

CARDIAC RISK PREVENTION PROTOCOL

Cardiac Conditions, Insufficient Cardiac Output

CACTUS indicated for cardiac conditions such as cardiac insufficiency, arrhythmia, palpitations, angina pectoris and a tonic for the cardiac muscles and the nervous system.

Dosage:

Acute 10 drops in pure water every fifteen minutes.
General 10 drops in pure water three times daily before meals.

CRATAEGUS indicated for improvement of cardiac output, vasodilation of the peripheral arteries, increased myocardial contractibility and as a tonic to protect the heart.

Dosage: 20 to 30 drops three times daily.

Circulatory Disturbances and Blood Purification

AESCULUS indicated for improvement of peripheral arterial circulation.

Dosage: 20 to 25 drops in pure water three to five times daily.

LAPPA indicated as a blood purifier through elimination of metabolic wastes, detoxification and lymph stimulator.

Dosage: 20 to 30 drops in pure water two to three times daily.

Nervous Disorders with Cardiac Conditions

AVENA SATIVA indicated to calm the central nervous system and hyperexcitability.

Dosage: 30 drops added to CACTUS or CRATAEGUS. In acute cases, same dosage up to 5 times daily.

NEURAPLEX indicated for depression and insomnia due to depression.

Dosage: 2 capsules up to three times daily in addition to CACTUS or CRATAEGUS.

To Increase Oxygenation to the Heart

(See Bronchial Protocol)

BRONCHA

30 drops added to CACTUS and CRATEAGUS. If all three remedies are prescribed, they can be mixed together with water and taken two to five times daily.

Antispasmodic

PEPERITA

indicated for antispasmodic action.

Dosage:

1 or more drops directly on the tongue, deeply inhaled.

Cardiac Edema

CRATAEGUS

Dosage:

20 to 30 drops three times daily.

PARSAGUS

indicated as a diuretic and support therapy in cases of congestive heart failure and hypertension.

Dosage:

2 to 4 capsules three times daily.

Additional Suggestions

FLEXIZYME

Dosage:

proteolytic enzyme for inflammation.
2 to 4 capsules two to three times daily between meals.

CO-Q10 SUPREME

as recommended by a practitioner.