



RR Formula™

Recommended Use:

- Dysbiosis
- Gastritis
- Gastric ulcer
- GERD
- Crohn's
- Colitis
- Ulcerative Colitis
- IBD, IBS

As a category, gastrointestinal ailments is one of the most common problems encountered by physicians in clinical practice. Disorders associated with the gastrointestinal (GI) tract can vary in severity ranging from relatively benign conditions like dysbiosis to more serious life threatening conditions such as Inflammatory Bowel Disease (IBD). In fact, 1 in ever 150 Canadians is living with Crohn's or colitis, with this rate ranking the highest in the world! Despite the intervention of specialized surgical techniques and prescriptive drugs, the quality of life for individuals afflicted with oppressive gastrointestinal ailments may not always be optimal.

One classical naturopathic-based formula designed to assist GI function is Biomed's RR Formula™. This advanced seven-herb formula combines high quality botanical extracts that have traditionally been used to treat such conditions as IBD and gastric ulcers. Many of the herbal components of this time-tested formula have been validated by modern science as follows:

The following evidence is strongly suggestive that the synergistic combination of botanical ingredients in RR Formula™ make it an effective therapy in treating a wide number of GI complaints.



Medicinal Ingredients:

Each vegetarian capsule contains:

Bromelain (Ananas comosus) 360 mcu/g	100 mg
Cranesbill (Geranium maculatum)	100 mg
Goldenseal (Hydrastis canadensis)	100 mg
Echinacea angustifolia	75 mg
Cabbage (Brassica oleracea)	75 mg
Slippery elm (Ulmus fulva)	75 mg
Marshmallow (Althaea officinalis)	75 mg

Non-medicinal Ingredients: Microcrystalline cellulose, silicon dioxide.

Recommended Dose (Adult): Take one capsule three times a day with food or as directed by a health care practitioner.

Duration Of Use: For occasional use only. May be used up to 10 - 21 days.

Caution/warnings: Do not use if pregnant or breastfeeding. Do not use in individuals with known or suspected sensitivity to the listed ingredients. Do not take this product simultaneously with other medications. Consult a health care practitioner prior to use if you have high blood pressure, kidney disease, rheumatoid arthritis, if you have a progressive systemic disease, such as tuberculosis, leukosis, collagenosis, multiple sclerosis, AIDS, HIV infection, and/or auto-immune disorders. Do not use if you have an allergy to Asteraceae/Compositae (daisy) family. Consult a health care practitioner prior to use if you have bile duct obstruction, or iron deficiency anemia. Consult a health care practitioner if symptoms persist.

Bromelain has been employed successfully in the treatment of mild ulcerative colitis.¹ Researchers suspect that bromelain modifies inflammation within the gastrointestinal tract via proteolytic action that occurs locally within the colon.²

Goldenseal (Hydrastis candensis) contains specific alkaloids that have broad-spectrum anti-microbial effects (e.g. E coli) in vitro.³ Moreover, alkaloids derived from goldenseal (e.g. berberine sulfate) have been clinically utilized in the treatment of enterotoxic E coli induced diarrhea.⁴

Cabbage (Brassica oleracea) has been utilized as an adjunctive therapy for gastric ulcerations.⁵ Furthermore, fresh cabbage juice was found to be effective both in inhibiting the growth of blastoconidia and reducing the appearance of C. albicans germ tubes in vitro.⁶ Cabbage juice also increases the amount of protective substances that line the intestine, and produce a dose-dependent anti-ulcerogenic activity associated with a reduced acid output and increased mucin secretion.⁷

