Intestinal Kit

A convenient kit containing selected Pleo Sanum remedies

Restore & Regenerate
Pleo Sanum Intestinal Kit

Rebuild a Healthy Intestinal System

The Intestinal Kit will provide the foundation for achieving optimal intestinal health. This program is adapted from the European Biological Medicine approach of natural healing used by Dr. Thomas Rau, MD and the team at the Paracelsus Clinic in Switzerland. This world leading clinic has achieved remarkable results in treating difficult chronic disease, and their approach always starts with evaluating and treating the intestinal system.

This Intestinal Kit program is a two phase protocol that takes approximately 40 days to complete. The first phase is designed to help regulate the body’s internal environment, which supports healthy flora and rebuilding of the intestinal system. The second phase is designed to rebuild the intestinal lining, restore healthy flora and support the gut-associated immune system.

Successful regeneration and restoration of intestinal health can be enhanced through specific dietary changes. Your health care practitioner may recommend additional food sensitivity testing, stool analysis, and dietary modifications. The clinical experience at Paracelsus shows intestinal restoration can be aided by: eliminating refined sugar, reducing meat and dairy intake, and increasing vegetables and healthy fats in the daily diet. Changing long established habits is never easy however, commitment to this transformation will achieve significant health benefits.
Who needs to restore gut health?

Everyone can benefit from improving their gut health, especially if dealing with chronic conditions. A healthy gut leads to a healthy mind and body.

Unfortunately, an unhealthy gut and poor bacterial flora is more common than we think. Damage to the intestinal system can be attributed to the western diet and lifestyle, in addition to other factors including: type of delivery at birth, duration of breast feeding and types of food eaten in early life, food allergies, dysbiosis (candida and yeast), antibiotics and other medications, chronic stress, infections, heavy metals, over-acidity, processed and GMO foods, and exposure to toxins.

Why is the intestine so important?

A healthy gut and balanced intestinal flora contribute to both good digestion and a strong immune system. This is of the upmost importance for sustained health and recovery from chronic disease.

The intestinal mucosal lining is the largest protective barrier between our blood and the outside world! It is responsible for nutrient absorption, housing healthy intestinal flora and maintaining 80% of our gut-associated lymphoid tissue (Peyer's Patches) for immune defence in the entire body. A healthy intestinal system is the foundation for overall health.

Is your flora essential for health?

Our gut is home to trillions of co-evolved friendly microorganisms that are essential for digestion, absorption of vitamins and nutrients, detoxification, and regulation of our immune system. When the healthy intestinal flora population is altered, opportunistic pathogenic microorganisms (which can be detected in stool tests) can create unfavourable changes to health. In the last 20 years, the Paracelsus Clinic has found zero cancer patients with ‘normal’ flora, and this conveys a clear message on the importance of intestinal system in overall health.

Healing the gut is important if you suffer from any of the following conditions:

- Digestive disorders
- Allergies, asthma
- Skin conditions
- Immune disorders
- Inflammation of any kind
- Fatigue
- Constipation & Diarrhea
- Cardiovascular conditions
- Metabolic conditions
- Chronic sinustitis
- Malignancies
- Joint disorders
- Depression
- And many more

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"We treat humans, not symptoms or diagnoses. We support the regulatory forces in the human, which brings healing from the inside.

~ Dr. Thomas Rau, M.D."
This kit contains a selection of natural remedies manufactured by Sanum Kehlbeck, Germany, and distributed by Biomed International Products Corp.

Only sold through health care professionals.