

GASTROINTESTINAL PROTOCOL

Acid Reflux, Nausea, Sour Stomach, Constipation

- ABSINTHIUM** indicated to normalize gastric juices and for symptoms of the GI tract including heartburn, indigestion, dyspepsia and lack of appetite.
- Dosage:** 30 drops in warm water three times daily before meals as needed.
- CASCASIL COMP** indicated for constipation through stimulation of peristalsis action.
- Dosage:** 30 to 50 drops in hot water twice daily.
- LUVOS**
(Powder or Caps) indicated for absorption of impurities within the GI tract.
- Dosage:** ½ to 1 tsp of powder or 2 to 4 capsules twice daily.
- CARDUUS** indicated for constipation, liver detoxification and stimulation of bile flow (for proper digestion of fats).
- Dosage:** 35 drops in water 20 minutes before meals three times daily.

Bloating and Fullness

- FRANGULA** indicated for bloating, gas, flatulence, sluggish bowel and indigestion.
- Dosage:** 25 to 30 drops in water after meals (combine with 1 tsp or 2 to 4 capsules of LUVOS and 3 FLEXIZYME or DIGESTIZYME capsules after meals).

Toxic Bowel

- BIORELLA** indicated for binding heavy metals to be eliminated via the intestines.
- Dosage:** 5 tablets three times daily
(see Heavy Metal Detox protocol).

OXYPLEX (powder or capsules), **3C (Complete Colon Cleanse)** or **FIBRE FX** can also be added at the recommended dosage to support bowel evacuation.

Gastroenteritis (Viral and Microbial Treatment)

In some cases, 10 days of therapy with allopathic medications (e.g. Albendazole) should be considered at the outset to treat parasites (e.g. tape worms) - dosage 200 mg per 22.7 kg (50 lb.) of body weight.

Combine the following treatment protocol.

IMMUNOPLEX to support the immune system.
Dosage: 2 capsules three times daily.

FLEXIZYME powerful protolytic enzymes.
Dosage: 1 capsule three times daily away from food.

LUVOS to absorb metabolic waste, toxins and heal lesions
(powder or caps) in the GI tract.
Dosage: ½ to 1 tsp or 2 to 4 capsules three times a day.

BIORELLA for binding heavy metals to be eliminated via the
intestines.
Dosage: 5 tablets with water three times daily.

Also add **GASTROPLEX** and **PROBIOTIC 7-IN-1** or **LACTOBACILLUS SPOROGENES** at the recommended dosage.

Dysbiosis, Overgrowth of Candida, Leaky Gut

Refer to Dysbiosis (Fungal) Protocol

Note: Adult patients should be on the above referenced therapy for 60 days, then wait 4.5 months* before testing for parasites. Children to receive half the adult dosage. Organ specific drainage should be addressed.

* this length of time is required to ensure the life cycle of the formerly resident parasites has passed without new ones appearing.

Accompanying Remedies

CALMORA indicated for gastritis by reducing spasm and
inflammation.

Dosage: 2 to 3 tsp in hot water before breakfast and at
bedtime.

Note: Children to receive half the adult dosage.