

Neuraplex



Recommended Use:

- ▶ Depression
- ▶ Anxiety
- ▶ Stress
- ▶ Sleep disorders
- ▶ Nervousness
- ▶ Restlessness

Neuraplex is a traditional European sourced herbal extract preparation for neurological conditions including depression, stress-associated anxiety, restlessness, nervousness, or sleep disorders.

Neuraplex contains an herbal combination with proven beneficial effects on the nervous system. St. John's wort is well known as a natural antidepressant and for anti-depressive and mood-enhancing properties. Valerian has sedative and soporific effect to regulate the autonomous nervous system. Passion flower is mildly sedative, psychoactive and sleep inducing. Corydalis is soothing and tranquilizing and California poppy is balancing, and acts as a sedative, analgesic and spasmolytic.

Most people are not aware of the impact stress has on their health. Lessening the effect of the CNS stress reactions on the body is the therapeutic value of Neuraplex. This formula provides a regulating effect on the mind (psychoactive) and the autonomic nervous system. Neuraplex can lead to an improvement in physical and mental well being without any risk of addiction.

This formula is recommended for symptoms of mild to moderate depression.

Ingredient	Uses
St. John's Wort	Anti-depressive; anxiolytic; sedative for relief of restlessness or nervousness; helps to treat symptoms of sleep disorders.
Valerian root	Hypnotic; as a sleep aid or used as a mild sedative and sleep-promoting agent.
Passion flower	Anxiolytic; sedative; hypnotic.
California poppy	Anxiolytic; sedative; hypnotic; spasmolytic.
Corydalis	Prevents agitation.



Medicinal Ingredients:

Each vegetarian capsule contains:
 St. John's wort (*Hypericum perforatum*) 4:1 QCE: 240 mg; 0.3% Hypericins, 3% Hyperforin; aerial parts with flowers) 60 mg
 California poppy (*Eschscholzia californica*; aerial part) 40 mg
 Hollowroot (*Corydalis cava*, root) 40 mg
 Passion flower (*Passiflora incarnata*; 5:1 QCE 160 mg; flower) 32 mg
 Valerian (*Valeriana officinalis*, 4:1 QCE 112 mg; root) 28 mg

Non-medicinal Ingredients: Microcrystalline cellulose, magnesium stearate, hydroxypropyl methylcellulose (capsule shell).

Recommended Dose (adults): Take two capsules three times a day or as directed by a health care practitioner.

Recommended Duration of Use: Consult a health care practitioner for use beyond duration of 8 weeks.

Caution/warnings: Consult a health care practitioner if you take sedatives, MAO, contraceptives, HIV-1 protease inhibitors, non-nucleoside reverse transcriptase inhibitors, immunosuppressants, anticoagulant, digoxin, theophylline, serotonergic antidepressants, migraine therapies, SSRIs and/or anti-epilepsy drugs, anti-anxiety, seizure medications, antihistamines, bronchodilators, muscle relaxant and/or opiates. Consult a health care practitioner if you experience sleep disturbances, severe drowsiness and/or withdrawal symptoms upon abrupt discontinuation following chronic use. Consult a health care practitioner if sleeplessness persists continuously for more than 3 weeks (chronic insomnia).

Consult a health care practitioner if symptoms persist or worsen. Hypersensitivity, such as an allergy, has been known to occur; in which case, discontinue use. Some people may experience mild gastrointestinal disturbance, nausea, restlessness and/or headaches. Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness within two hours of consumption. Avoid prolonged exposure to sunlight, ultraviolet light (UV) or UV Therapy. Consumption with alcohol, other medications or natural health products with sedative properties is not recommended.

Contra-indications: Do not use if pregnant or breast feeding. Do not use in individuals with known or suspected sensitivity to the listed ingredients. Do not use if you are taking anti-cancer medications, blood thinners, antidepressant medications (e.g. selective serotonin re-uptake inhibitors, anti-HIV agent, cardiovascular medication, immunosuppressant, and/or contraceptive medications).

NPN 80029325 • 100 capsules