

CRATAEGUS

(HERBAL EXTRACT)

CRATAEGUS is a combination preparation of hawthorn leaves, flowers and berry formulated for the treatment of impaired heart functions. Crataegus extract works to strengthen cardiac beat and improves myocardial contractility. It improves cardiac output, by increasing heart rate and reducing excitability by increasing the refractory period and raising the stimulus threshold. It also increases blood flow through the coronary vessels and in the myocardium, thus improving energy and oxygen metabolism of the heart. Due to its vasodilatory action on the peripheral arteries, it decreases peripheral resistance while increasing cardiac output. One of the active ingredients flavoprotein (flavo enzymes) in Crataegus plays an important role as free radical scavengers. The heart, with its rapid blood exchange, needs flavo enzymes to protect it against cell-damaging free radical oxygen molecules.

Medicinal Ingredients:

Each 100 ml contains:

Crataegus monogyna (Hawthorn berry) 13.6 g

Crataegus monogyna (Hawthorne leaf with flower).... 13.6 g

Non-Medicinal Ingredients: Water, ethanol

RECOMMENDED DOSAGE

Adult Take 20 to 30 drops in water three times daily or as directed by a practitioner.

Children Children could receive half or less of the adult dosage or as directed by a practitioner.

Recommended use or purpose: A cardiotonic agent.

Caution/Warnings

This product should be used under the supervision of a practitioner if the individual takes digitalis, g-strophanthin, cardiac glycosides, digitoxin, digoxin, Convallaria majalis or Adonis vernalis.

Contraindications

Do not use if pregnant or breastfeeding. Consult a practitioner if you use other cardiovascular remedies.

INGREDIENTS**INDICATIONS**

Hawthorn berry

Cardio-tonic, diuretic, astringent,
hypotensive.

Hawthorne leaf with flowerCardio-tonic, diuretic, astringent,
hypotensive.

SPECIAL COMMENTS

CRATAEGUS is well tolerated by most people and is relatively safe to use in most cardiac conditions. Symptoms of cardiovascular origin such as sensations of pressure and constriction around the heart, exhaustion, reduced vitality or exercise-induced polypnea will improve or disappear altogether during treatment with CRATEAGUS.

In situations of cardiac insufficiency with edema and/or lymphatic congestion, consider LYMPH-A-DROP in conjunction with CRATAEGUS. CRATAEGUS taken in conjunction with magnesium and/or potassium is also an excellent heart therapeutic. In cases with high stress level and nervous heart conditions a combination of 20 drops of CRATAEGUS and 30 drops AVENA SATIVA in water can be taken two to three times daily as a protective and preventive therapy. Also consider CACTUS.