cardiovascular, Hypertension

Co-Q10 Supreme is a unique combination of Co-Q10 (ubiquinone), natural vitamin E (d-alpha tocopheryl succinate) and the amino acid L-taurine. This synergistic combination is designed primarily to assist those individuals with cardiovascular complaints including congestive heart failure (CHF) and systolic hypertension.

**Ingredients:**

Each vegetarian capsules contain:

- Coenzyme Q-10 (Ubiquinone) ........................................ 50 mg
- Vitamin E (d-alpha tocopheryl acid succinate) ............... 133 IU
- L-Taurine ....................................................... 150 mg

**Dosage:** Take two capsules per day with food or as directed by a health care practitioner.

120 capsules  
Item Code: 10705

Deepure Tea
Weight-loss, Mental Focus, Detoxification

Deepure is a superior quality extraction from Camellia sinensis (puerh tea), with health benefits including weight loss, detoxification and mental focus. This is the first supplemental instant tea of its kind in Canada that has been approved as a Natural Health Product by Health Canada for weight loss.

Clinical research has shown that taking Deepure (puerh tea extract) with meals blocks fat absorption, resulting in weight loss and fat reduction. Deepure has high antioxidant activity, with the ability to reduce blood lipids (ex. cholesterol), regulate blood glucose and decrease blood pressure. In addition, Deepure contains higher levels of L-theanine, which has been associated with increased mental focus (without caffeine-induced jitteriness and anxiety), compared to regular black tea and coffee.

**Ingredients:**

Each sachet contains:

- Camellia sinensis extract ........................................ 0.5 grams

**Dosage:** Take 1 sachet mixed in water (hot or cold) with each meal, up to 4 times daily, or as directed by a health care practitioner.

28 sachets per box  
Item Code: 10000
Digestizyme
High Potency Digestive Enzyme
Digestizyme is a high potency enzyme formula targeted for digestion of fat, protein, and carbohydrates. Effectively eliminating gas and bloating, this formula is ideal for vegetarians as it contains enzymes specifically to break down carbohydrates, grains, fiber, and beans/legumes.

Ingredients:
Each vegetarian capsule contains:
- Protease Blend (alkaline, neutral and acid stable) 77500 HUT......1 mg
- Lipase 3010 LU...........................................1 mg
- Amylase 23100 DU........................................231 mg
- Glucoamylase 30 AGU ......................................30 mg
- Malt Diastase 2000 DP .....................................13.3 mg
- Lactase 1000 ALU ........................................10 mg
- Alpha Galactosidase 200 GaL U ....................................20 mg
- Invertase 1000 INVU ..........................................50 mg
- Cellulase 400 CU ................................................4 mg
- HemiSeb® 800 HSU ..............................................40 mg
- Pectinase 25 endo PG ........................................1 mg

Dosage: Take one capsule three times a day with food (every meal) or as directed by a health care practitioner.

Ester-C®
Vitamin C
Ester-C® is a patented form of vitamin C (calcium ascorbate) containing non-acidic mineral ascorbates and natural metabolites. Metabolites are powerful boosters that help the body to efficiently absorb vitamin C. Ester-C® has the ability to maximize vitamin C absorption with added Bioperine® (black pepper extract) to enhance bioavailability.

Ingredients:
Each vegetarian capsule contains:
- Vitamin C (calcium ascorbate) Ester-C® ..................600 mg
- Bioflavonoids (citrus) .........................................150 mg
- Bioperine® (black pepper extract) .............................3 mg

Dosage: Take one capsules a day with food or as directed by a health care practitioner.

GastroEase+
Peptic Ulcer, Gastritis, GERD, H. pylori
GastroEase+ is a synergistic combination of whole plant extracts (including Mastic gum) well known for anti-ulcer and anti-inflammatory properties. It is designed to aid in cases of H. pylori induced peptic ulcer disease, gastritis and GERD.

Ingredients:
Each vegetarian capsule contains:
- Mastic gum (Pistacia lentiscus) ...............................175 mg
- Deglycyrrhizinated licorice (Glycyrrhiza glabra) .............150 mg
- Marshmallow root (Althea officianlis) .......................100 mg
- German chamomille (Matricaria chamomilla) ...............100 mg
- Fennel seed (Foeniculum vulgare) ..........................50 mg

Dosage: Take two capsules three times a day with food or as directed by a health care practitioner.
HeparPlex
Liver Support & Repair

This formula contains milk thistle and schizandra berry, that have liver protective and healing characteristics. Silymarin, the active ingredient in milk thistle, is protective for liver cells against various toxins and stimulates the liver’s own regenerative powers. Schizandra berry (Schizandra chinensis) contain lignans, mainly schizandrins, which act to prevent liver damage, promote liver repair and stimulate normal liver functioning.

**Ingredients:**

*Each vegetarian capsule contains:*

- Silybum marianum (Milk thistle) ...........................................265 mg
- Schisandra chinensis (Schizandra) .................................250 mg

**Dosage:** Take two capsules twice daily or as directed by a health care practitioner.

60 capsules  
**Item Code:** 10790

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Lactobacillus Sporogenes
Intestinal Flora

Lactobacillus Sporogenes is a shelf-stable probiotic that helps the body to restore healthy flora in the gastrointestinal system. L. sporogenes passes through the stomach in its spore form and upon arriving in the duodenum, germinates, multiplies rapidly and becomes metabolically active in the intestines producing lactic acid (right spinning). This form of probiotic helps normalize pH, inhibits pathogenic bacteria growth and is especially useful in cases of diarrhea.

**Ingredients:**

*Each vegetarian capsule contains:*

- Bacillus coagulans ........................................... 1 billion CFU
- Fructose oligosaccharides (FOS) .........................250 mg

**Dosage:** Take one to two capsules three times daily before meals for ten days. Then take one capsule daily before a meal or as directed by a health care practitioner.

90 capsules  
**Item Code:** 11085
**Ligaflex**

**Soft Tissue, Musculoskeletal, Joint**

Ligaflex is specifically formulated for the musculoskeletal system. Ligaflex contains nutrients and botanicals that have traditionally been used for treatment of joints, ligaments and tendons. It is an ideal formula for healing after a musculoskeletal injury (i.e. strain, sprain) and wounds.

**Ingredients:**

*Each vegetarian capsule contains:*

- Collagen (Type II hydrolyzed) ........................................ 50 mg
- L-Cysteine ..................................................................... 50 mg
- Enzogenol (Pine bark extract) .................................... 12.5 mg
- Glucosamine Sulfate .................................................. 200 mg
- Horsetail (Equisetum arvense) ...................................... 1 mg
- Gotu Kola (Centella asiatica) ....................................... 30 mg
- MSM (Methyl sulfonyl-methane) ............................... 100 mg
- Black seed (Nigella sativa) ........................................... 25 mg

**Dosage:** Two capsules four times a day with food or as directed by a practitioner.

120 capsules  
Item Code: 10505

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**Lipidzyme**

**Fat Digestion, Cholesterol**

Lipidzyme is a comprehensive blend of enzymes specifically formulated to aid in the digestion of fat. The addition of Policosanol® makes this an excellent product to help lower cholesterol. One of the hallmarks of this enzyme combination is the use of acid stable lipase.

**Ingredients:**

*Each vegetarian capsules contain:*

- Lipase 1250 LU ....................................................... 12.5 mg
- Protease 17,500 HUT ............................................... 35 mg
- Amylase 5,000 DU ................................................... 50.5 mg
- Cellulase 650 CU .......................................................... 6.5 mg
- Glucoamylase 15 AG ............................................... 15 mg
- Policosanol ................................................................. 12.5 mg

**Dosage:** Take two capsules two to three times a day with food or as directed by a health care practitioner.

90 capsules  
Item Code: 10620

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**Liquid Iron**

**Hemoglobin Support with B12 & Folic Acid**

Liquid Iron is used to help maintain healthy physiological iron stores. This non-constipating citrate form of iron has been blended with Vitamin B12 and folic acid as a complete RBC and anemia formula, in a pleasant-tasting vanilla flavoured liquid.

**Ingredients:**

*Each teaspoon (5 ml) contains:*

- Folate (folic acid) .......................................................... 440 µg
- Vitamin B12 (cyanocobalamin) ...................................... 110 µg
- Iron (ferric ammonium citrate) ...................................... 20 mg

**Dosage:** Take one teaspoon a day with food or as directed by a health care practitioner.

177 ml  
Item Code: 11105
**Luvos® Powder**

**Skin Conditions, Gastrointestinal**

Called “healing earth’ in Germany, Loess (Luvos®) is a 100% pure natural mineral earth product (without additives) that is mined from mineral rich glacial deposits in Germany. This ultra-fine powder can be used topically or internally, with a large surface area for high absorbency and great binding capacity of toxins, impurities and bacteria.

Luvos® powder is used externally for detoxification of the skin, skin conditions (eczema, rosacea, psoriasis, dermatitis), acne, burns, boils, ulcers, edema and lymphatic vessel inflammation.

**Ingredients:**

*Each teaspoon (5 g) contains:*

Luvos® healing earth .......................................................... 5 g

**Dosage:**

- **External (topical):** Mix Luvos® powder with water to make a paste. Apply the paste onto affected area. Let the paste dry then rinse off with warm water. Or as directed by a health care practitioner.

- **Internal (oral):** Take half to one teaspoon of Luvos® powder in a large glass of water two times a day (morning and evening), up to three teaspoons can be taken daily or as directed by a health care practitioner.

200 grams  
**Item Code:** 11265

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**Mag-Citrate**

**Smooth Muscle Relaxant**

Mag-Citrate is a combination of magnesium and malic acid formulated for the aid and/or support of fibromyalgia, migraine headaches, high blood pressure and cardiovascular health.

**Ingredients:**

*Each vegetarian caplet contains:*

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Magnesium citrate</td>
<td>100 mg</td>
</tr>
<tr>
<td>Malic acid</td>
<td>350 mg</td>
</tr>
</tbody>
</table>

**Dosage:** Take one caplet a day or as directed by a health care practitioner.

120 caplets  
**Item Code:** 10785
**Melatonin B6**

**10 mg Sleep Support, Antioxidant**

Melatonin B6 is a high potency formulation to promote natural sleep. Taking Melatonin helps regulate sleep-wake cycles, resets circadian rhythms, increases REM and total sleep time, and improve overall sleep quality. Vitamin B6 enhances melatonin absorption.

Melatonin is used to support difficulty falling asleep (delay sleep phase syndrome), waking in the night, jet lag, and increasing total sleep time in cases of shift work, jet lag, late night/ altered sleep schedule. Melatonin is known as one of the body’s most efficient free-radical scavengers, and is a powerful antioxidant for anti-inflammatory and immune protection properties for brain, neurological, heart, and cancer protection.

**Ingredients:**

*Each sublingual lozenge contains:*

- Melatonin .......................................................... 10 mg
- Vitamin B6 .......................................................... 10 mg

**Dosage:** Dissolve 1 tablet under the tongue before or at bedtime, or as directed by a health care practitioner.

60 lozengers  

**Item Code:** 11330

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**Melatonin B6 Spray**

**Variable Dose Sleep Support**

**Medicinal Ingredients:**

*Each single spray contains:*

- Melatonin .......................................................... 1 mg
- Vitamin B6 .......................................................... 1 mg

**Suitable for vegetarians**

**Recommended dosage (adult):** Spritz 1 to 10 sprays under the tongue before or at bedtime, or as directed by a health care practitioner.

60 ml (360 sprays)  

**Item Code:** 11330

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**MK7 with D3 Drops**

**Bone and Teeth Health, Osteoporosis**

Vitamin D3 & K2 (MK7) is a liquid formula designed for maintaining healthy bones and teeth, reducing risk of osteoporosis, and enhancing absorption and utilization of important minerals including calcium and phosphorus.

Vitamins D3 and K2 work synergistically to enhance calcium absorption in bones, with vitamin K2 activating specific proteins for the transportation and binding of calcium from the arteries and blood into the bone matrix. Vitamin K2 as MK7 (methaquinone-7) is more stable and stays in the body longer than other forms of vitamin K.

Health Canada recommends supplementing daily with vitamin D and studies show vitamin D3 is essential for long-term health. It is also important to help prevent vitamin D deficiency, which can occur if one is not getting enough vitamin D through the diet or if they have limited exposure to the sun due to: working indoors, avoiding or protecting from the sun, and living in the northern latitudes of Canada. melatonin B6 Spray is formulated to promote natural sleep. Decreased melatonin production and sleep issues can develop with aging and lifestyle factors (artificial light, shift work, late night/ altered sleep schedules, and exposure to electrosmog including laptops, television, and computers). Taking melatonin helps regulate sleep-wake cycles, resets circadian rhythms, increases REM and total sleep time, and improve overall sleep quality. When combined with vitamin B6, melatonin biosynthesis, secretion and absorption is enhanced.

**Medicinal Ingredients:**

*Each drop contains:*

- Vitamin D3 .......................................................... 1000 IU (25 mcg)
- Vitamin K2 (MK7) .............................................. 25 mcg

**Suitable for vegetarians**

**Recommended dose:** Take one drop daily or as directed by a health care practitioner. The drop may be taken directly on the tongue, in food or liquid, or licked from a clean surface (spoon).

10 ml (360 drops)  

**Item Code:** 11330
MSM-GLS+
Anti-inflammatory, Arthritis

MSM-GLS+ is a complementary combination of methylsulfonylmethane (MSM) and Glucosamine sulfate (GLS) with the addition of two notable anti-inflammatory botanicals: Boswellia serrata and Evening primrose oil. Research involving osteoarthritis patients have shown that MSM and GLS are more effective and work faster in combination than separately at reducing pain and inflammation. MSM-GLS+ is effective in cases associated with arthritis (osteo and rheumatoid), sports injuries, muscle sprains and strains.

Ingredients:
Each vegetarian capsule contains:
- Glucosamine sulfate (Glucosamine sulfate)* ............. 250 mg
- Methylsulfonylmethane (MSM) .................................. 400 mg
- Boswellia serrata .............................................................. 100 mg

Dosage: Take two capsules two to three times a day with food or as directed by a health care practitioner.

*Do not use in individuals with a known or suspected sensitivity to seafood or shellfish (glucosamine derived from shellfish exoskeleton).

120 capsules  Item Code: 10885

MycoImmune
Anti-Viral, Immune

MycoImmune contains the most powerful and extensively documented medicinal mushrooms available - Shiitake, Maitake, Reishi and Cordyceps in combination with vitamin C. Mushrooms have immunostimulation, anti-tumour, antibiotic and anti-viral properties.

Ingredients:
Each vegetarian capsule contains:
- Lentinus edodes (Shiitake) ........................................... 150 mg
- Grifola frondosa (Maitake) ........................................ 100 mg
- Ganoderma lucidum (Reishi) ....................................... 100 mg
- Cordyceps sinensis (Cordyceps) ................................. 50 mg
- Vitamin C (ascorbic acid) ........................................... 50 mg

Dosage: Take two capsules twice daily with meals a day or as directed by a health care practitioner.

60 capsules  Item Code: 11030

N-A-G (N-acetyl-glucosamine)
Gastrointestinal, Musculoskeletal

N-A-G (N-acetyl-glucosamine) provides the body with precursors to repair wounded tissue and the mucous membranes of the intestinal lining. N-acetyl glucosamine is used to maintain the protective barrier that safeguards the intestinal lining from digestive enzymes and damaging toxins, thus is ideal to support intestinal health in cases of ulcers, IBS, Chron’s disease, colitis and other inflammatory disorders.

N-A-G is also an excellent product for musculoskeletal health as N-acetyl-glucosamine is important in the formation of connective tissue: bones, tendons, ligaments, cartilage and synovial fluid.

Ingredients:
Each vegetarian capsule contains:
- N-acetyl-glucosamine* ............................................... 500 mg

Dosage: Take two capsules three times a day or as directed by a health care practitioner.

*Do not use in individuals with a known or suspected sensitivity to seafood or shellfish (glucosamine derived from shellfish exoskeleton).

120 capsules  Item Code: 10703
Neuraplex

Depression

Neuraplex is an herbal preparation used for nervousness, restlessness, anxiety, and depression. Neuraplex has a regulating effect on the mind and the ANS together. This leads to an improvement in physical and mental well-being without any risk of addiction. The ingredients in this formula have been clinically proven for symptoms of mild to moderate depression.

Ingredients:

Each vegetarian capsule contains:

St. John’s wort (Hypericum perforatum) .................. 60 mg
Valerian root (Valeriana officinalis L.) .................. 28 mg
Passion flower (Passiflora incarnata L.) ................. 32 mg
California poppy (Eschscholzia california) ............ 40 mg
Corydalis (Corydalis cava) .................................... 40 mg

Dosage: Take two capsules one to three times a day or as directed by a health care practitioner.

100 capsules  Item Code: 10855

NPF (Natural Pain Formula)

Pain Formula, Inflammation

NPF is an enhanced supplement that synergistically incorporates herbs with vitamins and minerals to be used for pain, inflammation, cramping and spasms of the musculoskeletal system. NPF is useful in cases of acute injury (e.g. sprain or strain), headaches and cramping (including both muscle and menstrual cramps).

Ingredients:

Each vegetarian capsule contains:

Vitamin B3 (niacinamide) ......................... 25 mg
Vitamin B6 (pyridoxal HCl) ................. 12.5 mg
Calcium (citrate/carbonate) ................. 25 mg
Magnesium (citrate/oxide) .................. 25 mg
Potassium (citrate) ........................................ 12.5 mg
Copper (gluconate) .................................. 0.167 mg
DL phenylalamine ........................................ 50 mg
Bromelain (2400 mcu/g) ....................... 75 mg
White willow bark (Salix alba) .................. 75 mg
Wild yam root (Dioscorea villosa) ............ 25 mg
California poppy (Eschscholzia california) .... 25 mg
Rosemary (Rosmarinus officinalis) .......... 12.5 mg

Dosage: Take two capsules three times a day (between meals) or as directed by a health care practitioner.

100 capsules  Item Code: 10723

Optimum B12 MeF

High Potency Methylcobalamin & Methylfolate

B12 Folate is a high potency vitamin B12 (methylcobalamin) and folate (L-5-Methyltetrahydrofolate, L-5-MTHF) formula. This quick dissolve sublingual lozenge offers rapid absorption of the biologically active forms vitamin B12 and folate into the bloodstream, thus bypassing absorption issues in the digestive tract. It is ideal for vegetarians and vegans.

B12 Folate is used to support: preventing B12 deficiency, anemia, and regulation of red blood cell formation; assisting in metabolism of carbohydrates and fats for increased energy; maintaining the myelin sheath and protecting against peripheral and central neurological disease and aging; supporting healthy nervous, cardiovascular and immune system functioning; pre and postnatal health; enhancing brain health, memory, and learning; and finally normalizing homocysteine levels, thus decreasing risk of heart disease and stroke.

Ingredients:

Each sublingual lozenge contains:

Vitamin B12 (methylcobalamin) ......................... 5 mg
Folate (L-5-methyltetrahydrofolate) .................. 1 mg

Dosage: Dissolve 1 lozenge under the tongue once daily or as directed by a health care practitioner.

Children (over 9 years): Dissolve 1 lozenge under the tongue once daily or as directed by a health care practitioner.

60 sublingual lozenges  Item Code: 11296
Oxyplex Caps
Constipation, Bacterial Infection
Oxyplex reduces the number of pathogenic intestinal flora, particularly anaerobic and through the release of reactive oxygen species. It is used for intestinal conditions such as Roemheld (gastrocardiac) syndrome, acute gastritis, enzyme deficiency, dysbiosis, dyspepsia, enteritis and flatulence. It is recommended for occasional relief of constipation and as a bowel evacuant for diagnostic and therapeutic indications.

**Ingredients:**
Each vegetarian capsule contains:
Magnesium peroxide ................................................. 900 mg

**Dosage:** Take four capsules once daily with 230 ml (8 oz.) of water mixed with lemon juice one hour after meals for up to one week or as directed by a health care practitioner. Oral dosage produces bowel movement one to six hours after taking.

90 capsules  
**Item Code:** 11130

Paraxites
Anti-Microbial, Anti-Parasite, Immune, Gastrointestinal
Paraxites is an herbal formula designed to support the immune system and healthy microflora balance, with broad spectrum anti-microbial and anti-parasitic effects. Paraxites contains botanicals that have traditionally been used in cases of infections (bacterial, fungal, microbial, parasitic), inflammatory conditions of the mucous membranes, and digestive disturbances (dyspepsia, lack of appetite, mild constipation).

**Ingredients:**
Each vegetarian capsule contains:
Goldenseal (Hydrastis canadensis) .......................... 150 mg
Berberine sulfate .................................................. 100 mg
Citrus bioflavonoids .............................................. 83 mg
Black walnut (Juglans nigra) .................................... 50 mg
Burdock (Arctium lappa) ....................................... 30 mg
Olive leaf (Olea europaea) ..................................... 30 mg

**Dosage:** Take 2 caps twice daily or as directed by a health care practitioner.

120 capsules  
**Item Code:** 11345

Parsagus
Diuretic
Parsagus helps the body to increase elimination of excess fluid and impurities and supports therapy in cases of congestive heart failure and hypertension. It is also beneficial against bladder diseases and kidney and bladder stones.

**Ingredients:**
Each vegetarian capsule contains:
Asparagus (Asparagus officinalis) ......................... 200 mg
Parsley (Petroselinum crispum) ............................... 200 mg

**Dosage:** Take four capsules three times a day (before meals) or as directed by a health care practitioner.

100 capsules  
**Item Code:** 11060

Probiotic 7-in-1
Intestinal Flora, Female and Immune Health
Probiotic 7-in-1 formula has been uniquely designed to incorporate several different forms of healthy bacteria that resist the negative actions of oxygen, gastric acid and bile salts on probiotic viability, thereby ensuring balanced colonization of these strains throughout the ileum and large colon. Shelf stable, no refrigeration required.

**Ingredients:**
Each vegetarian capsule contains 1.9 billion active cells:
Lactobacillus rhamnosus ................................. 200 million cfu
Lactococcus lactis ........................................... 600 million cfu
Lactobacillus acidophilus ................................. 400 million cfu
Bifidobacterium breve ................................... 200 million cfu
Bifidobacterium bifidum ................................. 100 million cfu
Bifidobacterium longum ................................. 200 million cfu
Streptococcus thermophilus ............................ 200 million cfu

**Dosage:** Take one to two capsules two times a day or as directed by a health care practitioner.

90 capsules  
**Item Code:** 10701
RR Formula

Gastrointestinal

RR Formula is a modified Robert’s Formula (RF Formula) that uses potent herbal extracts to address and heal gastrointestinal conditions. RR Formula is used for upper GI conditions including inflammatory bowel disease (IBS, Chron’s, ulcerative colitis), peptic ulcer, gastritis and GERD.

**Ingredients:**

*Each vegetarian capsule contains:*

- Bromelain (3600 mcu/g) ............................................ 100 mg
- Cranesbill (Geranium maculatum) .............................. 100 mg
- Goldenseal (Hydrastis canadensis) ............................. 100 mg
- Echinacea augustifolia ........................................... 75 mg
- Cabbage (Brassica oleracea) ......................................... 75 mg
- Slippery elm (Ulmus fulva) ........................................ 75 mg
- Marshmallow (Althaea officinalis) ............................... 75 mg

**Dosage:** Take one capsule three times a day with food or as directed by a health care practitioner. Not to exceed 21 days.

60 capsules  
*Item Code: 10731*

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SalvTonic

Circulation, Cardiovascular, Type 2 Diabetic Complications, Fitness

SalvTonic is a multi-targeted microcirculation and cardiovascular formula. The herbs provide increased microcirculation and can be used to support Type 2 diabetic complications (diabetic macro-vascular disease, nephropathy), diabetic nerve pain, cold extremities and numbness, erectile dysfunction, cardiovascular conditions, chest pain and angina. Improved microcirculation also increases athletic endurance, oxygen and blood flow during exercise, and enhanced detoxification support.

With enhanced microcirculation benefits, SalvTonic acts to improve circulation, increase blood flow, lower total cholesterol, reduce plaque formation, and prevent thrombosis – all factors that contribute to angina, heart attack, stroke and pulmonary embolism. With over 917 safety studies published, SalvTonic is safe to use with blood thinners and other heart medication.

**Ingredients:**

*Each vegetarian capsule contains:*

- Salvia Miltiorrhiza (Danshen) .................................. 52.28 mg
- Panax Notoginseng (Sanqi) ..................................... 0.22 mg
- Borneol ...................................................................... 5.00 mg

**Dosage:** Take 1 capsule three times daily. In cases of acute chest pain (angina), open 1 - 2 capsules and pour under tongue or as directed by a health care practitioner.

60 capsules  
*Item Code: 11335*
Taraxa
Liver Detoxification
Taraxa (formerly Hepartox) is a unique formulation capable of stimulating liver detoxification by promoting hepatocyte activity and greater circulation to the liver. Taraxa also contains the lipotropic factors and herbs that act to protect the liver from further damage.

Ingredients:

Each tablet contains:

- Vitamin B6 (pyridoxine hydrochloride) ........................................ 10 mg
- Vitamin B12 (cyanocobalamin) ........................................ 5 µg
- Magnesium (oxide) .................................................................. 17.5 mg
- Celendine (Chelidonium majus) ........................................ 17 mg
- Dandelion root (Taraxacum officionale) ............................ 50 mg
- Turmeric (Curcuma longa L.) ........................................ 75 mg
- Wormwood (Artemisia absinthium) .................................. 100 mg
- Lipotropic factors:
  - Choline (bitartrate) .......................................................... 165 mg
  - DL-methionine ................................................................. 165 mg

Dosage: Take two tablets three times a day or as directed by a health care practitioner.

60 tablets

Item Code: 10708

The Right C®
Vitamin C
The Right C® is a form of vitamin C (sodium ascorbate) containing a special complex of unique metabolites called Riboperine™, which enhances the effect of vitamin C by increasing bioavailability in the GI tract and elevating plasma levels of vitamin C by up to 30%. The Right C® is recognized as the highest bioavailable form of vitamin C, based on bioavailability and absorption studies.

Ingredients:

Each half (1/2) teaspoon contains:

- Vitamin C (The Right C® sodium ascorbate) ..................... 2.0 g
- Riboperine® (Beta vulgaris) ............................................... 93 mg
  *Proprietary blend of wild blueberry, strawberry, cranberry, wild berry, elderberry and raspberry

Dosage: Take half (1/2) teaspoon (2.5 grams) daily or as directed by a health care practitioner. Can be mixed with water, fresh squeezed orange juice or in smoothies.

100 grams (powder)

Item Code: 11070

The Right C® Enhanced Formula
Vitamin C with Antioxidants
The Right C® Enhanced Formula is a combination of The Right C® and Riboperine® with Pomegranate, Açai and Optiberry® extracts. The Right C® is a form of vitamin C (sodium ascorbate) containing a special complex of unique metabolites called Riboperine™, which enhances the effect of vitamin C by increasing bioavailability in the GI tract and elevating blood plasma levels of vitamin C by up to 30%. The added Pomegranate, Açai and Optiberry® extracts are for increased antioxidants and energy support.

Ingredients:

Each half (1/2) teaspoon contains:

- Vitamin C (The Right C® sodium ascorbate) .......... 1.86 g
- Punica granatum (Pomegranate) ......................... 0.13 g
- Euterpe oleracea (Açai) ........................................ 0.11 g
- Optiberry® anthocyanin extract ......................... 0.03 g
- Riboperine® (Beta vulgaris) ................................. 0.93 mg
  *Proprietary blend of wild blueberry, strawberry, cranberry, wild berry, elderberry and raspberry

Dosage: Take half (1/2) teaspoon (2.5 grams) daily or as directed by a health care practitioner. Can be mixed with water, fresh squeezed orange juice or in smoothies.

100 grams (powder)

Item Code: 11075

Thymus EG
Thymus & Immune Support
This formula supports healthy immune function. The thymus gland is part of the immune system that produces hormones to support the development of the immune cells and stimulates the phagocytosis and the intracellular killing of exogenous organisms. Échinacea and Ginger root provide additional immune support.

Ingredients:

10 drops (0.5 ml) contains:

- Thymomodulin (thymus glandular) ......................... 0.03 ml
- Échinacea angustifolia ........................................ 0.3 ml
- Ginger (Zingiber officinale) .................................. 0.13 ml

Dosage: Take ten drops three to four times a day or as directed by a health care practitioner.

30 ml

Item Code: 11120
TocoKrill
Cardiovascular, Brain and Neuroprotection

TocoKrill is a combination of EVNol SupraBio®, a full spectrum tocotrienol complex derived from red palm oil and NKO® Neptune Krill Oil from Antarctic krill. These potent antioxidant and anti-inflammatory properties have been clinically proven to deliver protection and repair for the heart, brain, nerve, eye, joint, liver, cholesterol, skin and aging.

The bio-enhanced targeted delivery system allows for high bio-availability, increased absorption and rapid transportation into the blood. Clinically proven health benefits include: enhanced neural recovery from TIA/stroke damage; protection against stroke-induced brain injury and UV skin damage; stabilization of Alzheimer’s and dementia decline; reduced chronic inflammation, C-reactive protein levels, arthritic and osteoarthritic symptoms, hypertension, and risk of stroke; improve joint flexibility; inhibition of cancer cell growth and anti-angiogenesis in specific cancers, as well as improve neuropathy side effects from chemotherapy. It is also used to increase blood flow, reduce inflammation, lower blood pressure and total cholesterol, reverse arterial blockages, reduce blood clot formation and naturally thins the blood.

Ethically and sustainably sourced from nature.

Ingredients:
Each gel cap contains:

- EVNol SupraBio® Tocotrienol/Tocopherol complex
  - Total d-mixed Tocotrienol ........................................ 50 mg
  - d-alpha-Tocotrienol ........................................ 15.4 mg
  - d-beta-Tocotrienol .......................................... 2.9 mg
  - d-gamma-Tocotrienol .................................... 23 mg
  - d-delta-Tocotrienol ....................................... 8.7 mg
  - d-alpha Tocopherol (Vitamin E) .................... 13.7 mg
- Neptune Krill Oil (NKO®) Euphausia pacifica* ........... 250 mg
  - Total Omega-3 fatty acids .............................. 75 mg
  - EPA (Eicosapentaenoic acid) ....................... 37.5 mg
  - DHA (Docosahexanoic acid) ......................... 22.5 mg

Dosage: Take one to two capsules daily or as directed by a health care practitioner.

*This product contains krill oil. Individual allergic to marine products (fish, crustaceans, mollusks and other seafood) or have problems with blood clotting or are taking anticoagulants should not take this product.

60 capsules  Item Code: 11360
90 capsules  Item Code: 11325
Tools and Reference Materials

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com

Biomed Supplements Test Kit

The Biomed Supplement test kit is a collection of test vials for the full product line of Biomed Supplements.

Item Code: 10709
Food Nutrient Series

Food Nutrient Series advances assimilation of nutrient delivery to the equivalent efficiency of food. Food Nutrient Series supplements are ‘re-natured’ extracts of natural foods, bound together within their natural food matrix (and molecular structure) of supporting molecules and carrier proteins. This food matrix is essential for transportation and delivery of the nutrients within the body.

Food Nutrient Series molecules function as though they were real food, with the food matrix vitamins and minerals possessing the highest utilization rates of any form of supplementation. Food Nutrient Series supplementation offers: greater absorption, higher assimilation, increased effectiveness and the highest bioavailability compared to conventional supplements (USP and chelated forms of supplementation).

Being 90 per cent effective and the closest form of supplementation to food, Food Nutrient Series supplements deliver the quality of performance that Biomed health care practitioners have asked us for.

- C Boost
- Multivitamin & Mineral
- Premium D1000
- Super B
C Boost
Effervescent Vitamin C Drink Mix

B Boost is a unique Food Nutrient formula designed with food matrix molecules for high bioavailability, assimilation and absorbency. The vitamin C found in C Boost is unlike any other forms of vitamin C, in that it provides a complete food matrix of nutrient coefficients and bioflavonoids necessary to make it a complete nutrient. Clinical studies have demonstrated that one 250 mg tablet of Complete C is equivalent to 1,500 mg of ascorbic acid (conventional USP vitamin C), thus allowing greater delivery of nutrients at a significantly reduced dosage.

**Ingredients:**
*Each scoop contains:*
- Vitamin C (ascorbic acid) .............................................. 2 g
- Açai (Euterpe oleracea, fruit) ................................ 500 mg

**Suitable for vegetarians.**

**Dosage:** Mix 1 scoop (1.5 tsp) with 125 ml of water. Once per day.

227 grams

Item Code: 11410

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Multivitamin & Mineral
Complete Multivitamin and Mineral

Multivitamin & Mineral is a unique Food Nutrient formula designed with food matrix molecules for high bioavailability, assimilation and absorbency of all nutrients. This formula is designed to deliver the optimal combination of nutrients in an easy one-a-day formula, supporting a healthy and active lifestyle.

**Ingredients:**
*Each tablet contains:*
- Beta carotene .............................................................. 2.4 mg
- Vitamin B1 (thiamine hydrochloride) ......................... 0.7 mg
- Vitamin B2 (riboflavin) ........................................... 0.8 mg
- Vitamin B3 (niacinamide) ......................................... 9 mg
- Vitamin B5 (calcium-d-pantothenate) ......................... 3 mg
- Vitamin B6 (pyridoxine hydrochloride) ...................... 1 mg
- Vitamin B12 (cyanocobalamin) ................................. 0.5 µg
- Vitamin C (ascorbic acid) ......................................... 30 mg
- Vitamin D3 (cholecalciferol) ..................................... 2.5 µg
- Vitamin E (d-alpha tocopherol acetate) ...................... 5 mg
- Biotin (biotin) ............................................................ 76 µg
- Folate (folic acid) ..................................................... 100 µg
- Vitamin K1 (phyloquinone) ........................................ 20 µg
- Calcium (calcium chloride) ...................................... 9 mg
- Magnesium (magnesium chloride) ........................... 3 mg
- Potassium (potassium hydroxide) ............................. 6 mg
- Phosphorus (ammonium phosphate) .......................... 6 mg
- Iron (ferric sulphate) ................................................ 2.5 mg
- Zinc (zinc chloride) ................................................ 2.5 mg
- Iodine (potassium iodide) ......................................... 75 µg
- Copper (cupric sulphate) .......................................... 0.25 mg
- Manganese (manganese chloride) ........................... 0.25 mg
- Selenium (selenium dioxide) ................................... 50 µg
- Chromium (chromium trioxide) ............................... 25 µg
- Boron (sodium tetrahydroborate) .............................. 0.5 mg
- Molybdenum (sodium molybdate) .............................. 5 µg
- Choline (choline chloride) ....................................... 2.5 mg
- Inositol (inositol) .................................................... 2.5 mg
- Para-amino-benzoic acid (PABA) ............................. 2.5 mg

**Suitable for vegetarians.**

**Dosage:** Take one tablet daily or as directed by a health care practitioner

60 tablets

Item Code: 11285
Premium D1000

Vitamin D

Premium D1000 is a unique Food Nutrient Vitamin D formula designed with food matrix molecules for high bioavailability, assimilation and absorption. Vitamin D is essential in preventing and combating a broad range of diseases and health conditions and is beneficial in the following categories: aging, cardiovascular, digestive, immune, metabolism, musculoskeletal, nervous, oral, respiratory, reproductive, hormonal, and skin. Clinical studies have demonstrated that one 1000 IU tablet of Premium D is equivalent to 6,000 IU of conventional USP vitamin D, thus allowing greater delivery of nutrients at a significantly reduced dosage.

Ingredients:
Each tablet contains:
Vitamin D3 (cholecalciferol) 1000 IU .........................25 µg

Suitable for vegetarians.

Dosage: Take one tablet daily or as directed by a health care practitioner.

60 tablets Item Code: 11145

Super B

B-Complex with Rhodiola

Super B is a unique Food Nutrient formula designed with food matrix molecules for high bioavailability, assimilation and absorbency. It contains all eight water-soluble B vitamins and supporting lipotropic factors required in proper functioning of the nervous, immune and cardiovascular systems and vital to mental well-being. Super B also contains Rhodiola rosea, a well-known herb for stress, making this formula ideal for stress management and adrenal support.

Ingredients:
Each tablet contains:
Vitamin B1 (thiamine) .............................................. 1.4 mg
Vitamin B2 (riboflavin) ......................................... 1.6 mg
Vitamin B3 (niacin - nicotinic acid) ......................... 18 mg
Vitamin B5 (calcium-d-pantothenate) .................... 6 mg
Vitamin B6 (pyridoxine hydrochloride) .................. 2 mg
Vitamin B12 (cyanocobalamin) ...................... 1 µg
Vitamin C (ascorbic acid) ..................................... 60 mg
Hesperidin (citrus bioflavonoids) ......................... 6 mg
Biotin (biotin) .................................................. 150 µg
Choline (choline bitartrate) ................................. 25 mg
Folate (folic acid) ........................................... 200 µg
Inositol (inositol) ........................................... 25 mg
Para-amino-benzoic acid (PABA) ....................... 25 mg
Rhodiola rosea (Arctic root) ............................... 100 mg

Suitable for vegetarians.

Dosage: Take one tablet daily or as directed by a health care practitioner.

60 tablets Item Code: 11165
Food Nutrient Series

Tools and Reference Materials

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com

Food Nutrient Series Test Vials

These four test vials are a collection for the Food Nutrient Series supplements available through Biomed.

Item Code: 11100
Nestmann Pharma

Nestmann Pharma’s professional line of German complex homeopathics and herbal remedies are recognized for their outstanding quality and effectiveness in Europe for over 50 years. This reputation has prompted Nestmann to become known as the ‘drainage people’ in Europe and are the remedies preferred by German health care practitioners.

The combined experience of six generations of pharmacists and naturopaths has lead to the development of Nestmann formulas that are available today. With decades of consistent therapeutic results, the use of these remedies can be a cost effective and successful means of achieving targeted eliminative improvement, making a critical difference in patient recovery. This exceptional drainage line is available exclusively through Biomed.

Gain the clinical benefits from six generations of knowledge using the Nestmann Pharma remedies!

- A-Hepatica
- Absinthium
- Adrenum
- Aesculus
- Allernest
- Avena Sativa
- Bio Boost
- Biorella
- Broncha
- Bucco
- Cardunara
- Carduus
- Cilantrex
- Detox Kit
- Female Tonic
- Hydrastis Nasal Spray
- Lappa
- Luffa tabs
- Lycopus
- Lymf-A-Drop
- Polygonum
- Rubus
- Sabal Serrulatum
- Solidago
A-Hepatica
Liver Detoxification

A-Hepatica is an herbal combination for detoxification of the liver and gallbladder. German physicians have been using this formula for many decades as a liver detoxifier. A-Hepatica regulates secretion and absorption in the digestive system, has anti-inflammatory and anti-spasmylytic function in the portal vein, stimulates bile flow and increases detoxification of the liver.

A-Hepatica can be used in cases of chronic liver conditions due to infection, cholecystitis, cholangitis, metabolic disturbances, adiposity, and toxic stress due to environmental chemicals.

**Ingredients:**

*Each 100 ml contains:*

- Anise (Pimpinella anisum) ............................................ 1.9 ml
- Bitter orange (Citrus aurantium) .................................. 10.8 ml
- Blessed thistle (Cnicus benedictus) ......................... 28.9 ml
- Chicory (Cichorium intybus) .................................... 16.7 ml
- Cinnamon (Cinnamomum verum) ............................. 1.9 ml
- Clove root (Geum urbanum) .................................. 6.5 ml
- Coriander (Coriandrum sativum) ............................ 0.9 ml
- Lemon balm (Melissa officinalis) ............................ 19.4 ml
- Liverwort (Anemone hepatica) ......................... 6.5 ml
- Wormwood (Artemisia absinthium) ...................... 6.5 ml

**Non-Medicinal Ingredients:**

Water, ethanol

**Dosage (Canadian NHPD):** Take 60 drops (1 teaspoon) in warm water 20 minutes before meals three times daily or as directed by a health care practitioner.

**Nestmann Pharma recommended drainage dosage:** Take 20 drops in warm water 20 minutes before meals three times daily.

**Absinthium**
Acid Reflux, Digestive Aid

The herbs found in Absinthium are used for acute and chronic gastrointestinal symptoms: heartburn, acid reflux, indigestion, lack of appetite, flatulence, inflammation, meteorism and dyspepsia.

This herbal combination normalizes the digestive gastric juices (namely hydrochloric acid and digestive enzymes) and motility conditions by influencing the autonomic tonicity. It has a direct and indirect influence on the mucous membranes with an anti-inflammatory effect and mobilization of the protective mucosa. With use, a general tonification with improvement of circulation in the GI tract can be expected.

**Ingredients:**

*Each 50 ml contains:*

- Anise (Pimpinella anisum) ............................................ 5.6 ml
- Blessed thistle (Cnicus benedictus) ............................ 6.0 ml
- Fennel (Foeniculum vulgare) ................................. 5.6 ml
- Gentian (Gentiana lutea) .................................. 6.0 ml
- Hyssop (Hyssopus officinalis) ......................... 3.2 ml
- Juniper (Juniperus communis) ............................ 6.0 ml
- Peppermint (Mentha piperita) ............................. 6.0 ml
- Sage (Salvia officinalis) ................................. 3.2 ml
- Wormwood (Artemisia absinthium) .................. 6.0 ml

**Non-Medicinal Ingredients:**

Water, ethanol

**Dosage (Canadian NHPD):** Adults: Take 60 drops (1 teaspoon) three times daily or as directed by a health care practitioner.

**Nestmann Pharma recommended drainage dosage:** Adults: Take 15 to 25 drops in water before meals or as directed by a health care practitioner.
Adrenum
Adrenal Support, Stress, Fatigue

Adrenum is a homeopathic preparation formulated to support the adrenal glands. It can be used for symptoms of stress including exhaustion, fatigue, lack of motivation and weakness. As this formula works to revitalize and recharge the body’s energy levels naturally, it is effective for adrenal stress, adrenal fatigue, nerve weakness (neurasthenia), nervous exhaustion, weakness and collapse, debility, and mental depression.

Adrenum also contains micro-nutritional components that help to increase functions of the cerebro-spinal system, sympathetic nervous system, and vascular activity. These assist in a marked improvement in cases of drowsiness, mental depression, forgetfulness, over-sensitivity and over-excitability.

Ingredients:
Each 100 ml contains:
- Anacardium orientale D3 .............................................. 10 ml
- Aralia quinquefolia D3 .................................................. 20 ml
- Avena sativa D3 .............................................................. 5 ml
- Caffeinum D3 ............................................................. 8 ml
- Camphora D2 ................................................................... 2 ml
- Selenium metallicum D8 ............................................. 20 ml
- Sterculia acuminate D2 ................................................... 10 ml
- Zincum metallicum D8 .................................................. 10 ml

Non-Medicinal Ingredients:
Ethanol

Dosage: Take 25 to 30 drops in water three times daily or as directed by a health care practitioner.

50 ml drops Item Code: 11170

Aesculus
Circulation, Varicose Veins, Cold Extremities

This homeopathic formula is used for peripheral circulatory disturbances, as Aesculus improves peripheral arterial circulation (specifically to the extremities) and invigorates the return of venous blood by strengthening the walls and veins. Aesculus is used in cases of arterial circulatory disturbances of the extremities (especially in the legs), angina cruris, peripheral edema, varicose veins, hemorrhoids, tingling and numbness in arms and legs, and cold extremities.

Aesculus is useful for venous congestion. Aesculus not only increases peripheral circulation, but supports and tonifies the vessels. It also helps to reduce congestion in the portal area, as high portal tension often results in hemorrhoids.

Ingredients:
Each 100 ml contains:
- Aesculus hippocastanum D1 .........................................25 ml
- Potentilla anserina D1 ...................................................25 ml
- Ruta graveolens D3 ........................................................ 1 ml
- Secale cornutum D4 .....................................................10 ml
- Ustilago maidis D5 ........................................................ 10 ml

Non-Medicinal Ingredients:
Ethanol

Dosage: Take 20 drops in water five times daily. When improvement shows, take 25 drops in water three times daily or as directed by a health care practitioner.

50 ml drops Item Code: 10980
Allernest

**Allergies**

Allernest is a homeopathic combination for allergies and associated symptoms. Allernest works deep within the organism to reduce the hypersensitive reaction, stabilize histamine levels and has a positive influence on the skin, mucous membranes and airways. It reduces inflammation and swelling of the mucous membranes of the upper respiratory tract, strengthens the cell walls and decreases the hyper-allergic reaction.

Allernest is effective for seasonal, environmental and food allergies and covers such symptoms including: coughing, sneezing, difficulty breathing, hay fever, rashes, itching of the skin, food reactions, and headaches.

**Ingredients:**

_Each 100 ml contains:_

- Aralia racemosa D4 .................................................... 9.09 ml
- Cardiospernum D3 ..................................................... 9.09 ml
- Formicum acidum D12 ................................................9.09 ml
- Galphimia glauca D4 .................................................. 9.09 ml
- Lachesis mutus D8 .................................................... 9.09 ml
- Luffa operculata D6 ....................................................9.09 ml
- Petroleum D6 ..............................................................9.09 ml
- Rhus toxicodendron D6 ................................................9.09 ml
- Thuja occidentalis D4................................................. 9.09 ml
- Urtica urens D4 .......................................................... 9.09 ml

**Non-Medicinal Ingredients:**

Ethanol

**Dosage:** Take 10 drops in water three times daily before meals or as directed by a health care practitioner.

Acute: Take 10 drops in water every 15 minutes until symptoms resolve.

50 ml drops **Item Code:** 10920

Avena Sativa

**Nervous System, Stress, Restlessness**

Avena Sativa is a herbal formula used for nervous conditions, stress, hyperactivity, insomnia, depression, hysteria, palpitations, and hypochondria. It is also used as an adjunct to assist the body and mind in handling stressful situations more easily.

Avena Sativa calms the central nervous system and nerve conduction, and regulates circulatory conditions by influencing the vasomotor system. It is effective for nervous complaints associated with the autonomic nervous system including both the sympathetic and parasympathetic nervous systems.

**Ingredients:**

_Each 100 ml contains:_

- Cowslip (Primula veris) .................................................3.1 ml
- Dill (Anethum graveolens) ............................................3.1 ml
- Hops (Humulus lupulus) ................................................29.4 ml
- Lemon Balm (Melissa officinalis) ................................3.1 ml
- Mugwort (Artemisia vulgaris) .........................................33.3 ml
- Oat (Avena sativa) ....................................................... 7.7 ml
- Peppermint (Mentha piperta) ......................................... 3.1 ml
- Pulsatilla (Anemone pulsatilla) ...................................... 7.7 ml
- St. John’s Wort (Hypericum perforatum) .........................3.1 ml
- Valerian (Valeriana officinalis) ...................................... 3.1 ml
- Vervain (Verbena officinalis) ........................................ 3.1 ml

**Non-Medicinal Ingredients:**

Water, ethanol

**Dosage:** Take 30 drops in water three to five times daily, or as needed, or as directed by a health care practitioner.

As a sleep aid: Take 40 to 60 drops (up to one teaspoon) in water before bed time.

50 ml drops **Item Code:** 10900
Bio Boost

Upper Respiratory, Cold & Flu

Bio Boost is a powerful homeopathic remedy that acts to increase the body’s natural defenses against viral and bacterial infections. It works on the non-specific immune system, stimulates granulopoiesis and increases the phagocytic function of leukocytes. Bio Boost markedly increases the bactericidal activity of blood cells and has a beneficial effect on the complement properdin system.

Bio Boost relieves symptoms of colds and can be particularly useful for the treatment of influenza, viral infections and recurrent infections of the respiratory and urinary tract systems. A further effect is to improve lymphatic drainage. It is also as an adjunct therapy in cases of allergic and rheumatic illnesses.

Ingredients:

Each 50 ml contains:

- Echinacea pallida D1 ................................................12.75 ml
- Arnica montana D3 .................................................... 3.75 ml
- Baptisia tinctoria D4 .................................................. 3.75 ml
- Bryonia alba D3 ........................................................ 3.75 ml
- Cinchona officinalis D3 ............................................. 3.75 ml
- Cuprum sulphuricum D4 ........................................... 3.75 ml
- Eupatorium perfoliatum D2 ....................................... 3.75 ml
- Ferrum phosphoricum D8 ......................................... 4.5 ml
- Lachesis mutus D8 .................................................... 3.75 ml
- Lachesis mutus D15 ................................................... 3.75 ml
- Thuja occidentalis D4................................................... 3.5 ml

Non-Medicinal Ingredients:

Ethanol

Dosage: Adults: Take 40 drops every four hours until signs of improvement. Then take 20 drops three times a day or as directed by a health care practitioner.

Children: Take 20 drops every four hours until signs of improvement. Then take 10 drops three times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 11275

Biorella

Heavy Metal Detoxification

Biorella contains 100% Chlorella pyrenoidosa, a sweet-water alga from East Asia, is used for heavy metal, chemical and pesticide detoxification, exhibits anti-inflammatory properties and helps to promote the absorption of vitamins, minerals and amino acids. Biorella is a versatile dietary supplement that is rich in protein and amino acids, vitamins, minerals, trace elements and bio-active plant substances. Additionally, Biorella is beneficial in cases of fibromyalgia, anemia, suppressed immune function, hypertension, rheumatism, arthritis, and ulcerative colitis.

The chlorella algae found in Biorella has proven to be effective in heavy metal (including mercury) detoxification from non-neurological structures such as the intestinal wall, muscles, ligaments, connective tissues and bone. In addition to heavy metal binding, chlorella helps to repair and activate the body’s detoxification function while restoring bowel flora.

Ingredients:

Each tablet contains:

- Chlorella pyrenoidosa (Chlorella).......................... 200 mg
- Vitamin A .......................................................... 20.28 µg RAE
- Vitamin B12 ..................................................... 0.42 µg
- Iron ................................................................. 0.17 mg
- L-leucine ............................................................ 9 mg
- L-lysine ............................................................. 6 mg
- L-threonine ......................................................... 5 mg
- L-methionine ...................................................... 2.4 mg
- L-histidine ......................................................... 2 mg
- L-valine ............................................................. 6.2 mg
- L-phenylalanine ............................................... 5 mg

Dosage: Take 2 to 10 (chew or swallow) tablets with water three times daily or as directed by a health care practitioner. See Heavy Metal Detoxification Protocol in the Nestmann Compendium for more details.

360 tablets  Item Code: 11055
**Broncha**

**Lung and Bronchial**

The herbs found in Broncha are among the most extensively researched and documented in terms of their effectiveness related to lung and bronchial diseases. The use of this herbal combination is well known in Germany for coughs, acute and chronic bronchitis, asthma, infections and flu symptoms in the chest.

Broncha works as an anti-inflammatory and relieves cramps in the bronchial tree, loosens mucous and increases expectoration, promotes sweat production, improves oxygen uptake, supports blood purification and is an antitussive with relation to the lungs and bronchi.

**Ingredients:**

*Each 5 ml contains:*

- English Ivy (Hedera helix) ........................................... 0.83 ml
- Fennel (Foeniculum vulgare) ..................................... 0.83 ml
- Peppermint (Mentha x piperita) .................................. 0.83 ml
- Thyme (Thymus vulgaris) ............................................. 2.5 ml

**Non-Medicinal Ingredients:**

Water, ethanol

**Dosage (Canadian NHPD):** Take 100 drops (1 teaspoon) in water twice daily or as directed by a health care practitioner.

**Nestmann Pharma recommended drainage dosage:** Take 30 to 40 drops in water three to five times daily

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**Bucco**

**Kidney Support**

Bucco is an herbal combination specifically formulated for the kidneys. It is recommended for sub-acute and chronic kidney disorders. It increases circulation in the renal parenchyma, mildly stimulates diuresis, protects the epithelium coating of the efferent urinary passages, has anti-spasmodic and anti-inflammatory properties, prevents formation of kidney stones and is a mild adrenal stimulant.

**Ingredients:**

*Each 5 ml contains:*

- Bean (Phaseolus vulgaris) ........................................... 0.35 ml
- Bearberry (Arctostaphylos uva-ursi) ............................ 0.35 ml
- Birch (Betula pendula) .................................................. 1.04 ml
- Horsetail (Equisetum arvense) ........................................ 0.35 ml
- Java-tea (Orthosiphon aristatus) ................................. 0.35 ml
- Juniper (Juniperus communis) ........................................ 0.58 ml
- Licorice (Glycyrrhiza glabra) ........................................... 0.35 ml
- Peppermint (Mentha piperita) ....................................... 0.58 ml
- Restharrow (Ononis spinosa) ........................................ 0.35 ml
- White willow (Salix alba) ............................................. 0.35 ml

**Non-Medicinal Ingredients:**

Water, ethanol

**Dosage:** Take 60 drops in 8 oz. of water three times daily between or after a meal, or as directed by a health care practitioner.

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50 ml drops  
**Item Code:** 10975
Cardunara
Liver Detoxification, High Cholesterol

The artichoke is one of the oldest cultivated plants in the world and has been used in traditional medicine as a specific liver and gallbladder remedy.

Cardunara is effective as a natural aid to lower cholesterol and for cases that fall within the framework of functional dyspepsia (pain in the upper abdomen, indigestion, bloating, fullness, belching, heartburn, nausea, GERD, and gastritis). The increase of bile production and flow is advantageous for the digestion of fats, detoxification of the liver/gallbladder system, stimulation of intestinal peristalsis, protection of the intestinal mucosa and results in overall better digestion. Due to the effects on fat metabolism, excessive cholesterol and triglyceride values in the blood are lowered. It promotes better blood flow through the liver and stimulates liver regeneration.

Ingredients:
Each 5 ml (teaspoon) contains:
Artichoke (Cynara cardunculus) .................................. 2.5 ml

Non-Medicinal Ingredients:
Water, ethanol

Dosage: Take 30 drops three times daily in water before meals or as directed by a health care practitioner.

50 ml drops Item Code: 10965

Carduus
Gallbladder and Liver Detoxification

Carduus is a homeopathic combination primarily for gallbladder conditions with secondary effects on the liver. It is used for acute, sub-acute and chronic diseases of the liver and gallbladder with emphasis on gallbladder conditions, constipation, stasis of the portal vein, hemorrhoids, hepatopathy with constipation and difficulty in fat digestion.

Carduus works by improving bile secretion, which in turn improves fat digestion, relieves constipation from increased intestinal peristalsis and helps remove small gallstones (gravel). It also has anti-spasmodic effects and stimulates the blood flow in the portal vein.

Ingredients:
Each 100 ml contains:
Berberis vulgaris D2 ............................................. 2.0 ml
Carduus marianus D1 .......................................... 5.0 ml
Cascara sagrada D1 .............................................. 73 ml
Chelidonium majus D1 ......................................... 5.0 ml
Cuprum metallicum D8 ......................................... 2.0 ml
Leptandra virginica D2 ......................................... 2.0 ml
Magnesia phosphorica D8 .................................... 2.0 ml
Myrica cerifera D2 ................................................ 2.0 ml
Natrium sulfuricum D6 .......................................... 2.0 ml
Taraxacum officinale D1 ........................................ 5.0 ml

Non-Medicinal Ingredients:
Ethanol

Dosage: Take 35 drops in water three times daily 20 minutes before meals or as directed by a health care practitioner.

50 ml drops Item Code: 10925
Cilantrex

Heavy Metal Detoxification

Cilantrex containing cilantro (Coriandrum sativum) plays an essential role in the body by supporting heavy metal detoxification. Many conditions related to nervous system disorders are directly linked to heavy metal poisoning. Cilantrex mobilizes heavy metals (including mercury, aluminum, lead and tin) from tissues, so that they can be further excreted from the body using binding chelation agents (such as chlorella).

Cilantro is also a well-known herb used as a digestive aid and to support the health of the intestines. Cilantro has a carminative, slightly spasmolytic and stimulating effect on the secretion of the gastric juices.

Ingredients:

Each tablet contains:

Cilantro (Coriandrum sativum) ........................................ 220 mg

Non-Medicinal Ingredients:

Cellulose, lactose, starch, magnesium stearate

Dosage: Take 2 tablets dissolved under the tongue three to four times daily or as directed by a health care practitioner. See Heavy Metal Detoxification Protocol in the Nestmann Compendium for more details.

120 tablets Item Code: 11050

Contains lactose.

Female Tonic

Female Health, Hormonal Balance

Female Tonic is a homeopathic preparation formulated for the restoration of hormonal balance in women. It is designed to help the body balance and regulate hormones and is an excellent tonic for overall women’s menstrual and menopausal health.

In addition to balancing menstrual and menopausal symptoms, it increases circulation in female organs and the intestinal tract; stimulates the liver functions; strengthens the myocardium; calms the nervous system and increases detoxification of the kidneys. It can also be used as a supportive remedy for physical and mental exhaustion; sleeplessness; menopausal disturbances; hot flashes; metabolic disturbances; depression and irritability.

Ingredients:

Each 100 ml contains:

Agnus cactus D3 ........................................................... 6.5 ml
Ambra grisea D3 .......................................................... 6.5 ml
Caulophyllum thalictroides D4 .................................... 6.5 ml
Cimicifuga racemosa D3 .............................................. 6.5 ml
Cinchona officinalis D2 ................................................ 8.0 ml
Convallaria majalis D3 ................................................ 6.5 ml
Crataegus oxyacantha D24 ..................................... 6.5 ml
Crocus sativus D3 ....................................................... 6.5 ml
Cyclamen europaeum D3 ............................................. 6.5 ml
Damiana D3 .............................................................. 6.5 ml
Helonias dioica D2 ...................................................... 6.5 ml
Hydrastis canadensis D3 ............................................ 6.5 ml
Lilium tigrinum D4 ...................................................... 6.5 ml
Naja tripudians D8 ........................................................ 6.5 ml
Rosemarinus officinalis D1 ....................................... 8.0 ml
Senecio aureus D4 ........................................................ 6.5 ml
Staphysagria D4 .......................................................... 6.5 ml
Viola odorata D1 ........................................................... 12.0 ml

Non-Medicinal Ingredients:

Ethanol

Dosage: Take 30 drops (1/2 tsp) two to three times daily or as directed by a health care practitioner.

236 ml Item Code: 10990
Hydrastis Nasal Spray

**Sinusitis, Rhinitis, Allergies**

Hydrastis Nasal Spray work by decreasing inflammatory processes in the nose, stimulates secretions, prevents drying out of the nasal mucosa, regenerates the function of the mucous membranes and normalizes nasal breathing. It is used for sinusitis, chronic rhinitis, allergies, ‘blocked’ or dry nose, pharyngolaryngitis, and nose bleeds.

**Ingredients:**

Each 50 ml contains:

- Hydrastis canadensis D4 ................................................. 5 ml
- Ephedra vulgaris D3 .................................................. 5 ml
- Lycopodium clavatum D3 ........................................... 5 ml
- Mezereum D3 ................................................................. 5 ml
- Petroleum D8 ............................................................... 5 ml
- Pulsatilla D3 ................................................................. 5 ml
- Thuja occidentalis D10 ................................................. 5 ml

**Non-Medicinal Ingredients:**

Ethanol, glycerol, water, Aqua hamamelidis (witch hazel)

*Suitable for vegetarians.*

**Dosage:** Spray 1 to 2 times in each nostril* up to a maximum of 5 times daily or as directed by a health care practitioner.

*A mild burning sensation that may be felt for a few seconds after administration is harmless and helps to moisturize the nasal mucosa membranes.

30 ml drops  
**Item Code:** 11005

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Lappa

**Lymph and Blood Purifier**

Lappa is a blood purifier and a lymph stimulator and contains herbs known as ‘blood cleansers’. This combination of herbs in Lappa makes this an effective and powerful blood purifier and broad-spectrum detoxifying remedy. According to scientific standards of today, the so-called ‘blood purification’ is based on the results of increasing the elimination process of metabolic waste. Lappa increases the elimination of metabolic wastes via the kidneys, intestines and skin.

**Ingredients:**

Each 5 ml contains:

- Birch (Betula pendula) .............................................. 2.1 ml
- Burdock (Arctium lappa) ............................................. 0.6 ml
- Fennel (Foeniculum vulgare) ..................................... 0.21 ml
- Licorice (Glycyrrhiza glabra) ..................................... 0.28 ml
- Mexican sarsaparilla (Smilax officinalis) .................... 0.07 ml
- Heartsease (Viola tricolor) ........................................ 0.56 ml
- Thyme (Thymus vulgaris) ........................................... 0.56 ml

**Non-Medicinal Ingredients:**

Water, ethanol

**Dosage:** Take 60 drops (1 teaspoon) in water two to three times daily or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 10950
Luffa tabs

Sinusitis, Inflammation

Luffa tabs are a traditional German preparation for sinusitis. This homeopathic combination is used for sinusitis, sinobronchitis and associated symptoms including chronic coryza with headache and accompanying bronchitis. It inhibits inflammation in the nose and paranasal sinus, decreases inflammation of lymphatic nodes and tonsils, and stabilizes the function of the sinubronchial complex.

Luffa tabs also stimulate secretion of mucous, facilitate expectoration and inhibit inflammatory processes. In upper respiratory tract inflammation of an allergic origin, they work to decrease the inflammation of the mucous membranes (of the lungs, bronchi, and sinuses).

Ingredients:

Each tablet contains:

- Luffa operculata D6 ...................................................... 20 mg
- Allium cepa D6 ........................................................... 10 mg
- Mercurius sulfuratus ruber D4 ...................................... 20 mg
- Eupatorium perfoliatum D5 ........................................... 10 mg
- Hydrastis canadensis D4 .............................................. 20 mg
- Natrum muriaticum D6 ............................................... 10 mg
- Phosphorus D6 ........................................................... 10 mg
- Sticta pulmonaria D2 .................................................. 10 mg

Non-Medicinal Ingredients:

Lactose, magnesium stearate, starch (potato)

Dosage:

- Take 1 tablet and dissolve on the tongue three times daily or as directed by a health care practitioner.
- Acute: Take 1 tablet and dissolve on the tongue every hour until symptoms improve.

60 tablets

Item Code: 10995

Contains lactose.

Lycopus

Thyroid Support

Lycopus is used for hyperthyroid complaints, tightness in the throat, palpitation, insomnia, anxiety, nervous condition, circulatory disorders, and symptoms related to thyroid dysfunction. It regulates the sympathetic trunk by increasing the vagal tone.

Lycopus contains botanicals and nutrients (Mag phos, Calc phos) that assist in modifying and supporting thyroid activity. In addition to thyroid function, Lycopus assists in a wide range of symptoms secondary to thyroid dysfunction including sleeplessness, feelings of fear, shakiness, perspiration, tachycardia, circulation disturbances, feeling of a lump in the throat and ‘nervous’ gastrointestinal issues.

Ingredients:

Each 100 ml contains

- Calcarea phosphorica D8 ......................................... 16.8 ml
- Chininum arsenicosum D6 ....................................... 13.2 ml
- Lophophytum leandri D6 ....................................... 13.2 ml
- Lycopus virginicus D1 ........................................... 12.9 ml
- Magnesia phosphorica D8 ..................................... 16.8 ml
- Spongia tosta D1 ................................................... 1.1 ml

Non-Medicinal Ingredients:

Ethanol

Dosage: Take 5 drops with water three times daily. When improvement shows, take 1 drop daily or as directed by a health care practitioner.

50 ml drops

Item Code: 10970
Lymphatic Drainage, Immune Support

Lymf-A-Drop works on the body’s elimination organs and pathways including the lymphatic drainage, liver, biliary tract, skin, lungs, and gastrointestinal tract. Lymf-A-Drop is a classic formula to detoxify the lymph, the blood, the extracellular matrix and connective tissues.

Specific conditions in which Lymf-A-Drop is recommended includes: lymphatic congestion (including lymphadenitis, lymphangitis and lymphadenopathy), edema (postoperative, acute or secondary), sports injuries (strains, sprains, contusions, swelling and hematomas), systems diseases (eczema, urticaria, allergies and postsurgical scarring), pediatrics (lymphatic diathesis, recurrent/chronic infections including otitis media), and detoxification programs for general health maintenance and disease prevention.

Ingredients:

Each 100 ml contains:

- Taraxacum D1 .......................... 8.4 ml
- Calendula D1 ................................ 4.7 ml
- Arsenicum album D8 ................. 1.0 ml
- Chelidonium D2 .......................... 0.5 ml
- Leptandra D1 ........................... 0.3 ml
- Echinacea D1 ........................... 0.3 ml
- Phytolacca D2 .......................... 0.2 ml
- Carduus marianus D2 ................. 0.2 ml
- Condrurago D2 .......................... 0.1 ml
- Hydrastis D1 ............................ 0.1 ml
- Lycopodium D2 .......................... 0.1 ml
- Sanguinara D1 .......................... 0.1 ml
- Mercurius solubilis D8 .................. 0.2 ml

Non-Medicinal Ingredients:

Water, ethanol

Dosage: Take 10 drops three times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 10880

Arthritis, Rheumatism, and Gout

Polygonum is a specially formulated homeopathic remedy that provides relief from symptoms related to arthritis, rheumatism and gout. It works by increasing the excretion of uric acid, improves the circulatory flow of the capillaries and tissues and has anti-inflammatory effects.

This remedy is specifically used for arthritis, inflammatory and degeneration afflictions of the joints, rheumatism arthrosis, spondylarthrosis, cervical and lumbar syndrome and uric-acid diathesis (gout). It is also proven to be effective for neuralgic pain, neuritis and ischialgia.

Ingredients:

Each 100 ml contains:

- Colchicum autumnale D3 ................. 5 ml
- Colocynthis D3 ............................ 5 ml
- Gnaphalium polycephalum D2 ............. 5 ml
- Ichthyolum D3 ............................. 5 ml
- Kalium iodatum D4 ........................ 5 ml
- Polygonum aviculare D4 .................... 30 ml
- Acorus calamus D4 ........................ 10 ml
- Rhododendron chrysanthemum D3 .......... 5 ml
- Symphytum officinale D1 .................. 0.3 ml
- Rhus toxicodendron D4 ................... 10 ml

Non-Medicinal Ingredients:

Ethanol

Dosage: Take 15 to 25 drops in water three to five times daily or as directed by a health care practitioner.

Acute: Take 10 to 15 drops in water every one to two hours, to a maximum of 12 times daily or as directed by a health care practitioner.

50 ml drops  
Item Code: 10935
Rubus

Pancreas, Digestion, Type II

This homeopathic preparation works to stimulate the islet system (hormones insulin and glucagon) in the pancreas, increases the pancreatic secretion (enzymes and hormones) and lowers blood sugar (hyperglycemia, diabetes mellitus) by regulating the sugar metabolism via the intestine, liver and kidneys. Studies have shown an increase in diabetes, particularly due to insecticide intoxication, and this remedy has proven effective in cases of insecticide intoxication.

Ingredients:

Each 100 ml contains:

- Iris versicolor D4 ........................................................... 20 ml
- Vaccinium myrtillus D3 ........................................... 20 ml
- Okoubaka aubreville D6 ........................................... 20 ml
- Rubus fruticosus D2 ...................................................... 20 ml
- Syzygium jambolanum D3 ......................................... 20 ml

Non-Medicinal Ingredients:

Ethanol

Dosage:

- Take 20 drops in one tablespoon of water twice daily or as directed by a health care practitioner.
- Acute: Take 25 drops three to four times daily.

50 ml drops  

Item Code: 10940

Sabal Serrulatum

Prostate Health, Libido, Bladder & Ovarian

This homeopathic formula is used for enlarged prostate with difficulty during urination, BPH (Benign Prostatic Hyperplasia - with hesitancy, difficulty or pain in urination, a weak urine flow, a frequency or urgency to pass urine and increased frequency needing to use the toilet at night), acute and chronic bladder irritation, prostatitis, impotence, formation of residual urine in the bladder, decreased libido and ovarialgia (in females). It acts on the membrane-prostatic portion of the urethra, promotes tissue regeneration and enhances libido due to the increased circulation to the prostate gland.

Ingredients:

Each 50 ml contains:

- Sabal serrulata D1 ................................................... 16.7 ml
- Lycopodium clavatum D4 ........................................ 16.7 ml
- Pareira brava D4 .................................................. 16.7 ml

Non-Medicinal Ingredients:

Ethanol

Dosage:

- Take 10 drops in water every half hour until signs of improvement to a maximum of 12 times daily. Then take 25 - 30 drops in water three times daily or as directed by a health care practitioner.

50 ml drops  

Item Code: 11040
Solidago

Kidney, Bladder and Urinary Tract

Solidago is a homeopathic combination formulated for the urinary bladder, urinary tract and kidneys. It is recommended for all kidney affections and acute and chronic infections of the urethra, pyelitis, cystitis, urine retention and prostate conditions. Solidago works through anti-inflammatory effects, by stimulating diuresis and excretion of matter eliminated with the urine, stops cramps of the urinary passages, protects the epithelium coating and prevents the formation of crystallized materials.

Other common symptoms that Solidago can be used for include burning in the urethra, pain or burning during or at the end of urination, frequent urination or urging, bloody urine or discharge, enuresis, prostate hypertrophy, and renal colic.

Ingredients:

Each 100 ml contains:

- Borax D8 .......................................................... 2.5 ml
- Cantharis D4 ..................................................... 2.5 ml
- Herniaria glabra D1 ......................................... 30 ml
- Pareira brava D3 .............................................. 5.0 ml
- Populus tremuloides D2 .................................... 2.5 ml
- Solidago virgaurea D1 ..................................... 30 ml
- Staphysagria D3 ................................................. 2.5 ml
- Terebinthina D6 ............................................... 2.5 ml
- Uva ursi D1 ...................................................... 20 ml

Non-Medicinal Ingredients:

Ethanol

Dosage: Take 40 drops in water three times daily or as directed by a health care practitioner.

Acute: Take 40 drops in water five times daily.

50 ml drops  Item Code: 10945
Detox Kit

Liver, Kidney and Lymphatic Detoxification

The Nestmann Pharma Detox Kit contains homeopathic and herbal preparations for the major organ systems involved in detoxification: the liver and gallbladder, intestines, kidneys and lymph. The drainage remedies in this kit will improve organ function and increase circulation to targeted organs, thus increasing elimination of waste products from the tissues and cells in the body.

**A-Hepatica**: Liver and gallbladder drainage and detoxification, optimizes bile production and flow, and digestive regulation.

**Solidago**: Kidney drainage and detoxification, supports kidney and urinary bladder function, diuretic.

**Lymf-A-Drop**: Lymphatic drainage and detoxification of toxins and metabolic waste, stimulates immune system.

**Recommended Dosage (Adult)**: Take 17 drops each of A-Hepatica, Solidago and Lymf-A-Drop combined in water three times daily, or as directed by a health care practitioner.

**Ingredients**:

See individual product details for medicinal ingredients, contraindications and cautions/warnings. The combined Nestmann Pharma Detox Kit remedy dosage is different than the individual label dosage for each of the remedies.

3 products  
**Item Code**: 99001  
*For optimal results: 6 weeks (2 kits)*.
Tools and Reference Materials

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com

Nestmann Pharma Compendium

The Nestmann Pharma homeopathic and herbal compendium is a great desktop reference tool for using the Nestmann Pharma remedies. It provides extensive details on each remedy including ingredients, dosage, contraindications and clinical pearls from health care practitioner’s experience. The compendium also contains general reference material on drainage remedies with a history of Nestmann Pharma, a quick reference guide by indication for the entire Nestmann Pharma line, and comprehensive protocols using the Nestmann drainage remedies.

Item Code: 810-610-CM001

Nestmann Pharma Test Kit

The Nestmann Pharma test kit is a collection of test vials for the full line of Nestmann Pharma remedies available through Biomed.

Item Code: 10000
Dr. Günther Enderlein worked ceaselessly and meticulously observing drops of living blood under the microscope. Based upon his extensive research, observations and experiments, Dr. Enderlein proved that blood is not sterile and that microorganisms undergo various developmental stages based upon the milieu. These conclusions form the basis of pleomorphism and isopathy therapy, with Dr. Enderlein’s original isopathic and immunobiological remedies available as the Pleo Sanum remedies made by SANUM-Kehlbeck in Germany.
Pleo Sanum

Pleo Sanum products by SANUM-Kehlbeck GmbH are the original isopathic and homeopathic remedies from Germany. Pleo Sanum is a product system first developed in 1944 and is manufactured and distributed worldwide by SANUM-Kehlbeck in Germany.

For over 60 years, Pleo Sanum isopathic, homeopathic and supplement preparations has been a keystone of biological medicine for chronic and acute conditions. Pleo Sanum therapy is widely recognized to positively influence the regulatory processes, the internal milieu, immune response capacity and the symbiotic bacterial ecology within the body.

Experience the breakthrough success enjoyed by holistic medicine peers around the world. Welcome to the Pleo Sanum Biological Medicine family.
The Pleo Sanum isopathics, homeopathics and supplements provide broad spectrum alternatives that support symptoms of acute and chronic inflamations and infections.

Dr. Gunther Enderlein (1872 - 1968) proved that blood is not sterile and that microorganisms undergo various developmental stages based upon the milieu. From the pleomorphic perspective, the internal environment is largely responsible for the establishment of viral, bacterial, inflammatory and degenerative physiology. This thinking leads to the conclusion that bacterial or viral infections, and chronic inflammatory and degenerative diseases can be reversed by modulating the milieu to optimize physiological function.

With foundations in pleomorphism, Pleo Sanum finds an important and pervasive role as a key restorative tool within the Biological Medicine modality. Biological Medicine principles emphasize optimizing the body's natural systems by promoting regulation, regeneration, adaptation and self-healing.

The Pleo Sanum therapy provides tools for:

- Acid-base balance through milieu modulation
- Milieu self-regulation and toxic excretion
- Promoting detoxification and healthy intestinal flora
- Modulation of pleomorphic behaviour of microorganisms causing pathological conditions
- Stimulation of immuno-modulation
- Enhancing immune response capacity
- Addressing trace mineral and vitamin deficiencies
- Resolving acute and chronic degenerative conditions
- Addressing the cause, not just the symptoms of disease

This family of remedies is suitable for all ages (newborn to elderly), has shown no toxicity and exhibits no side effects or interactions with other medications.

Pleo Sanum Products are Available in the Following Forms

- Drops
- Tablets
- Capsules
- Suppositories
- Ointment
- Sips

All Sanum Products Are: Vegetarian, Safe for Use by Children, Homeopathic, No Preservatives, Gluten Free. Suppositories, capsules and tablets contain lactose.
Pleo ALB (Albicansan)
Pleo Alb (Albicansan) is for chronic and systemic mycosis (fungus) of the mucous membranes.

**Ingredients:**
Candida albicans

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 3X - 10 suppositories
- 3X - 30 g ointment
- 4X - 20 capsules
- 5X - 10 ml drops
- 5X - 10 sips
- 5X - 50 sips

**Item Code:** 0103-1

**pH Indicator Paper**
Litmus paper strips for testing pH (acid-base) values.

- Booklet of 48 pH strips

**Item Code:** 0197-0

Pleo ALKALA ‘N’ Powder
Pleo Alkala ‘N’ powder is a base mixture, excellently suited for correction of the acid-base balance in the organism by decreasing tissue acidosis and increasing mitochondrial respiration.

**Ingredients:**
Each 150 g contains:
- Sodium bicarbonate .................................................. 133.93 g
- Potassium bicarbonate ................................................. 13.40 g
- Sodium citrate ............................................................... 2.67 g

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 150 g powder

**Item Code:** 6001-1

Pleo CERIVI (Cerivikehl)
Pleo Cerivi (Cerivikehl) promotes circulation of the mucous membranes and is used for conditions of the respiratory tract including: sinusitis, laryngitis, bronchitis, dry cough and for lack of appetite.

**Ingredients:**
Cetraria islandica

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 1X - 30 ml drops
- 3X - 10 sips
- 3X - 50 sips

**Item Code:** 7001-3

Pleo CHRYSOAN (Chrys)
Pleo Chrysosan (Chrys) contains human-placenta hydrolysate to stimulate the metabolism and to address functional disturbances of the male gonads, climacterium virile, conditions of “old age”, sexual asthenia (libido), hypogenitalism, sexual adynamia (libido), hypogenitalism, sexual adynamia and as an adjuvant for cellular regeneration.

**Ingredients:**
Placenta hydrolysate (human)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 4X - 20 capsules

**Item Code:** 1086-3

Pleo CITRO (Citrokehl)
Pleo Citro (Citrokehl) is homeopathic citric acid used to support the Kreb’s citric acid cycle. It increases cellular metabolism and blood viscosity and decreases lactic acid production and fluid retention. Also supports the use of Pleo Nig (Nigersan) by increasing Aspergillus niger activity.

**Ingredients:**
Acidum citricum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 10X 30X 200X - 100 ml drops
- 10X 30X 200X - 10 sips
- 10X 30X 200X - 50 sips
- 10X 30X 200X - 80 tablets

**Item Code:** 8001-1

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**Pleo FORM (Formasan)**

Pleo Form (Formasan) is homeopathic formic acid and is used for complaints of allergies, rheumatism and inflammation.

**Ingredients:**

Acidum formicicum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 6X 12X 30X 200X - 30 ml drops **Item Code:** 0114-3
- 6X 12X 30X 200X - 10 sips **Item Code:** 0115-1
- 6X 12X 30X 200X - 50 sips **Item Code:** 0115-2

**Pleo GINKGO (Ginkgobakehl)**

Pleo Ginkgo (Ginkgobakehl) is used for circulatory disturbances (arterial and peripheral), arteriosclerosis, and weakness in concentration and tiredness.

**Ingredients:**

Gingko biloba e foliis sicc

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 1X - 30 ml drops **Item Code:** 9001-3
- 4X - 10 sips **Item Code:** 9002-1
- 4X - 50 sips **Item Code:** 9002-2

**Pleo LARI (Larifikehl)**

Pleo Lari (Larifikehl) is for lung conditions as well as inflammation of the digestive organs and fever.

**Ingredients:**

Laricifomes officinalis e mycelio

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 4X - 20 caps **Item Code:** 1302-1
- 5X - 10 ml drops **Item Code:** 1301-1
- 5X - 10 sips **Item Code:** 1303-1
- 5X - 50 sips **Item Code:** 1303-2

**Pleo MUC Eye Drops (Mucokehl)**

Pleo Muc (Mucokehl) is used in circulatory and congestive conditions. It increases circulation and decreases congestion, especially affecting the cardiovascular and lymphatic systems. It is specifically useful for glaucoma, cataract, scintillating scotoma and conjunctivitis.

**Ingredients:**

Mucor racemosus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 5X - 10 .5 ml single use drop vials* **Item Code:** 1822-1
  *Homeopathic Ophthalmic Demulcent Medicine without preservatives, can be used with contact lenses.

**Pleo MUCEDO (Mucedokehl)**

Pleo Mucedo (Mucedokehl) is used for regulatory dysfunction of the limbic system, to increase microcirculation to the endocrine glands and brain, for thyroid function disturbances, upper respiratory tract conditions and neuro-vegetative syndrome (anxiety).

**Ingredients:**

Mucor mucedo

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 3X - 10 suppositories **Item Code:** 1703-1
- 4X - 20 caps **Item Code:** 1702-1
- 5X - 10 ml drops **Item Code:** 1701-1
- 5X - 10 sips **Item Code:** 1704-1
- 5X - 50 sips **Item Code:** 1704-2

**Pleo MUSCAR (Muscarsan)**

Pleo Muscar (Muscarsan) is for detoxification (from drugs and medication), muscle spasms, organs and blood vessels, migraines and nervous disorders (intestinal).

**Ingredients:**

Amanita muscaria

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 6X - 10 sips **Item Code:** 0802-1
- 6X - 50 sips **Item Code:** 0802-2
### Pleo OKU (Okoubasan)

Pleo Oku (Okoubasan) is derived from Okoubaka aubrevillei and is used in cases of food poisoning, healing of infectious diseases of the gastrointestinal tract, food intolerances and during elimination of metabolic waste products.

**Ingredients:**
Okoubaka aubrevillei

**Dosage:** See Pleo Sanum Materia Medica for dosage.

<table>
<thead>
<tr>
<th>Item</th>
<th>Code</th>
</tr>
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<tbody>
<tr>
<td>2X - 30 ml drops</td>
<td>2401-3</td>
</tr>
<tr>
<td>2X - 80 tablets</td>
<td>2402-2</td>
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</tbody>
</table>

### Pleo PEF (Pefrakehl)

Pleo Pef (Pefrakehl) is used for enteral mycosis when fungus first enters orifices and for dental conditions.

**Ingredients:**
Candida parapsilosis

**Dosage:** See Pleo Sanum Materia Medica for dosage.

<table>
<thead>
<tr>
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<th>Code</th>
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<tbody>
<tr>
<td>3X - 10 suppositories</td>
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<tr>
<td>3X - 30 g ointment</td>
<td>2504-1</td>
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<tr>
<td>4X - 20 capsules</td>
<td>2502-1</td>
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<tr>
<td>5X - 10 ml drops</td>
<td>2501-1</td>
</tr>
<tr>
<td>6X - 10 sips</td>
<td>2505-1</td>
</tr>
<tr>
<td>6X - 50 sips</td>
<td>2505-2</td>
</tr>
</tbody>
</table>

### Pleo PIN (Pinikehl)

Pleo Pin (Pinikehl) is used for conditions of the liver and spleen and for intermittent fever.

**Ingredients:**
Fomitopsis pinicola e mycelio

**Dosage:** See Pleo Sanum Materia Medica for dosage.

<table>
<thead>
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<td>2701-1</td>
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<tr>
<td>5X - 10 sips</td>
<td>2705-1</td>
</tr>
<tr>
<td>5X - 50 sips</td>
<td>2705-2</td>
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### Pleo REBASAN (Rebas)

Pleo Reb (Rebas) contains Peyer’s patches extract for chronic and recurrent inflammations, including disturbances in the humoral body defense, gastrointestinal conditions, chronic hepatitis and angina lacunaris.

**Ingredients:**
Peyer’s patches extract

**Dosage:** See Pleo Sanum Materia Medica for dosage.

<table>
<thead>
<tr>
<th>Item</th>
<th>Code</th>
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<tbody>
<tr>
<td>4X - 20 capsules</td>
<td>3011-1</td>
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</table>

### Pleo RELIVORA (Relivora)

Pleo Relivora is used for stimulation of endogenic defensive capacities in feverish processes, stimulate the immune system, conditions of the upper respiratory tract and inflammatory processes of the pulmonary tract (including hard dry cough, bronchitis and whooping cough).

**Ingredients:**
Drosera 3X, Echinacea angustifolia 2X, Juglans 4X

**Dosage:** See Pleo Sanum Materia Medica for dosage.

<table>
<thead>
<tr>
<th>Item</th>
<th>Code</th>
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<tbody>
<tr>
<td>2X 3X 4X - 30 ml drops</td>
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<tr>
<td>2X 3X 4X - 10 sips</td>
<td>6201-1</td>
</tr>
<tr>
<td>2X 3X 4X - 50 sips</td>
<td>6201-2</td>
</tr>
</tbody>
</table>
PLEO SAN (SANUKEHLS)

The Pleo San (Sanukehls) are a group of remedies that use polysaccharide extracts from the cell walls of various infectious bacterial species to serve as markers for CWD (cell wall deficient) bacteria. They form complete antigens, which allow the body to recognize and eliminate bacterial toxins or proteins released from previous infections.

Pleo SAN BRUCEL (Sanukehl Brucel)

Pleo San Brucel (Sanukehl Brucel) is for dysmenorrhea, influenza, intermittent fever and subacute rheumatoid arthritis.

Ingredients:
Brucella melitensis

Dosage: See Pleo Sanum Materia Medica for dosage.

6X - 10 ml drops Item Code: 1234-1
6X - 10 sips Item Code: 1235-1
6X - 50 sips Item Code: 1235-2

Pleo SAN CAND (Sanukehl Cand)

Pleo San Cand (Sanukehl Cand) is used for candida mycosis, and conditions associated with the upper and lower digestive tract (stomatitis, aphthous ulcers, pain in small intestine, colitis, constipation after treatment with antibiotics), gingivitis, eczema and dermatosis (especially following antibiotic treatment).

Ingredients:
Candida albicans

Dosage: See Pleo Sanum Materia Medica for dosage.

5X - 10 sips Item Code: 1315-1
5X - 50 sips Item Code: 1315-2
6X - 10 ml drops Item Code: 1316-1

Pleo SAN KLEBS (Sanukehl Klebs)

Pleo San Klebs (Sanukehl Klebs) is a supportive therapy for influenza, pneumonia, bronchial asthma and other respiratory conditions and after antibiotic therapy.

Ingredients:
Klebsiella pneumoniae

Dosage: See Pleo Sanum Materia Medica for dosage.

6X - 10 ml drops Item Code: 1214-1
6X - 10 sips Item Code: 1215-1
6X - 50 sips Item Code: 1215-2

Pleo SAN PROT (Sanukehl Prot)

Pleo San Prot (Sanukehl Prot) is used for Helicobacter pylori infection, gastritis, dysbiosis, upper digestive conditions, bladder (including bed wetting), genitals and herpes.

Ingredients:
Proteus vulgaris

Dosage: See Pleo Sanum Materia Medica for dosage.

7X - 10 sips Item Code: 1245-1
7X - 50 sips Item Code: 1245-2

Pleo SAN STAPH (Sanukehl Staph)

Pleo San Staph (Sanukehl Staph) is used for staphylococcus infections, sinusitis, angina, meningitis, pleuropneumonia and anthrax.

Ingredients:
Staphylococcus aureus

Dosage: See Pleo Sanum Materia Medica for dosage.

6X - 10 ml drops Item Code: 1284-1
5X - 10 sips Item Code: 1285-1
5X - 50 sips Item Code: 1285-2

Pleo SAN STREP (Sanukehl Strep)

Pleo San Strep (Sanukehl Strep) is used for strep throat, skin infections, carditis, chronic rheumatoid arthritis and migraine.

Ingredients:
Streptococcus pyogenes

Dosage: See Pleo Sanum Materia Medica for dosage.

5X - 10 sips Item Code: 1295-1
5X - 50 sips Item Code: 1295-2
6X - 10 ml drops Item Code: 1294-1
Pleo SANUVIS *(Sanuvis)*

Pleo Sanuvis is L (+) lactic acid that is used to increase mitochondrial respiration, decrease lactic acid (-) build-up in the muscles and lower blood pH. It also supports treatment while using Pleo Muc (Mucokehl), by increasing Mucor racemosus activity.

**Ingredients:**

Acidum L (+) lacticum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 4X 6X 12X 30X 200X - 100 ml drops **Item Code:** 6300-1
- 4X 6X 12X 30X 200X - 10 sips **Item Code:** 6302-1
- 4X 6X 12X 30X 200X - 50 sips **Item Code:** 6302-2
- 4X 6X 12X 30X 200X - 80 tablets **Item Code:** 6303-1

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Pleo SELENE *(Selenokehl)*

Pleo Selene (Selenokehl) is used for amalgam detoxification and in case of selenium deficiency due to malnutrition and malabsorption.

**Ingredients:**

Sodium selenite

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 4X - 10 ml drops **Item Code:** 0901-3

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Pleo STROPH *(Strophanthus)*

Pleo Stroph (Strophanthus) supports cardiac function by increasing the systolic phase and lowering the heart rate. For edema, weak heart, brittle blood vessels, pneumonia, exhaustion from post-operative bleeding, uterine bleeding and pain associated with menopause.

**Ingredients:**

Strophanthus gratus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 4X - 30 ml drops **Item Code:** 9011-1

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Pleo THYM *(Thymokehl)*

Pleo Thym (Thymokehl) contains thymus gland extract to strengthen the immune system in chronic conditions, increase cellular metabolism and is used for all degenerative processes in the lumbar vertebral column area.

**Ingredients:**

Thymus gland extract

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 6X - 20 capsules **Item Code:** 5200-1
- 6X - 10 sips **Item Code:** 5005-1
- 6X - 50 sips **Item Code:** 5005-2
- 6X - 10 suppositories **Item Code:** 5002-1
Pleo USNEA (Usneabasan)

Pleo Usnea (Usneabasan) is used for conditions of the head region: congestive headaches, migraines and sunstroke.

Ingredients:
Usnea barbata

Dosage: See Pleo Sanum Materia Medica for dosage.
1X - 30 ml drops Item Code: 5101-3

Pleo USTI (Ustilakehl)

Pleo Usti (Ustilakehl) is used for conditions of the uterus including hemorrhage, dysmenorrhea, metrorrhagia, headaches and menopausal symptoms.

Ingredients:
Ustilago zeae e sporibus rec.

Dosage: See Pleo Sanum Materia Medica for dosage.
5X - 10 ml drops Item Code: 5601-1
5X - 10 sips Item Code: 5603-1
5X - 50 sips Item Code: 5603-2
5X - 10 suppositories Item Code: 5604-1

Pleo ZINC (Zinkokehl)

Pleo Zinc (Zinkokehl) is used for zinc deficiency, fractures, delayed bone growth, arthritis, skin diseases, burns, reduced wound healing and ulceration of the lower leg.

Ingredients:
Zinc gluconate

Dosage: See Pleo Sanum Materia Medica for dosage.
3X - 30 ml drops Item Code: 5502-1
4X - 10 sips Item Code: 5501-1
4X - 50 sips Item Code: 5501-2

Pleo UT ‘S’ (Utilin ‘S’)

Pleo Ut ‘S’ (Utilin ‘S’) acts as a strong immune modulator in conditions of the respiratory tract, extra pulmonary tuberculosis and lungs. Also for fever and conditions of weakness.

Ingredients:
Mycobacterium phlei

Dosage: See Pleo Sanum Materia Medica for dosage.
6X - 5 ml drops Item Code: 5401-2

5X - 10 ml drops
5X - 10 sips
5X - 50 sips
5X - 10 suppositories
Tools and Reference Materials

A. Pleo Sanum Materia Medica
Materia Medica for the entire line of Pleo Sanum remedies.

Item Code: 9801-8
(Complimentary with product order)

B. Pleo Sanum Therapy Prescription Book
Pleo Sanum acute and chronic condition protocols (including neural therapy protocols).

Item Code: 9802-8
(Complimentary with product order)

C. The Sanukehls – Preparations Book
A collection of research papers on Haptenic theory and clinical application of the Sanukehls (Pleo San remedies).

Item Code: 9803-8
(Complimentary with product order)

D. Holistic Dentistry: Articles by Pleo Sanum Practitioners from the Dental and Medical Field
A collection of articles on dental medicine and Pleo Sanum applications.

Item Code: 9804-8
(Complimentary with product order)

E. Biological Medicine - The Future of Natural Healing
By Dr. Thomas Rau, M.D.
An in-depth understand of Biological and Holistic medicine.

Item Code: 9704-9

F. Introduction to Darkfield Diagnostics
By Cornelia Schwerdtle and Franz Arnoul
Introductory Darkfield book with many diagrams and illustrations.

Item Code: 9700-8

G. Unappreciated Friend or Unsuspected Foe
By Maria Bleker
Darkfield book or CD to support Dr. Enderlein’s research with illustrations.

Book Item Code: 9705-8
CD Item Code: 9706-5

H. The Four Steps of Isopathic Therapy
By Dr. Konrad Wertmann
Introduction and theory of Pleo Sanum therapy.

Item Code: 9707-8
Tools and Reference Materials

I. Sanum Therapy in the Practice
   By Harold Krebs
   Pleo Sanum acute and chronic condition protocols (including neural therapy).
   Item Code: 9701-8

J. A Comprehensive Guide to Sanum Therapy
   By Günter Weigel.
   Intermediate theory and protocols for Pleo Sanum therapy.
   Item Code: 9703-8

K. Bacteria Cyclogeny
   By Dr. Enderlein.
   Dr. Enderlein’s research on Pleomorphism and the basis of the Pleo Sanum remedies.
   Item Code: 9750-8

L. Successful Treatments for Allergies & Chronic Disorders
   By Dr. Konrad Wertmann.
   Intermediate Pleo Sanum therapy with theory and protocols.
   Item Code: 9702-8

M. Paracelsus Dental Poster
   A detailed chart of the teeth and their related organs and relationship to disease.
   Item Code: 800-LP00-1

N. Pleo Sanum Test Kit
   The Pleo Sanum Test Kit is a collection of test vials for the full product line (including all forms and potencies) of the Pleo Sanum remedies.
   Item Code: 0000-2

O. Pleo Sanum Intestinal Kit
   This Pleo Sanum program and simultaneous diet modifications are the foundation for all of the regenerative and restorative programs developed by the Paracelsus Clinic in Switzerland. This 6 week restorative program can bring about significant healing for the whole body and can significantly improve response to other therapy measures. This kit includes:
   1 Pleo Alkala powder, 1 Pleo Sanuvis tablets, 1 Pleo Citro tablets, 1 Pleo Rebasan caps, 1 Pleo Pef drops, 1 N-A-G caps.
   Item Code: 96969

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com
Rubimed

Rubimed is a revolutionary natural healing modality from Europe that combines ancient healing knowledge with modern complementary medicine and psychology. Introduced into North America over a decade ago, the Rubimed remedies have been clinically proven to resolve negative health effects of psychological trauma, anxiety and stress.

Fundamental understanding of Rubimed and Psychosomatic Energetics (PSE) is derived from the knowledge that a harmonious and free-flowing energy system is important for mental, emotional and physical health.

Decades of research lead German physician, Dr. Reimar Banis, to develop technology that can be utilized in a clinical setting to identify the draining energetic influences and emotional conflicts that are believe to be causal in disease. The appropriate Rubimed therapy serves to resolve the depleting energetic influences and begins a holistic self-healing process.

Experience the success of this family of natural remedies for emotional issues.
Dr. Reimar Banis, German physician and researcher, brings a new understanding to the way of thinking about sickness and health with the revolutionary healing modality of Rubimed. Dr. Banis has taken centuries-old chakra and aura theories and put them into the modern day context of biophysics, homeopathy and psychology. This led to the establishment of Psychosomatic Energetics (PSE) and the Rubimed remedies.

According to PSE, subtle energy flows through the body and is the source of health, vitality and well-being. Illness is associated with emotional trauma that becomes repressed into the subconscious and stored in the human subtle energy field. Unresolved, these unconscious emotional conflicts lead to a reduced flow of energy that contributes to physical, mental and/or emotional disorders.

Rubimed therapy is used for healing past emotional trauma. Rubimed therapy entails a systematic approach using applied kinesiology testing methods and the Reba® Device to determine the active emotional conflict and appropriate remedies for its resolution. The Rubimed remedies include the Chavita® remedies for the chakras with their corresponding Emvita® remedies for the emotional conflicts, which are usually prescribed as pairs. In addition, there are remedies for geopathy and acute conditions. For a full description and understanding of all 40 Rubimed remedies, refer to the Rubimed Practitioner Guide.

The Reba® Device measures an individual’s energy levels, corresponding to physical, emotional, mental and causal states of health. The Reba® Device is versatile and can also be used for organ testing, food sensitivity testing and testing the compatibility of other remedies including supplements and pharmaceuticals.

A two year study conducted in 10 European clinics with 1002 cases showed an 86.5% success rate using the Rubimed remedies for resolving anxiety, depression, behavioural disorders, pain, adrenal burnout, sleep disorders, autonomic dysfunctions, respiratory and gastrointestinal conditions, allergies, hormonal disorders, skin conditions and stress.

Thousands of health care practitioners have utilized this healing modality in Europe for over two decades. Introduced to North America over 10 years ago, Rubimed has become the essential tool in complementary medicine practices to resolve depleting energetic influences and begin a holistic self-healing process.

This is the time to successfully address your patient’s emotional issues. Inquire about Rubimed therapist trainings in your area.

All Rubimed Products Are:
Rubimed therapy uses a systematic approach where the Chavita® remedies are paired with their corresponding Emvita® remedies. For a full description and understanding of Chavita® 1 to 7 and Emvita® 1 to 28, please refer to the Rubimed Practitioner Guide and become trained as a Rubimed Therapist.

<table>
<thead>
<tr>
<th>CHAVITA® 1</th>
<th>CHAVITA® 2</th>
<th>CHAVITA® 3</th>
<th>CHAVITA® 4</th>
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<tr>
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<td>Emvita® 22</td>
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**CHAVITA® 1**

Chavita® 1 is the remedy for the first or root chakra. This chakra is situated in the pelvic region, is associated with the ovaries and testes and regulates the autonomic functions of the pelvic organs. The energetic function is to be rooted and grounded, and provides vitality. It also involves basic (primal) trust and self-esteem.

**Ingredients:**
- Silicea D 21
- Carbo vegetabilis C 50
- Urtica urens D 21
- Oophorinum (ovary) D 21
- Orchitinum (testes) D 21

**Non-Medicinal Ingredients:** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care health care practitioner.

50 ml drops  **Item Code:** 00293

**Emvita® 1**

Emotional issues addressed: You may experience feelings of not being good enough, worthlessness, inferiority, or low self-esteem. You may lack confidence and may have identity issues. You may feel that you do not have the inner strength to deal with the burdens in life and may be exploited or feel like a victim. You may feel you have to struggle more than others, yet still are not good enough.

**Ingredients:**
- Kali carbonicum C800
- Lachesis mutus LM18
- Pulsatilla vulgaris D21
- Orchitinum (testes) D21

**Non-Medicinal Ingredients:** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  **Item Code:** 00019

**Emvita® 2**

Emotional issues addressed: You may experience difficulty with focusing and concentration, can easily be distracted or get lost in thought. You may live life halfheartedly with a lack of conviction and have a tendency to postpone and avoid things. You may not feel grounded, without firm roots or like a leaf blowing in the wind. You may not have realized your full potential, your place in life, your destiny or your purpose. You would rather be somewhere else (another family, another workplace, another country). You may withdraw in stressful situations.

**Ingredients:**
- Calcarea phosphorica C800
- Cuprum metallicum LM18
- Pulsatilla vulgaris D21
- Orchitinum (testes) D21

**Non-Medicinal Ingredients:** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  **Item Code:** 00026
Emvita® 3

Emotional issues addressed: You may feel overwhelmed; not strong enough to cope with life’s challenges. You may hide your strengths from the world and live life as a never ending struggle. You may experience indecision and tend towards postponing things or procrastination. You may have feelings of helplessness, loss of control, or being stuck in certain circumstances and you may feel dependent on others. You lack willpower, cannot face life’s challenges and feel incapable of making changes for the better. You may hide behind a mask of managing and toughness.

Ingredients:
- Apis mellifica C800
- Conium maculatum LM18
- Ophorinum (ovary) D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00033

Emvita® 4

Emotional issues addressed: You may be hard on yourself and have high expectations for yourself and others. You may conduct your life in a very self controlled fashion and present an appearance of being calm, balanced and in control however, this is a façade as you don’t want to show your true feelings to others. You may appear emotionless or indifferent and have trouble expressing your feelings. There is a tendency to suppress your emotions or override them with tasks that need to be fulfilled.

Ingredients:
- Platinum metallicum C50
- Oleum petrae LM16
- Stramonium foetidum LM18
- Ophorinum (ovary) D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00040

CHAVITA® 2

Chavita® 2 is the remedy for the second or sacral chakra. This chakra is situated in the lower abdomen below the navel, is associated with the adrenal glands and regulates the autonomic function. The energetic function is to create and sustain balance, especially during stressful situations. This chakra also regulates water metabolism, adrenal hormones (adrenaline and cortisol), maintenance of mineral reserves, toxin excretion and functions with respect to behaviour during stress (fight or flight response).

Ingredients:
- Platinum metallicum C50
- Causticum C200
- Argentum metallicum D21
- Thuja virginiana D21
- Juniperus virginiana D21
- Lavandula angustifolia D21
- Glandula suprarenalis suis D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00039

Emvita® 5

Emotional issues addressed: You may have excess nervous energy that can make you feel restless, excitable or tense. You may feel ‘butterflies in the stomach’ or like a ‘live humming wire’. You always need to be busy and find it hard to relax and let go or alternatively, you are so tired yet unable to ‘turn off’ and fall asleep. You find yourself often in a hurry, always under stress. The stress can manifest as physical symptoms*. You may appear calm on the outside but need to release pressure by being very talkative, while fearing an interruption in the stream of your thoughts.

Ingredients:
- Bufo rana C800
- Pulsatilla vulgaris LM16
- Cuprum metallicum LM18
- Zincum metallicum D21
- Phosphorus D21
- Glandula suprarenalis suis D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00057
Emvita® 6

Emotional issues addressed: You may appear calm and controlled on the outside, but are full of worry, anxiety or apprehension on the inside. You may not be aware of anxious feelings, as you want to feel mentally strong. Tension, anxiety, worry or fear is deposited into the body’s cells and organs (somatized fears), creating physical symptoms (i.e. low back pain, diarrhea). You experience chronic mental and physical overexertion, yet continue to push past your own boundaries and have a hard time saying ‘no’.

Ingredients:
- Phosphorus C800
- Secale cornutum LM16
- Arsenicum album LM18
- Lachesis mutus D21
- Glandula suprarenalis suis D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00064

Emvita® 7

Emotional issues addressed: You may appear strong and in control on the outside, but feel weak, tired or vulnerable on the inside. You lack inner peace. You hide behind false self confidence, which may be seen as arrogance or defiance. Despite feelings of weakness, you still push on resulting in a tendency to exert yourself until you drop. You often exceed your own limits.

Ingredients:
- Lycopodium clavatum LM16
- Lachesis mutus C800
- Anacardium occidentale LM18
- Phosphorus D21
- Glandula suprarenalis suis D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00071

Emvita® 8

Emotional issues addressed: You may desire connections and relationships, but have difficulty opening up and approaching others. You feel alone, not part of the group and not understood. You may have had a circumstance in life that makes you feel different from everyone else. You hesitate to embrace life and may isolate yourself from others and/or life. Feelings of isolation lead to unhappiness, indifference, lethargy, and inactiveness.

Ingredients:
- Ammonium carbonicum C800
- Graphites LM16
- Chininum arsenicosum LM18
- Escholtzia californica D21
- Calcarea carbonica D21
- Pancreas suis D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00088
Emvita® 9

Emotional issues addressed: You may suppress and/or bottle up your emotions. You may have the tendency to get frustrated, irritated or angry very quickly, especially if things don’t go the way you want. You get stuck in anger instead of digesting the experience and moving on (stomach ulcers). You try to control your emotions, but may find you ‘lose it’ instead. You try to act calmly, nicely and politely to others, even if someone hurts your feelings (silent sufferer). You tend to satisfy the needs of others and not have your own wishes fulfilled.

**Ingredients:**
- Hepar sulphuris D21
- Lycopodium clavatum C800
- Sulphur LM18
- Tarantula hispana LM16
- Pancreas suis D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00095

Emvita® 10

Emotional issues addressed: You may have a persistent feeling of dissatisfaction, frustration and a ‘hunger’ for more. You may feel that you are not getting your share in life. You are not satisfied with what you have, it is never enough. You may project an image of calmness and contentment. In order to be happy, you expect more out of life: you may yearn for more knowledge, wisdom, depth, wealth, power, possessions, fun and the good things in life.

**Ingredients:**
- Agnus castus D21
- Arum triphyllum LM18
- Hepar sulphuris C800
- Lachesis mutus LM16
- Petroleum D21
- Pancreas suis D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00101

CHAVITA® 4

Chavita® 4 is the remedy for the fourth or heart chakra. This chakra is situated in the region of the heart, is associated with the thymus gland and regulates the immune system function in addition to the heart, lungs and circulation. The energetic function is developing trust and opening one’s heart to love: developing trust in self, trust in others, trust in life, and loving oneself, loving others, and loving life. This chakra also deals with the immune system and allergies.

**Ingredients:**
- Ferrum metallicum C50
- Zincum valerianicum C200
- Aurum metallicum D21
- Eucalyptus globulus D21
- Glandulae thymi D21
- Crataegus oxyacantha D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  Item Code: 00323
Emvita® 12

Emotional issues addressed: You have difficulty trusting others and possibly even yourself. You may have the tendency to over-think things and try to analyze what others say or mean. You feel mentally overtaxed, exhausted, or overwhelmed and under pressure for all you have to do. It might be difficult to concentrate and there may an internal feeling of wanting to escape. You try to keep your emotions under control and tend to be more rational than emotional.

Ingredients:
- Apis mellifica C800
- Graphites D21
- Naja tripudians C800
- Glandulae thymi D21
- Baryta carbonica LM18
- Ignatia amara LM16
- Escholtzia californica D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00125

Emvita® 14

Emotional issues addressed: You have been deeply hurt or betrayed and retreated emotionally, leading to the feeling of being trapped or shut in with no way out. You may be distrustful, timid or anxious. You feel under pressure due to the expectations of others. You feel tense and tight, like you cannot breathe deeply and freely. You have the tendency to isolate yourself from the world around you.

Ingredients:
- Stramonium foetidum C800
- Lachesis mutus C800
- Sulphur LM18
- Plumbum metallicum D21
- Moschus LM16
- Hyoscyamus niger D21
- Calcarea carbonica D21
- Calcarea carbonica D21
- Glandulae thymi D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00149

Emvita® 13

Emotional issues addressed: You have been deeply hurt or betrayed, so withdraw and build up walls to protect yourself. You have the tendency to distance yourself from others and may feel indifferent or misunderstood. You focus on tasks, family or work rather than emotions. You don’t feel like you can cope with another disappointment. You lack faith and trust in yourself and/or in others.

Ingredients:
- Anacardium occidentale D21
- Calcarea carbonica LM16
- Glandulae thymi D21
- Lachesis mutus C800
- Graphites LM18

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00132

Emvita® 15

Emotional issues addressed: You were deeply hurt and still have not overcome it, fearing that it could happen again. Anxiety, fear and worry weigh on your heart and block you from fully enjoying life. You may feel abandoned or all alone without support. You may have developed other fears (spiders, mice, rejection, relationships, a broken heart, etc.), and go about life cautiously or without taking initiative.

Ingredients:
- Apis mellifica C800
- Lachesis mutus LM18
- Glandulae thymi D21
- Zincum metallicum LM16
- Graphites LM18
- Phosphorus D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00156
Emvita® 16

Emotional issues addressed: You have been deeply hurt and it seems hard to believe that you will ever be able to fully trust or feel completely happy again. You may tend to anticipate things going badly. You experience anxiety or panic, but mask them with an attitude of braveness and ambition. The panic can be a true panic attack or negative thoughts that produce brief fear that you have become accustomed to. A fear of failure can make you highly competitive.

Ingredients:
- Aconitum napellus C800
- Eschscholtzia californica LM16
- Ambra grisea LM18
- Secale cornutum D21
- Zincum metallicum D21
- Glandulae thymi D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00163

Emvita® 17

Emotional issues addressed: You have difficulty expressing yourself and often swallow your feeling. You have experienced a trauma or shock that you haven’t recovered from. You may appear indifferent or have ‘no feelings’, as little emotion is expressed. You can present a calm, controlled and rational exterior with nothing seeming to affect you. You don’t express how you feel and ultimately, don’t speak your truth.

Ingredients:
- Baryta carbonica D21
- Chininum arsenicosum C800
- Graphites LM18
- Pulsatilla vulgaris D21
- Thyroidinum D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00170

CHAVITA® 5

Chavita® 5 is the remedy for the fifth or throat chakra. This chakra is situated in the throat region, is associated with the thyroid gland and regulates metabolic functions within the body. The energetic function is related to communication, expressing ourselves to the outside world and expressing our truth. This chakra deals with metabolism, as the thyroid is the master gland of metabolism.

Ingredients:
- Thuja occidentalis C 50
- Phosphorus D 21
- Viola tricolor D 21
- Thyroidinum D 21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00330

Emvita® 18

Emotional issues addressed: You have trouble expressing your opinion or communicating clearly in order to be understood. You don’t express how you feel and ultimately, don’t speak your truth. Your mind works faster than your actions/words so you have too many thoughts or impulses which make you appear disorganized, hasty, impulsive, confused or restless. You may feel misunderstood, ignored or a victim of circumstance. You may be a silent sufferer or very talkative, either way you do not feel heard and are not able to express what is really important to you.

Ingredients:
- Agaricus muscarius C800
- Bufo rana D21
- Cuprum metallicum LM18
- Iodium D21
- Thyroidinum D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00187
**CHAVITA® 6**

Chavita® 6 is the remedy for the sixth chakra or the ‘third eye’. This chakra is situated between the eyebrows, is associated with the pituitary gland and regulates the hormonal functions within the body. The energetic function is to create harmony and balance in one’s life. This chakra deals with all hormonal and endocrine issues, as the pituitary is the master gland and conductor of all endocrine organs.

**Ingredients:**
- Staphysagria C 50
- Plumbum metallicum D 21
- Viscum album D 21
- Sus scrofa D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00347

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**Emvita® 19**

Emotional issues addressed: You have trouble making decisions; this indecisiveness is rooted in fear of making a mistake or missing out on a better opportunity. You try to take everyone and everything into consideration before you take action, which can lead to doing nothing. You try to be pleasing, accommodating and avoid confrontation, with a ‘don’t rock the boat attitude’. You search for peace, harmony and balance within and may appear shy or withdrawn.

**Ingredients:**
- Magnesia carbonica C800
- Zincum metallicum LM18
- Calcarea carbonica D21
- Pituitary posterium D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00194

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**Emvita® 20**

Emotional issues addressed: You are self sufficient. You may be perceived as proud, self-involved and hard to approach or shy and reserved. You have difficulty asking for help, and find solutions to your problems on your own. You may think you can do it better and more efficiently, so would rather do it yourself. This leads to being overwhelmed with the amount of work you have to do. Isolation may come with the self sufficiency, with deep feelings of being unloved and disliked.

**Ingredients:**
- Belladonna C800
- Ignatia amara LM16
- Apis mellifica LM18
- Magnesia carbonica D21
- Phosphorus D21
- Pulsatilla vulgaris D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00200

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**Emvita® 21**

Emotional issues addressed: You are driven, ambitious and always on the go, with the internal feeling of needing to be doing or accomplishing something. You may be seen as a workaholic, hyperactive or irritable. You are physically overtaxed and push past your own boundaries to fulfill your goals. You are unable to relax with the potential to burn out, as there always seems to be so much to do. You hope someone recognizes you for all the effort, but are often disappointed since through hurrying, you neglect your own needs and perhaps the needs of others.

**Ingredients:**
- Lachesis mutus C800
- Matricaria chamomilla LM18
- Magnesia carbonica D21
- Arsenicum album D21

**Non-Medicinal Ingredients** alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
Item Code: 00217
Emvita® 22

Emotional issues addressed: Your mind is constantly active, you think about your obligations and it seems that your thoughts never take a break. A thousand thoughts whirl around in your mind. You have difficulty relaxing. You may experience tension, inner restlessness, worries, crowded thoughts, absentmindedness or mental nervousness. There may be deep feelings of dissatisfaction and underlying fears of loss of power or of missing something.

Ingredients:
- Matricaria chamomilla C800
- Iodium LM16
- Anacardium occidentale LM18
- Crotalus horridus D21
- Phosphorus D21
- Ambra grisea D21
- Pituitarum posterium D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00224

Emvita® 23

Emotional issues addressed: You are trapped in tension and unable to relax physically or mentally, despite being exhausted you still go on. You can appear to be over-disciplined and over achieving and very strict with yourself. You may experience mental and physical restlessness and your thoughts move faster than your actions. So much tension may lead to feelings of helplessness, constant cramping and the inability to relax.

Ingredients:
- Agaricus muscarius D21
- Cuprum metallicum C800
- Rhus toxicodendron LM18
- Pituitarum posterium D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00231

Emvita® 24

Emotional issues addressed: Constant tension and chronic stress lead to feelings of discomfort, uneasiness, muscular tension and chronic pain. You feel like you cannot relax and your body and mind has fallen out of harmony. You lack joy in your life, feel a mental disconnect, may experience feelings of depression and helplessness, and perhaps want to escape from your life responsibilities. You may feel the inability to be at ease or satisfied with yourself. You long to see and experience the beautiful things in life.

Ingredients:
- Crotalus horridus C800
- Phosphorus LM16
- Matricaria chamomilla LM18
- Ignatia amara D21
- Pituitarum posterium D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00248

ChavitA® 7

Chavita® 7 is the remedy for the seventh or crown chakra. This chakra is situated at the crown (top) of the head, is associated with the hypothalamus and the epiphysis and regulates neuroendocrine secretions, circadian rhythms and homeostasis. The energetic function is to impart structure, regulation and order to the entire system, including cyclical functions and the sleep-wake cycle.

Ingredients:
- Aurum metallicum C 200
- Calcarea sulphurica C 200
- Lachesis mutus D 21
- Valeriana officinalis D 21
- Hypericum perforatum D 21
- Millefolium D 21
- Sus scrofa (cerebellum) D 21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00354
Emvita® 25

Emotional issues addressed: You appear optimist on the outside, but have a deep underlying feeling that things are not going to work out. You are skeptical and do not trust others easily. You want proof before you will believe, you question everything. Past disappointments have left you hurt and opening up emotionally or asking for help makes you feel vulnerable. You are more comfortable figuring things out on your own. You do not trust your inner voice or intuition.

Ingredients:
- Conium maculatum C800
- Magnesia carbonica LM16
- Plumbum metallicum D21
- Lycopodium clavatum D21
- Sus scrofa (cerebellum) D21
- Apomorphium muriaticum LM18

Non-Medical Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00255

Emvita® 26

Emotional issues addressed: You feel you have had to fight hard to achieve your goals in life. Nothing comes easy. You work hard for what you have, and your possessions are important to you. You desire to have things (i.e. property, jewelry, knowledge, spiritual values, good deeds, successful career) and like the status that come with it. It may be hard to give away your things. There may be a fear of major change, with comfort in things staying the same.

Ingredients:
- Arsenicum album C800
- Lycopodium clavatum LM16
- Plumbum metallicum LM18
- Millefolium officinale D21
- Sus scrofa (cerebellum) D21

Non-Medical Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00262

Emvita® 27

Emotional issues addressed: You view life through rose-colored glasses and ignore the uglier sides of life. You feel the world is a hard place, so seek escapism (i.e. dreams, fantasy, books, meditation, drugs). You are not able to tolerate your reality, so banish it from your perception. You dream of living a different life. Often you are more open to perceptions, but unable to integrate your visions into everyday life.

Ingredients:
- Helleborus niger C800
- Mandragora officinum LM16
- Anacardium occidentale LM18
- Anhalonium lewinii D21
- Sus scrofa (cerebellum) D21

Non-Medical Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00279

Emvita® 28

Emotional issues addressed: You have deep convictions and deep beliefs that you hold very close to your heart. You feel certain rules and order are necessary when dealing with life (family, religion, work, the world). At times, you are unwilling to deviate from your opinion, even if there are disadvantage and limitations. Your standards or ideals may be too fixed or set too high, which leads to frustration when things are not accomplished or others do not live up to your expectations.

Ingredients:
- Mandragora officinarum C800
- Helleborus niger LM18
- Hyoscyamus niger D21
- Sus scrofa (cerebellum) D21

Non-Medical Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00286
Geovita®

Geovita® is used in cases of exposure to geopathic stress and electrosmg. There is a solid body of knowledge that correlates exposure to geopathic stress and the inability of the body to heal itself, which can lead to a variety of symptoms.

Symptoms of geopathic stress or electrosmg can include: sleep disorders, difficulty falling asleep, nightmares, bed wetting, children falling out of bed, abnormal exhaustion, feeling worn out/tired upon rising in the morning, Chronic Fatigue syndrome, fibromyalgia, rheumatic pain and joint issues, arrhythmias, migraines or tension headaches, muscle cramps, all chronic symptoms and diseases, learning difficulties (especially in children – ADD, ADHD), infertility, frequent miscarriages, hormonal disorders, and all cancers.

Ingredients:
- Ferrum metallicum D6
- Silicea D12
- Cuprum metallicum D21
- Formicum acidum D21
- Sus scrofa (cerebellum) D21

Non-Medicinal Ingredients: alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00378

An-X-Vita®

An-X-Vita® is used in cases of anxiety and nervous tension. It works to prevent anxiety and provide immediate relief during acute states of anxiety and/or panic attacks. An-X-Vita® can be used to prevent anxiety before exposure to stressful situations such as examinations, speeches, the dentist, flying and social gatherings. An-X-Vita® can also be used for symptoms related to anxiety including tachycardia, sweating, tightness in the chest, fatigue, exhaustion, nervousness, tension, stress, and chronic pain.

Ingredients:
- Piper methysticum D12
- Hypericum perforatum D21
- Sus scrofa (cerebellum) D21
- Acontinum napellus LM18

Non-Medicinal Ingredients: alcohol

Dosage: Take 5 drops three times daily or as directed by a health care practitioner. For acute conditions, take 5 drops up to six times daily.

50 ml drops Item Code: 00361

Nurovita®

Nurovita® is used in cases of stress, nervous tension and pain. It is useful for those who are unable to relax and often hold tension and stress in the body, leading to pain. Symptoms and conditions can include: holding tightness in the body, fatigue, chronic pain, headaches, neck tension, back pain, neuralgia (nerve pain), MS, stroke, post-traumatic conditions (cerebral hemorrhage) and other nerve conditions.

Ingredients:
- Melissa officinalis D4
- Sus scrofa (cerebellum) D21
- Ambra grisea D21
- Cinchona officinalis C50
- Cuprum aceticum C200
- Phosphorus LM12

Non-Medicinal Ingredients: alcohol

Dosage: Take 5 drops three times daily, can be taken up to six times daily as needed or as directed by a health care practitioner.

50 ml drops Item Code: 00385
Paravita®

Paravita® is used in cases of hypofunction of the parasympathetic nervous system. It is often needed for those who feel exhausted, are unable to recuperate even though they get enough rest or sleep, and after long periods of struggle and mental and/or physical stress. Symptoms and conditions include: fatigue, exhaustion, adrenal fatigue, hypothyroidism, sluggishness, constipation, cramps of the inner organs (gallbladder, bladder, and intestines), asthma, migraine, eczema, and low blood pressure.

**Ingredients:**
- Formica rufa D12
- Sus scrofa (cerebellum) D21
- Psorinum C200

**Non-Medicinal Ingredients:** alcohol

**Dosage:** Take 5 drops in the morning and 5 drops at noon (not to be taken after noon) or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00392

Simvita®

Simvita® is used in cases of hyperfunction of the sympathetic nervous system. It is useful for nervous tension and the inability to relax. Symptoms and conditions include: hyperthyroidism, high blood pressure, cardiac arrhythmia (tachycardia), tension, jitteriness, sleeplessness, restlessness, diarrhea, sweating, trembling, and headache.

**Ingredients:**
- Secale cornutum D12
- Sus scrofa (cerebellum) D21
- Tuberculinum bovinum C200

**Non-Medicinal Ingredients:** alcohol

**Dosage:** Take 5 drops three times daily, can be taken up to six times daily as needed or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00408
Tools and Reference Materials

Reba® Device
The Reba® Device uses a polyfrequency spectrum to measure an individual’s energy levels both quantitatively and qualitatively, with these readings corresponding to physical, emotional, mental and causal states of health. With the aid of the Basic Test Kit, the appropriate Rubimed remedies can be selected for each individual. Additionally, the Reba® Device may be used for organ testing, food sensitivity testing and testing the compatibility and effectiveness of other remedies including supplements and pharmaceuticals.

Item Code: 05000

Test Kits

Additional Test Kit
The Rubimed Additional Test Kit is a collection of test vials used to regulate the health care practitioner during testing, identify electrosmog influences, and energetically neutralize an acting surrogate during testing.

Item Code: 01001

Basic Test Kit
The Rubimed Basic Test Kit is a collection of test vials for the full product line of the Rubimed remedies (Chavita®, 1 to 7, Emvita® 1 to 28, An-X-Vita®, Geovita®, Nurovita®, Paravita® and Simvita®).

Item Code: 01000

Zoological Test Kit
(Organ Test Kit)
The Zoological Test Kit is a collection of 35 test vials containing organ tissues (from porcine, bovine, equine sources) in D2 dilution. They enable testing for foci, milieu stresses, and various body organs and their functionality. Used with the Reba® Device, this test kit greatly expands the test device’s range of use.

Item Code: 10035

Reference Guides

Rubimed Practitioner Guide
The Rubimed Practitioner Guide introduces health care practitioners to the principles, theory and application of Rubimed therapy and Psychosomatic Energetics (PSE). It also includes a detailed description and ingredient list for each of the Rubimed remedies, and positive affirmations for the Emvita® remedies.

(Complimentary with product order) Item Code: 800-511-BK003

Rubimed Patient Guide
The Rubimed Patient Guide is designed for patient use. It contains an explanation of the basic concepts of Rubimed therapy and summarizes each the Rubimed remedies with associated positive affirmations.

(Complimentary with product order) Item Code: 800-511-BK004
Tools and Reference Materials

Books

   By Dr. Reimar Banis.
   Rubimed therapy and PSE taken to the next level with information about life energy, the aura and chakras and their relation to health.
   Item Code: 30006

B. Psychosomatic Energetics: A Manual for Therapists
   By Dr. Reimar Banis
   Manual detailing Rubimed therapy and PSE from both theoretical and therapeutic perspectives.
   Item Code: 30007

C. Handbook of Psychosomatic Energetics
   By Dr. Ulrike Banis
   Introduction to Rubimed therapy and PSE, with case examples.
   Item Code: 30055

D. Geopathic Stress and What You Can Do About It
   By Dr. Ulrike Banis
   The impact of Geopathic stress on our health and how to resolve it.
   Item Code: 30050

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at biomedicine.com
Intestinal Rebuilding Program

The intestinal mucosa, the intestinal bacteria, and the bacterial communities throughout the body are the principle factors to sustaining immune system and regulatory processes, especially in chronic disease. Successful intestinal rebuilding is done with specific Pleo Sanum remedies, as adapted from the Swiss Biological Medicine approach of natural healing used by Dr. Thomas Rau, MD and the team at Paracelsus Clinic in Switzerland. The Intestinal Kit contains natural preparations for a 6 week/2 phase program designed to restore intestinal health and support regulation of the body's internal environment through four main principles:

1) Rebalance normal acid-base (pH) levels
2) Rebuild the intestinal mucosa
3) Replenish healthy intestinal flora
4) Re-establish a strong immune system

This Intestinal Kit Rebuilding Program approach and specific dietary changes leads to a healthy digestive tract with balanced intestinal flora, proper digestion, a strong immune system, and recovery from chronic disease and illness.

### Intestinal Kit Protocol

**6 WEEK/ 2 PHASE PROGRAM**

<table>
<thead>
<tr>
<th>REMEDY</th>
<th>PHASE/DOSE</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
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<tbody>
<tr>
<td><strong>Phase 1 = Days 1 - 14</strong></td>
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<tr>
<td>Pleo Alkala</td>
<td>1/4 - 1/2 scoop, according to urinary pH testing, in warm water completely away from food, 30 minutes before a meal or on an empty stomach.</td>
<td>✓</td>
<td>✓</td>
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<td>Pleo Citro</td>
<td>2 tabs in the morning</td>
<td>✓</td>
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<tr>
<td>Pleo Sanuvis</td>
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<td>N-A-G</td>
<td>2 capsules</td>
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<tr>
<td><strong>Phase 2 = Days 15 - 40</strong></td>
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<tr>
<td>Pleo Alkala</td>
<td>1/4 - 1/2 scoop, according to urinary pH testing, in warm water completely away from food, 30 minutes before a meal or on an empty stomach.</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Pleo Citro</td>
<td>2 tabs in the morning</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<td>Pleo Sanuvis</td>
<td>2 tabs in the evening</td>
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<td>✓</td>
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<td>Pleo Pef</td>
<td>7 drops</td>
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<td>✓</td>
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<td>Pleo Rebasan</td>
<td>1 capsule at bedtime</td>
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<tr>
<td>N-A-G</td>
<td>2 capsules</td>
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</table>

**Additional Suggested Remedies (not included in kit):**

Your practitioner may suggest these additional remedies based on detoxification, excretion and specific rebuilding of intestinal flora with probiotics.

| Probiotic 7-in-1 | 1 capsule | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ |
| Lappa           | 20 drops  | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ | ✓✓✓✓ |

**LEGEND:** ✓ = 1 dose per day. ✓✓ = 2 doses per day.

*For more information, see Page 7*
Patient Handout Cards

Designed with you and your patients in mind. Each card gives short and concise message about the benefits of each product. This will help you to discuss your care plan with each patient and provide an easy resource for them to take home. Call our Order Desk to request bundles of 20 Handout Cards at no charge. We will include them with your next order shipment. 1-888-665-8308.
Patient Handout Cards

**Food Nutrient Series**

- **Precision D** 810-352-HC002
- **Super B** 810-352-HC001
- **Allernest** 810-610-HC004
- **Bio Boost** 810-610-HC002
- **Lymph-A-Drop** 810-610-HC006
- **Rubus** 810-610-HC001

**Nestmann Pharma**

**Pleo Alkala** 800-400-HC001

**Pleo Muc Eye Drops** Single Use Vials
800-400-HC010

**Pleo Not** 800-400-HC011

**RubiMed**

- **PSE** 800-511-HC001
- **An-X-Vita** 800-511-HC002
- **Simvita & Paravita** 800-511-HC003

**Pleo Sanum**

**Pleo Sanum** 800-400-HC001

**Pleo Alkala** 800-400-HC001

**Pleo Muc Eye Drops** Single Use Vials
800-400-HC010

**Pleo Not** 800-400-HC011
# Botanical Cross Reference

**Botanical Name to Remedy Name**

This section presents botanical ingredient references for all applicable products within the Biomed lines, according to the Latin and remedy name.

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<thead>
<tr>
<th>Botanical Name</th>
<th>Remedy Name</th>
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<td>Acacia nilotica</td>
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<td>Aconitum napellus</td>
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<td>Aesculus hippocastanum</td>
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<td>Althaea officinalis</td>
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<td>Remedy Name</td>
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<td>Corydalis cava</td>
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<td>Crataegus monogyna/</td>
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<tr>
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Botanical Cross Reference

Common Name to Remedy Name

This section presents botanical ingredient references for all applicable products within the Biomed lines, according to the common botanical and remedy name.

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<th>Remedy Name</th>
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<td>Butternut</td>
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<tr>
<td>Cabbage</td>
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<td>Chamomile</td>
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<td>Cogniplex</td>
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<td>Chlorella</td>
<td>Biorella</td>
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<td>Cilantrex, A-Hepatica</td>
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<td>Mycolmunme</td>
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<td>Corn Ergot</td>
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<td>Neuraplex</td>
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<td>Cowslip</td>
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<td>Cranesbill</td>
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<td>Dill</td>
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<td>Remedy Name</td>
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<td>Polygnum, Chavita 4</td>
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<td>Gogniplex, Pleo Ginkgo (Ginkgobakehl)</td>
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<td>Ginseng, Siberian</td>
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<td>Glucomanann</td>
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<td>Golden Ragwort</td>
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<td>Golden Rod</td>
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<td>Golden Thyrallis</td>
<td>Aesculus</td>
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<td>Aesculus</td>
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<td>Hawthorne</td>
<td>Aesculus, Bucco, Ligaflex</td>
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<td>Heather</td>
<td>Aesculus, Bucco</td>
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<td>Henbane</td>
<td>Absinthium, Bucco, Pleo Chavita 2</td>
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<tr>
<td>Herb of Grace/Rue</td>
<td>An-X-Vita</td>
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<td>Hops</td>
<td>Aesculus</td>
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<td>Horse chestnut</td>
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<td>Horsetail</td>
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<td>Hyssop</td>
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<td>Jack in the Pulpit</td>
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<tr>
<td>Kava kava</td>
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**Botanical Cross Reference**

**Common Name**

- Knitbone
- Kola nut
- Lavender
- Lemon balm
- Licorice
- Lily of the Valley
- Liverwort
- Long leaf Bucha
- Lophophora williamsii
- Louse Wort
- Lungwort
- Maitake
- Mandrake
- Marigold
- Marking nut
- Marshmallow root
- Mastic Gum
- Meadow Saffron
- Mexican sarsaparilla
- Milk thistle
- Mistletoe
- Monkshood
- Mugwort
- Myrtle/Bayberry

**Remedy Name**

- Polygonum
- Adrenum
- Chavita 2
- A-Hepatica, Avena Sativa, Nurovita
- ASF, Bucco, GastroEase+, IMX, Lappa
- Female Tonic
- A-Hepatica
- Bucco
- Emvita 27
- Chavita 6, Female Tonic, Solidago
- Luffa tabs
- MycolImmune
- Emvita 27, Emvita 28
- Lymf-a-Drop
- Adrenum, Emvita 7, Emvita 13, Emvita 22, Emvita 27
- 3C (Complete Colon Cleanse), GastroEase+, RR Formula
- Polypodium
- Lappa
- Carduus, HeparPlex, Lymf-a-Drop
- Chavita 6
- An-X-Vita, Emvita 16
- Avena Sativa
- Carduus
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<th>Remedy Name</th>
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<tr>
<td>Night-blooming Cereus</td>
<td>Cactus</td>
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<td>Rubus, Pleo Oku (Okoubasan)</td>
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<tr>
<td>Olearnder</td>
<td>Pleo Stroph (Strophanthus)</td>
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<tr>
<td>Optiberry</td>
<td>The Right C Enhanced®</td>
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<tr>
<td>Oregon grape</td>
<td>IMX</td>
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<td>Parsley</td>
<td>Chavita 5, Lappa</td>
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<td>Passion flower</td>
<td>Neuraplex</td>
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<td>Peppermint</td>
<td>Absinthium, Avena Sativa, Broncha, Bucco</td>
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<td>Peruvian bark/China</td>
<td>Bio Boost, Female Tonic, Nurovita</td>
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<tr>
<td>Plum fruit</td>
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<td>Poison hemlock</td>
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<td>Poison Ivy</td>
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<td>Chavita 3</td>
</tr>
<tr>
<td>Poke root</td>
<td>Lymf-A-Drop</td>
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<td>Pomegranate</td>
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<td>Red Banded Polypore</td>
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<td>Red onion</td>
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<td>Reishi</td>
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<td>Rhododendron/Snow Rose</td>
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<td>Schizandra berr</td>
<td>HeparPlex</td>
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<tr>
<td>Shiitake</td>
<td>Mycolimmune</td>
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<td>Slippery Elm Bark</td>
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<td>Smartweed</td>
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<td>Spanish Fly</td>
<td>Solidago</td>
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<td>Spikenard</td>
<td>Allernest</td>
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<td>Sponge cucumber</td>
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<td>Spurge Olive</td>
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<td>St. Ignatia bean</td>
<td>Emvita 11, Emvita 12, Emvita 20, Emvita 24</td>
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<td>St. John’s Wort</td>
<td>An-X-Vita, Avena Sativa, Chavita 7, Neuraplex</td>
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<td>Stinging Nettle</td>
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<tr>
<th>Common Name</th>
<th>Remedy Name</th>
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<tr>
<td>Sundew</td>
<td>Pleo Relivora</td>
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<td>Sweet Flag/Calamus</td>
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<td>Thorn Apple</td>
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<td>Tiger lily</td>
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<td>Triphala</td>
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<td>Tumara</td>
<td>Taraxa</td>
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<td>Valerian</td>
<td>Female Tonic</td>
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<tr>
<td>Vervain</td>
<td>A-Hepatica, Avena Sativa, Nurovita</td>
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<td>Violet</td>
<td>Female Tonic</td>
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<tr>
<td>Virgin vine</td>
<td>Sabal Serrulatum, Solidago</td>
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<td>Walnut</td>
<td>Pleo Relivora</td>
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<td>White Hellebore</td>
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<tr>
<td>White nettle</td>
<td>Avena Sativa</td>
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<tr>
<td>White willow</td>
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<td>Wild Hop</td>
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<td>Wild Yam</td>
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<td>Wormwood</td>
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<td>Yarrow</td>
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**Pleo Sanum Cross Reference**

**Microbiological Name to Remedy Name**

This section presents the microbiological ingredient reference in relation to the applicable Pleo Sanum isopathic and bacterial remedies.

**Microbiological Name** | Remedy Name
--- | ---
Brucella melitensis | Pleo San Brucel (Sanukehl Brucel)
Candida albicans | Pleo Alb (Albicansan), Pleo San Cand (Sanukehl Cand)
Klebsiella pneumoniae | Pleo San Klebs (Sanukehl Klebs)
Mucor mucedo | Pleo Mucedo (Mucedokehl)
Mucor racemosus | Pleo Muc Eye Drops (Mucokehl)
Mycobacterium phlei | Pleo Ut ‘S’ (Utilin ‘S’)
Staphylococcus aureus | Pleo San Staph (Sanukehl Staph)
Streptococcus pyogenes | Pleo San Strep (Sanukehl Strep)
Weights, Measures and Dosage Abbreviations

Measurement Conversions

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<th>METRIC</th>
<th>OTHER</th>
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<tr>
<td>20 drops</td>
<td>1 ml</td>
<td>100 drops (gtt)</td>
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<tr>
<td>1 tsp (teaspoon)</td>
<td>5.0 ml</td>
<td>15.0 ml</td>
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<tr>
<td>1 Tbsp (Tablespoon)</td>
<td>236.6 ml</td>
<td>US Cup</td>
</tr>
<tr>
<td>1 Cup</td>
<td>3.785 L</td>
<td>US Gallon</td>
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<tr>
<td>1 Gallon</td>
<td>4.546 L</td>
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IU - International Unit

Liter = 1,000 milliliters (ml) = 1 Cubic Centimeter (CC)

0.001 Kilogram (kg) = 1 gram (g) = 1,000 milligrams (mg) = 1,000,000 microgram (mcg or µg)

Enzymes

The enzyme activity potency is measured and reported in FCC units. These unit measurements are categorized as follows:

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<thead>
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<th>ENZYME</th>
<th>UNIT OF MEASURE</th>
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<td>Alpha galactosidase</td>
<td>GalU</td>
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<tr>
<td>Amylase</td>
<td>DU</td>
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<tr>
<td>Cellulase</td>
<td>CU</td>
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<tr>
<td>Glucoamylase</td>
<td>AG</td>
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<td>HemiSeb®</td>
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<td>Lactase</td>
<td>ALU</td>
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<td>Lipase</td>
<td>LU</td>
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<td>Pectinase</td>
<td>PGU</td>
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<td>Protease</td>
<td>HUT</td>
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Homeopathic Dilutions

D or X dilution (1:10) *see glossary for description
C dilution (1:100)
M dilution (1:1000)
LM dilution (1:50,000)

English/German Dosage Abbreviation Chart

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<tr>
<th>ENGLISH</th>
<th>ABBREVIATION</th>
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<td>daily</td>
<td>q.d.</td>
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<tr>
<td>twice</td>
<td>b.i.d.</td>
<td>zweimal täglich</td>
</tr>
<tr>
<td>three</td>
<td>t.i.d.</td>
<td>dreimal täglich</td>
</tr>
<tr>
<td>four</td>
<td>q.i.d.</td>
<td>viermal täglich</td>
</tr>
<tr>
<td>every</td>
<td>q.o.d.</td>
<td>wechselnde Tage</td>
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<tr>
<td>once</td>
<td>q.w./w.o.</td>
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<tr>
<td>twice</td>
<td>t.w.</td>
<td>zwei pro Woche</td>
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<tr>
<td>drop</td>
<td>g.t.t.</td>
<td>tropfen</td>
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<td>capsule</td>
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<td>vor Mahlzeit</td>
<td>morgen</td>
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<td>with</td>
<td>mit Mahlzeit</td>
<td>mit donut</td>
</tr>
<tr>
<td>bedtime</td>
<td>bettzeit</td>
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Glossary

**Acidic** - a solution having a pH less than 7.0.

**Alkalizination (acid-base balance)** – using natural buffering minerals (sodium, potassium, magnesium and calcium) including sodium bicarbonate and potassium bicarbonate to flush out excessive acidity (H ions) in the body and bring the normal acid-base balance back within the body tissues.

**Allopathy** – therapy using pharmacologically active agents or physical interventions to treat or suppress symptoms or pathophysiologic processes of diseases.

**Alpha galactosidase** - an enzyme that breaks down the 1-6 glycosidic linkage present in the raffinose series of oligosaccharides to form galactose and sucrose.

**Amylase** – an enzyme that breaks starch and glycogen.

**Angiogenesis** – the physiological process through which new blood vessels form from pre-existing vessels. Angiogenesis is a normal and vital process in growth and development, as well as in wound healing and in granulation tissue. However, it is also a fundamental step in the transition of tumors from a dormant state to a malignancy.

**Antibody** – immunoglobulin molecule that are evoked due to a response to an antigen, which then interacts with the antigen.

**Antigen** - a substance that evokes the production of one or more antibodies.

**Autonomic nervous system (ANS)** – regulates the functions of the internal organs and acts as a control system affecting heart rate, digestion, respiration, salivation, perspiration, pupil dilation, urination and sexual arousal. Most autonomic functions are involuntary and include breathing and swallowing.

**Basic/Alkaline** – a solution have a pH greater than 7.0.

**Biological Medicine** – principles and therapeutic practices that emphasize optimizing the body’s natural systems by promoting regulation, regeneration, adaptation and self-healing.

**Bioperine**® – black pepper extract used to increase bioavailability.

**Bitters** – a bitter tasting herbal (ex. Gentian) infusion or tonic that stimulates saliva and gastric juice production and aids appetite and digestion.

**Bovine** – cow

**Cellulase** – an enzyme that breaks down cellulose.

**Cyclogeny** – according to Dr. Günther Enderlein (1872 - 1968), the cyclogeny represents the capability for upward and downward development between non-pathogenic and pathogenic forms, depending on the milieu.

**Drainage remedy** – a drainage remedy contains specific medicinal herbs that must meet two main criteria: a) increase circulation in a specific organ system and b) have a biochemically active effect. In addition, drainage remedies improve metabolism and the function of the specific organ, thus increasing elimination of cellular wastes from the connective tissues and surrounding cells.

**Dysbiosis** – a microbial imbalance associated with mucous membranes, the digestive tract and the skin.

**Endobiont** – present in every cell of all warm-blood mammals with physiological functions related to viscosity or immunity. It has the capability for upward and downward development between non-pathogenic and pathogenic forms, depending on the milieu. Mucor racemosus is the designated endobiont by Dr. Gunther Enderlein (1872-1968).

**Equine** – horse

**Food Nutrient** – supplements that are re-natured extracts of vitamins and minerals bound within their natural food matrix, which enhances transportation and delivery of the nutrients within the body.

**FOS (Fructose oligosaccharides)** – prebiotic for probiotics.

**Glucoamylase** - an enzyme that breaks down raffinose, stachyose and pentosans (from legumes), hemicelluloses, pectin and celluloses.

**Hapten therapy** – a molecule when attached to a larger antigenic carrier molecule, is able to produce antibodies (see Sanukehls).

**HemiSeb®** – an enzyme that breaks down the 1-6 carbon bond found in legumes. Legume sugars such as raffinose, stachyose and pentosans are not normally digested and may be fermented in the intestines. HemiSeb® breaks down these sugars and aids in digestion.

**Homeopathic Dilutions:**
- D or X dilution (1:10)*
- C dilution (1:100)
- M dilution (1:1000)
- LM dilution (1:50,000)
*To make a D or X dilution: 1 mL of the herbal mother tincture (MT) is added to 9 mL of alcohol and/or water. This solution is then succussed (the process of potenization) to make the D1 dilution. The next dilution, D2, contains 1 mL of the D1 potency plus 9 mL of the alcohol and/or water and is then potentized. This process of serial dilutions and dynamization is continued to make the subsequent D3 to D12 potencies.

**Homeopathy** – Based on the law of similar (like cures like), this therapy uses minute doses of potentized substances that has the same symptom picture that the ill patient presents.

**Invertase** – an enzyme that breaks down sucrose into glucose and fructose.

**Isopathy** – therapy that uses low potency materials that are either familiar or similar to substances that already exist within the body (ex. Candida)

**Lactase** – an enzyme that breaks down lactose.

**Lactobacillus sporogenes** – beneficial bacteria (probiotic) that produces lactic acid from carbohydrates and fermenting milk sugars. Supports digestion and promotes an alkaline environment. Also known as Baccilus coagulans.

**Lipase** – an enzyme that breaks down fats.

**Malt diastase** - an enzyme that removes single glucose residues from alpha (1-4) linked oligosaccharides and disaccharides.

**Milieu (Matrix/Terrain)** – the internal and external environment of the body, which includes the connective tissues, bodily fluids and all the areas around and inside the cells.

**Mother tincture (MT)** - The first stage in the preparation of an herbal or homeopathic remedy, made by soaking a substance in a solution of alcohol or water. This form may also be used therapeutically.

**Parasympathetic nervous system** – a part of the autonomic nervous system that is associated with rest, relaxation, digestion and intestinal muscular activity.

**Pectinase** - an enzyme that breaks down pectin.

**Peptizyme SP** - serrapeptidase enzyme that is a caseonlytic (fibrinolytic) agent.

**Pleomorphism** – the concept that microorganisms undergo various developmental stages, which are dependent upon the milieu.

**pH** - is a measure of the hydrogen ion concentration

**Policosanol** – natural extracts of plant waxes from sugar cane used to lower LDL cholesterol, increase HDL cholesterol, inhibit atherosclerosis plaque formation and decrease platelet aggregation.

**Polysans** – an antibody-antigen assessment tool and therapy that stimulates the immune system to clear out old, latent or inherited infections.

**Porcine** - pig

**Protease** – an enzyme that breaks down protein.

**Protit** – the smallest, indestructible protein particle that is present in warm blooded animals and survives the death of the host.

**Psychosomatic Energetics (PSE)** – a body-mind medicine (psycho = mind, somatic = body) where harmonious and free-flowing energy is important for health and that unresolved emotional conflicts lead to physical, mental and/or emotional disorders. Rubimed therapy is used to heal past emotional trauma, leading to a holistic self-healing process.

**Rubimed** – natural high potency homeopathic combination remedies for emotional issues.

**Sanukehls** – polysaccharide extracts from the cell walls of various infectious bacterial species that serves as markers for CWD (cell wall deficient) bacteria. They form complete antigens, which allow the body to recognize and eliminate bacterial toxins or proteins released from previous infections.

**Sublingual** – literally 'under the tongue', refers to the route of administration by which medicine (ex. vitamin B12) diffuses into the bloodstream through tissues under the tongue.

**Sympathetic nervous system** – part of the autonomic nervous system that is associated with the ‘fight or flight’ response (including increased blood circulation and respiration) and to maintain homeostasis.

**Terrain (Matrix/Milieu)** – the internal and external environment of the body, which includes the connective tissues, bodily fluids and all the areas around and inside the cells.
Product Application Guide

This Product Application Guide is a compilation of suggestions and preferred uses from all five Biomed product lines. This information has been compiled from materia medicas, monographs and clinical experience, and we invite you to explore these within your scope of practice under your jurisdictional guidelines.

**Acid-base balance**
See pH balance

**Adrenal**
See Endocrine

**Allergies**
- **General**
  AllerEase, Allernest, Basictab, Basic Powder, CandidaFix Kit, Hydrastis Nasal Spray, Intestinal Kit, Luffa tabs, Pleo Alkala 'N', Pleo Form, Pleo Rebasan

**Hayfever**
Allernest, AllerEase, Basictab, Basic Powder, Hydrastis Nasal Spray, Luffa tabs, Pleo Alkala 'N', Pleo Form, Pleo Rebasan

**Environmental and food**
Allernest, Basictab, Basic Powder, Hydrastis Nasal Spray, Intestinal Kit, Oxyplex Caps, Pleo Alkala 'N', Pleo Form, Pleo Rebasan

**Anxiety**
See Nervous System

**Arthritis**
See Musculoskeletal

**Asthma**
See Respiratory

**Bacterial**

**Bone**
See Musculoskeletal

**Brain, Cognitive and Memory**

**Candida**
See Fungal

**Cardiovascular and Circulation**
- **General**

**Anemia**
B-Complex, Liquid Iron, Optimim B12 MeF, Super B

**Angina, arrhythmia, myocardia, palpitations, tachycardia**
An-X-Vita, Avena Sativa, Paravita®, SalvTonic, Simvita®

**Cholesterol**
Asta-X-Krill, Cardunara, Lipidzyme, SalvTonic, Toco-X-Krill

**Cold extremities, numbness, tingling**
Aesculus, Optimim B12 MeF, SalvTonic

**Congestion**
Lappa, Lymf-A-Drop, Parsagus, SalvTonic

**Coronary circulation**
Clearizyme, SalvTonic

**Hemorrhoids**
Aesculus

**Homocysteine management**
Asta-X-Krill, Avena Sativa, Biorella, Co-Q10 Supreme, Mag-Citrato, Melatonin + B6, Premium D1000

**Diabetes**
- **Type II Diabetes**

**Detoxification**
- **Blood**
  Lappa, Pleo Alkala 'N'
- **Heavy Metal**
  Biorella, Cilantrex
- **Kidney**
  Bucco, Solidago
- **Liver**
  Carduus, Cardunara, Heparplex, Taraxa, Hepatica
- **Lymphatic**
  Lappa, Lymf-A-Drop

**Gastrointestinal**
3C, LuvoSM™, Intestinal Kit

**Depression**
See Female Health

**Dysbiosis**
See Gastrointestinal

**Dysbiosis**
See Gastrointestinal
**Ear, Nose and Throat**

Also see Respiratory  
**Streptococcus**  
Pleo Sans Strep  
**Tonsillitis**  
Bio Boost, Lymf-A-Drop, Pleo Not, Pleo San Strep

**Emotional**

See Chavita® and Emvita® remedies in Rubimed section of catalogue

**Endocrine**

**General**  
Female Tonic, Geovita®, Paravita®, Pleo Mucedo, Premium D1000, Simvita®  
**Adrenal**  
Adrenum, ASF (Adrenal Support Formula), Avena Sativa, B-Complex, CandidaFix Kit, Female Tonic, Geovita®, Liquid Iron, Melatonin + B6, Menoplex, Neuraplex, Nurovita®, Optimum B12 MeF, Paravita®, Premium D1000, Solidago, Super B  
**Anxiety** (see Nervous System)  
**Cystitis, urinary tract infection**  
Solidago  
**Depression**  
Avena Sativa, B-Complex, Biothy, CandidaFix Kit, Chavita® and Emvita® remedies, Female Tonic, Melatonin + B6, Neuraplex, Optimum B12 MeF, Premium D1000, Super B  
**Exhaustion, fatigue**  
Adrenum, An-X-Vita, ASF (Adrenal Support Formula), Avena Sativa, B-Complex, CandidaFix Kit, Female Tonic, Geovita®, Liquid Iron, Melatonin + B6, Menoplex, Neuraplex, Nurovita®, Optimum B12 MeF, Paravita®, Premium D1000, Solidago, Super B  
**Hormonal regulation and balance**  
Female Tonic, Menoplex

**Essential Fatty Acids**

Asta-X-Krill, Bio-Trien-Ol, Toco-X-Krill

**Eye**

**General**  
Asta-X-Krill, Pleo Muc Eye Drops, Toco-X-Krill

**Fungal**

**General**  
Pleo Alb, CandidaFix, Pleo Pef, Pleo San Cand  
**Candida**  
CandidaFix Kit, Digestizyme, Pleo Alkala ‘N’, Pleo Alb, Pleo Pef, Pleo San Cand  
**Nail fungus, athlete’s foot**  
Pleo Alkala ‘N’, Pleo Alb, CandidaFix Kit

**Gallbladder**

See Liver/Gallbladder

**Libido**

Female Tonic, Pleo Chrysosan, Sebal Serrulatum  
**Menopausal symptoms**  
Female Tonic, Menoplex  
**Premenstrual (PMS) and menstrual**  
Asta-X-Krill, B-Complex, Cal-Mag 1:1, Female Tonic, Mag Citrate, NPF (Natural Pain Formula), Optimum B12 MeF, Pleo Chrysosan, Super B  
**Stress** (see Stress)

**Hormonal regulation and balance**

Female Tonic, Menoplex

**Female Health**

**General**  
Adrenum, An-X-Vita, ASF (Adrenal Support Formula), Avena Sativa, B-Complex, CandidaFix Kit, Female Tonic, Geovita®, Liquid Iron, Melatonin + B6, Menoplex, Neuraplex, Nurovita®, Optimum B12 MeF, Paravita®, Premium D1000, Solidago, Super B  
**Anxiety** (see Nervous System)  
**Cystitis, pink eye, stye**  
Pleo Muc Eye Drops, Pleo Not  
**Dry eyes**  
Pleo Muc Eye Drops

**Cataracts, glaucoma, macular degeneration**  
Pleo Alkala ‘N’, Pleo Muc Eye Drops

**Conjunctivitis, pink eye, stye**  
Pleo Muc Eye Drops, Pleo Not

**Emotional**

See Chavita® and Emvita® remedies in Rubimed section of catalogue

**Endocrine**

**General**  
Female Tonic, Geovita®, Paravita®, Pleo Mucedo, Premium D1000, Simvita®  
**Adrenal**  

**Emotional**

See Chavita® and Emvita® remedies in Rubimed section of catalogue

**Endocrine**

**General**  
Female Tonic, Geovita®, Paravita®, Pleo Mucedo, Premium D1000, Simvita®  
**Adrenal**  

**Mammary**

Female Tonic, Menoplex

**Ovary**

Female Tonic, Menoplex, Sebal Serrulatum

**Pancreas**

Asta-X-Krill, Premium D1000, Rubus

**Pituitary**

BioThy

**Placenta**

Pleo Chrysosan

**Prostate**

Premium D 1000, Sebal Serrulatum, Solidago

**Thymus**

Thymus EG, Pleo Thym

**Thyroid**

BioThy, Lycopus, Paravita®, Pleo Mucedo, Premium D1000, Simvita®

**Uterus**

Female Tonic, Pleo Usti

**Enzymes**

**Digestive**

Biozyme, Digestizyme, Lipidzyme

**Systemic**

Clearizyme

**Essential Fatty Acids**

Asta-X-Krill, Bio-Trien-Ol, Toco-X-Krill

**Eye**

**General**  
Asta-X-Krill, Pleo Muc Eye Drops, Toco-X-Krill

**Fungal**

**General**  
Pleo Alb, CandidaFix, Pleo Pef, Pleo San Cand  
**Candida**  
CandidaFix Kit, Digestizyme, Pleo Alkala ‘N’, Pleo Alb, Pleo Pef, Pleo San Cand  
**Nail fungus, athlete’s foot**  
Pleo Alkala ‘N’, Pleo Alb, CandidaFix Kit

**Gallbladder**

See Liver/Gallbladder

**Libido**

Female Tonic, Pleo Chrysosan, Sebal Serrulatum  
**Menopausal symptoms**  
Female Tonic, Menoplex  
**Premenstrual (PMS) and menstrual**  
Asta-X-Krill, B-Complex, Cal-Mag 1:1, Female Tonic, Mag Citrate, NPF (Natural Pain Formula), Optimum B12 MeF, Pleo Chrysosan, Super B  
**Stress** (see Stress)
Gastrointestinal
Acid Reflux, heartburn, low HCl
Absinthium, BasicTab, Basic Powder, Cardunara, GastroEase+, Intestinal Kit, Luvos™, Melatonin + B6, Pleo Alkala ‘N’
Allergies, food (see Allergies)
Cholesterol
Asta-X-Krill, Avena Sativa, Cardunara, Lipidzyme, SalvTonic, Toco-X-Krill
Crohn’s and colitis
Constipation
3C (Complete Colon Cleanse), Carduus, Intestinal Kit, Luvos™, Oxyplex Caps, Paravita®, Probiotic 7-in-1, The Right C
Diarrhea
Intestinal Kit, Lactobacillus
Dysbiosis
Biozyme, CandidaFix Kit, Digestizyme, Intestinal Kit, Lactobacillus
Gas and bloating
Absinthium, Biozyme, Digestizyme, Lipidzyme, Oxyplex Caps
Gas and bloating
Absinthium, Clearizyme, GastroEase+, Intestinal Kit, Luvos™, Pleo Alkala ‘N’, Pleo Rebasan, RR Formula
Hepatic portal vein congestion
Aesculus, Carduus
Indigestion
A-Hepatica, Absinthium, BasicTab, Basic Powder, Biozyme, Cardunara, Digestizyme, Lipidzyme, Pleo Alkala ‘N’
Inflammation
Probiotics
Lactobacillus
Ulcer (stomach or intestinal)
GastroEase+, Luvos™, Pleo Alkala ‘N’, BasicTab, Basic Powder, N-A-G, RR Formula
Geopathic
Geovita
Heavy Metal Detoxification
Biorella, Cilantrex
Immune
General and Cold & Flu
Acute
Bio Boost
Allergy (hayfever)
Alernest, Hydrastis Nasal Drops, Intestinal Kit, Pleo Rebasan
Bacterial (see Bacterial)
Bronchitis
Broncha
Cough
Avena Sativa, Allernest, Broncha, Pleo Relivora
Fever
Bio Boost
Sinusitis, rhinitis
Hydrastis Nasal Drops, Intestinal Kit, Luffa tabs,
Tonsillitis (see Ear, Nose and Throat)
Viral (see Viral)
Inflammation
General (also see Gastrointestinal and Musculoskeletal)
Joint
See Musculoskeletal
Kidney
General
Bucco, Parsagus, Solidago
Diuretic
Bucco (mild), Parsagus, Solidago (mild)
Gout
BasicTab, Basic Powder, Pleo Alkala ‘N’, Polygonum, Solidago
Kidney stones
Bucco
Urine retention
Bucco, Sebal Serrulatum
Liver/Gallbladder
Gallbladder
A-Hepatica, Carduus, Cardunara, Lipidzyme
Gallstones
Carduus
Liver
A-Hepatica, Cardunara, Carduus, HeparPlex, Taraxa, Pleo Pin
Lymphatic
Male Health
General
Asta-X-Krill, Intestinal Kit, SalvTonic, Toco-X-Krill
Prostate
Clearizyme, Pleo Alkala ‘N’, Sebal Serrulatum, Solidago
Libido
Pleo Chyrsosan, Sebal Serrulatum
Multivitamins and Minerals
General
MultiNatal, Multivitamin & Mineral
Calcium
Cal-Mag 1:1
Iron
Liquid Iron
Magnesium
Mag-Citrate, Cal-Mag 1:1
Selenium
Pleo Selene
Zinc
Pleo Zinc
Vitamin B
B-Complex, Optimum B12 MeF, Super B
Vitamin C
Vitamin D
Premium D1000
Musculoskeletal
General
Arthritis, rheumatism
Bone
Basic Powder, Basictab, BoneSure, Cal-Mag 1:1, Pleo Alkala ‘N’, Premium D1000
Bruising and contusions
Clearizyme, Liquid Iron, Optimum B12 MeF, Pleo Sanuvus
Cramps and spasm
Cal-Mag 1:1, Mag-Citrate, NPF (Natural Pain Formula), Pleo Sanuvus
Edema
Clearizyme, Lappa, Lymf-A-Drop, Parsagus
Fibrosis
Clearizyme
Gout (see Kidney)
Joint
Clearizyme, MSM-GLS+, N-A-G, Polygonum
Lactic acid build-up
Pleo Sanuvus, Lactobacillus Sporogenes
Ligament, tendon and bursitis
Ligaflex
Muscle fatigue, endurance and recovery
Asta-X-Krill, Pleo Citro, Pleo Sanuvus, Premium D1000
Osteoarthritis
Asta-X-Krill, Basictab, Basic Powder, Clearizyme, Ligaflex, MSM-GLS+, NPF (Natural Pain Formula), Pleo Alkala ‘N’
Osteoporosis
Basictab, Basic Powder, BoneSure, Pleo Alkala ‘N’

Pain
Asta-X-Krill, Clearizyme, MSM-GLS+, NPF (Natural Pain Formula), Nurovita®, Pleo Sanuvus, Premium D1000, Toco-X-Krill
Post-surgical healing
Clearizyme, Pleo Muc, Pleo Sanuvus, The Right C, The Right C Enhanced
Sports and injuries
Sprains and strains
Clearizyme, Ligaflex, NPF (Natural Pain Formula)

Nervous System
General
An-X-Vita, B-Complex, Optimum B12 MeF, Nurovita®, Melatonin + B6, Paravita®, Premium D1000, Simvita®, Super B
Anxiety
An-X-Vita, Avena Sativa, B-Complex, Chavita® and Emvita® remedies, Neuraplex, Melatonin + B6, Optimum B12 MeF, Super B
Calming, nervous conditions, restlessness
Avena Sativa, B-Complex, Neuraplex, Nurovita®, Optimum B12 MeF, Simvita®, Super B
Insomnia, sedative effect
Avena Sativa, Melatonin + B6, Neuraplex, Paravita®, Simvita®
Nervous heart, arrhythmia
An-X-Vita, Avena Sativa, Simvita®
Stress (see Stress)

Oxygen Metabolism
Co-Q10 Supreme, Oxyplex caps, Pleo Citro, Pleo Sanuvus

Pain Management
Asta-X-Krill, Clearizyme, NPF (Natural Pain Formula), Nurovita®, Pleo Form, SalvTonic, Toco-X-Krill

Pancreas
See Endocrine

Parasites
Luvos, 3C (Complete Colon Cleanse), Paraxites, Pleo Oku

pH Balance
Basic Powder, Basictab, Intestinal Kit, Lactobacillus Sporogenes, pH papers, Pleo Alkala ‘N’, Pleo Sanuvus

Prenatal
B-Complex, Cal-Mag 1:1, Liquid Iron, MultiNatal, Premium D1000, Probiotic 7-in-1, Super B

Probiotic
Lactobacillus Sporogenes, Probiotic 7-in-1

Prostate
See Male Health
General
Allernest, Bio Boost, Broncha, Hydrastis Nasal Spray, Intestinal Kit, Luffa tabs, Pleo Mucedo, Premium D1000

Allergy, hayfever and environmental (see Allergies)

Asthma
Avena Sativa, Broncha, Intestinal Kit, Paravita®, Pleo Alkala ‘N’, Pleo Rebasan

Cough
Avena Sativa, Broncha

Lung and bronchial

Sinusitis and rhinitis
AllerEase, Hydrastis Nasal Spray, IMX, Intestinal Kit, Luffa tabs

Skeletal
See Musculoskeletal

Skin
General

Acne
Luvos™

Burns
Luvos™

Eczema
Luvos™, Pleo Alkala ‘N’,

Urticara
Allernest, Luvos™, Pleo Form

Sleep
Avena Sativa, Melatonin, Neuraplex, Paravita®, Simvita®

Spleen
Pleo Pin

Sports and Injuries
See Musculoskeletal

Stress

Thyroid
See Endocrine

Thymus
See Endocrine

Viral
General

Herpes (blisters, simplex, zoster, shingles)
Luvos™, Pleo Alkala ‘N’

Influenza
Bio Boost

Water Balance
Also see Lymphatic
Lappa, Lymf-A-Drop, Parsagus

Weight Loss
Deepure Tea