

## LUFFA TABS

(HOMEOPATHIC)

This combination is particularly suitable for treating sinusitis and other similar associated symptoms, such as chronic coryza with headache and accompanying bronchitis. It inhibits inflammation in the nose and the paranasal sinus; decreases the lymphatic nodes and tonsils; and stabilizes the function of the sinu-bronchial complex. LUFFA TABS also stimulate secretion of mucous, facilitate expectoration and inhibit inflammatory processes. In the upper respiratory tract inflammation from an allergic origin, this medication works well to decrease inflammation and the constituents are specific to the mucous membranes of the upper respiratory tract, such as the sinuses. The allergic reactions are often due to immune insufficiency and hypersensitivity. The inflammation is not due to an infectious nature in this case. LUFFA TABS may be used in conjunction with HYDRASTIS NASAL DROPS as an effective remedy for sinusitis and associated conditions.

### Medicinal Ingredients:

Each tablet contains:

#### Key Ingredient:

Luffa operculata D6 ..... 20 mg

#### Accompanying ingredients

Allium cepa D6 ..... 10 mg

Mercurius sulfuratus ruber D4 ..... 20 mg

Eupatorium perfoliatum D5 ..... 10 mg

Hydrastis canadensis D4 ..... 20 mg

Natrum muriaticum D6 ..... 10 mg

Phosphorus D6 ..... 10 mg

Sticta pulmonaria D2 ..... 10 mg

**Non-Medicinal Ingredient:** Lactose, magnesium stearate, starch (potato/Solanum tuberosum)

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### RECOMMENDED DOSAGE

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#### Adult

Dissolve one tablet on the tongue three times daily. For acute condition, dissolve one tablet on the tongue every hour or to be used on the advice of a practitioner.

#### Children

Dissolve half a tablet on the tongue three times daily. For acute condition, dissolve half a tablet on the tongue every hour or to be used on the advice of a practitioner.

**Recommended use or purpose:** Sinusitis and associated symptoms, including bronchitis.

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**INGREDIENTS****INDICATIONS**

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Luffa operculata

Common cold; hayfever; rhinitis and catarrhs of all kinds; purgative action.

Allium cepa

Acute fluent coryza.

Mercurius sulfuratus  
ruber

Cold symptoms; sore throat. Inflammations/ affectations of the catarrhal or lungs, such as sinusitis, tracheitis, laryngitis and bronchitis.

Eupatorium perfoliatum

Allergy reaction; catarrhs.

Hydrastis canadensis

Thick secretion from posterior nose to throat; ozaena with ulceration of septum; runny nose.

Natrum muriaticum

Nose bleeding; chronic catarrhal diseases of the middle ear.

Phosphorus

Inflammation and degeneration of mucous membranes; chronic catarrh with small hemorrhages.

Sticta pulmonaria

Dryness of nasal membrane; hay fever; incessant sneezing.

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**SPECIAL COMMENTS**

In chronic conditions, it is always advisable to test for disorder in the GI tract including parasites and candida overgrowth. Also, chronic bladder infections, dental problems such as root canals and cavitations, can cause sinus symptoms. For acute sinusitis, LUFFA TABS accompanied with HYDRASTIS NASAL DROPS is advisable. For GI tract parasites or candida overgrowth also consider GASTROPLEX.