

ALLERNEST

(HOMEOPATHIC)

This product is for symptoms due to allergic reactions; coughing; sneezing; difficult breathing; hay fever; rashes and itching of the skin; food reactions; headaches. It is used for the reduction of inflammation and swelling of the mucous membranes of the upper respiratory tract; strengthening the cell walls and suppression of hyper-allergic reaction, including the intercellular region. ALLERNEST is a homeopathic combination for the treatment of allergic disorders and the concomitant symptoms associated with it.

Allergies are usually the result of the body's over-reaction (hypersensitivity) to innocuous substances. One form of treatment hyposensitizes the body so that it does not react so readily. Homeopathic preparations of *Formicum acidum* have been used with positive results as a form of non-specific hyposensitization. The combination of homeopathic ingredients in ALLERNEST has a positive influence on the skin, mucous membranes and the airways. ALLERNEST works deep in the organism to reduce the hypersensitivity reaction to harmless foreign substances.

Medicinal Ingredients:

Each 100ml contains:

Key Ingredient

Aralia racemosa D4 9.09 ml

Accompanying ingredients

Cardiospermum D3 9.09 ml
Formicum acidum D12 9.09 ml
Galphimia glauca D4 9.09 ml
Lachesis mutus D8 9.09 ml
Luffa operculata D6 9.09 ml
Petroleum D6 9.09 ml
Rhus toxicodendron D6 9.09 ml
Thuja occidentalis D4 9.09 ml
Urtica urens D4 9.09 ml

Non-Medicinal Ingredient: ethanol

RECOMMENDED DOSAGE

Adult

Take 10 drops in water every 15 minutes for acute condition. Otherwise, take 10 drops in water three times daily before meals or to be used on the advice of a practitioner.

Children

Take five drops in water every 15 minutes for acute condition. Otherwise, take five drops in water three times daily before meals or to be used on the advice of a practitioner.

Recommended use or purpose: Allergic reactions, hay fever and associated allergic symptoms.

INGREDIENTS**INDICATIONS**

Aralia racemosa	Allergy diseases of the respiratory organs e.g. asthma, dry cough, sneezing.
Cardiospermum	Itching skin; allergic skin rashes.
Formicum acidum	Allergic reactions; eczema; bronchial asthma.
Galphimia glauca	Hay fever; allergic asthma.
Lachesis mutus	Inflammation of skin; mucosa; headache; swollen gums and breathing difficulty.
Luffa operculata	Hay fever; allergic rhinitis; sinus.
Petroleum	Dermatosis; allergic conditions of the mucous membranes.
Rhus toxicodendron	Rheumatic pain of joints; bones; tendons and muscles; sneezing; itching.
Thuja occidentalis	Skin and mucosal membrane diseases; dry cough; allergic asthma.
Urtica urens	Nettle rash-like skin disease; profuse discharge from the mucous membrane.

SPECIAL COMMENTS

Alternatively, dosing can be achieved by mixing one teaspoon of ALLERNEST into one bottle of drinking water, for frequent use throughout the day. ALLEREASE can also be used for allergy symptoms.

In case of allergies with sinus involvement add LUFFA TABS and HYDRASTIS NASAL DROPS. During allergy treatment it is advisable to increase and support the liver functions with HEPATICA or CARDUUS and support the

spleen with POLYPODY. Whereas, in order to flush allergens out of the body effectively use EFFERSEA.

Allergic reactions can also occur because of an increased permeability of the intestinal walls due to candida overgrowth and/or parasitic infections. Use GASTROPLEX for parasitic infection and Candidiasis. To strengthen the immune system take ECHINACEA TABS, BIO BOOST or IMMUNOPLEX. Then support intestinal flora with LACTOBACILLUS SPOROGENES or PROBIOTIC 7-IN-1.

