

# SABAL SERRULATUM

(HOMEOPATHIC)

SABAL SERRULATUM is also called the "Homeopathic Catheter". This product is mainly used for enlarged prostate with difficulty during urination; acute and chronic bladder irritation; prostatitis; impotence; formation of residual urine in the bladder; decreased libido. It acts on membrane-prostatic portion of the urethra, promotes tissue regeneration and enhances libido. BPH (or enlarged prostate) is the overgrowth of the prostate cells, which constrict the urethra thereby reducing the flow of urine and increasing the difficulty in emptying the bladder. BPH affects about 1 in 3 men over the age of 50.<sup>1</sup> Symptoms include: a hesitancy, difficulty or pain in urinating; a weak stream; an urgent need to urinate and frequent visits to the toilet at night.<sup>2</sup> Although their symptoms can be similar, BPH is not prostate cancer.

Female can also use SABAL SERRULATUM for ovarialgia.

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## Medicinal Ingredients:

Each 100 ml contain:

### Key Ingredient:

Sabal serrulata D1 . . . . .33.3 ml

### Accompanying Ingredients:

Lycopodium clavatum D4 . . . . .33.3 ml

Pareira brava D4 . . . . .33.3 ml

**Non-medicinal Ingredients:** ethanol

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## RECOMMENDED DOSAGE

Adult	Take ten drops in water every half an hour until improvement is evident. Then take 25-30 drops in water three times daily or to be used on the advice of a practitioner.
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**Recommended use or purpose:** Homeopathic remedy for therapeutic use only.

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## INGREDIENTS

## INDICATIONS

Sabal serrulata	Prostatic enlargement; difficult urination; cystitis; ovaries tender and enlarged.
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Lycopodium clavatum	Impotence; enlarged prostate.
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Pareira brava	Prostatic affection; bladder pain.
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PROSTATE HEALTH

## **SPECIAL COMMENTS**

For the treatment of enlarged prostate with difficult urination begin with SABAL SERRULATUM and SOLIDAGO taken together. Combine 25 drops of SABAL SERRULATUM with 40 drops of SOLIDAGO in 236 ml (8 oz.) pure water four to five times daily.

As an anti-inflammatory remedy, FLEXIZYME or SERRANATTO may be used. This combination is most effective and brings fast relief to the patient. After improvement of the symptoms, continue the treatment with SABAL SERRULATUM for a minimum of two months or longer. Men from the age of 40 years on can use SABAL SERRULATUM as a preventive aid against future prostate conditions. Suggested dosage is 30 drops once a day for two months, with a break of one month. This cycle can be continued indefinitely.

## **REFERENCES**

1. BUPA Health Information on-line, Enlarged Prostate (BPH), 2003
  2. Ibid
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