

Parsagus (Herbal Extract)



Recommended Use:

- ▶ Diuretic
- ▶ Edema

Parsagus contains organic asparagus and organic parsley that exhibits “urine-driving effects”. It helps the body to increase elimination of excess fluid and impurities. It also supports therapy in cases of heart failure and hypertension. It is also beneficial against bladder diseases, kidney and urinary gravel or kidney and bladder stones.

Parsagus does not have negative influence on electrolyte exchange, lipid and uric acid metabolism. In contrast to synthetic-chemical diuretics, Parsagus has no side effects and should be preferred over synthetic-chemical diuretics in most cases. Synthetic-chemical diuretics work better in acute emergency cases when fluid has to be removed from the body quickly. However, for long-term therapy, Parsagus would be the suitable alternative.

Parsagus contains many active substances, vitamins, minerals, and trace elements such as asparagine, glycoside, calcium, phosphorus as well as a relatively high content of potassium, Vitamin A, B and C.

Ingredient	Mode of Action:
Asparagus	Inflammation of the urinary tract; kidney stones; diuretic; laxative; neuritis and rheumatism. ¹
Parsley	Flush out of the urinary tract; prevent kidney gravel; flatulent dyspepsia; dysuria; rheumatic conditions and diuretic.

References:

1. Blumenthal, Goldberg, Brinckmann. Herbal Medicine. Expanded Commission E Monographs. Integrative Medicine Communications (MA); 2000.



Medicinal ingredients: Each vegetarian capsule contains:

Asparagus (<i>Asparagus officinalis</i> ; root)	200 mg
Parsley (<i>Petroselinum crispum</i> ; leaf) 3.1 - 3.7 mg apigenin	200 mg

Non-medicinal ingredients: Magnesium stearate, microcrystalline cellulose, silicon dioxide, hydroxypropyl methylcellulose (capsule shell).

Recommended dose (adults): Take four capsules three times daily or as directed by a health care practitioner.

Duration of use: Consult a health care practitioner for prolonged use.

Caution/warnings: Hypersensitivity (allergy) has been known to occur, in which case, discontinue use.

Contraindications: Do not use if pregnant or breastfeeding or if you have inflammatory kidney disease. Do not take irrigation therapy if edema exists because of functional heart and kidney disorder.

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