

ABSINTHIUM

(HERBAL EXTRACT)

This formula is administered for acute and chronic gastrointestinal symptoms: heartburn, indigestion, lack of appetite, flatulence. This herbal combination normalizes the digestive gastric juices and motility conditions by influencing the autonomic tonicity. It has a direct and indirect influence on the mucous membrane by anti-inflammatory effect and mobilization of the protective mucosa. A general tonification with improvement of circulation in the GI tract can be expected. Gentian is an excellent bitter that stimulates the appetite and digestion via reflexive stimulation of the digestive juices, promoting the production of saliva, gastric juices and bile. It is indicated wherever there is a lack of appetite and sluggishness of the digestive system. Wormwood is another bitter that works by triggering sensory response in the mouth. Sage and Fennel are especially well to relief problems such as: meteorism, flatulence, dyspepsia and loss of appetite.

Medicinal ingredients:

Each 100 ml contains:

Pimpinella anisum (Anise)	1.4 g
Cnicus benedictus (Blessed thistle)	1.5 g
Inula helenium (Elecampane/Inule)	1.4 g
Foeniculum vulgare (Fennel)	1.4 g
Gentiana lutea (Gentian)	1.5 g
Hyssopus officinalis (Hyssop)	0.8 g
Juniperus communis (Juniper)	1.5 g
Mentha piperita (Peppermint)	1.5 g
Salvia officinalis (Sage)	0.8 g
Artemisia absinthium (Wormwood)	1.5 g

Non-medicinal Ingredients:

water, ethanol

RECOMMENDED DOSAGE

Adult	Take 15 to 25 drops in water 30 minutes before each meal or as directed by a practitioner.
Children	Children could receive half or less of the adult dosage or as directed by a practitioner.
Recommended use or purpose:	For indigestion, lack of appetite, flatulence and other GI complaints.

GASTRIC / INTESTINAL

Caution/Warnings

Do not use in individuals with known or suspected sensitivity to the listed ingredients. This product is not intended to be used by individual who has ulcers, high blood pressure, diabetes, impaired kidney function, gallbladder, bile-duct obstruction or acid reflux.

Contraindications

Do not use if pregnant or breastfeeding. This product is not intended to be used by individual who is allergic to anise, anethole, Asteraceae/Compositae (daisy) family.

INGREDIENTS	INDICATIONS
Anise	Dyspeptic complaints; acts as an expectorant; mildly antispasmodic and anti-bacterial. ¹
Blessed thistle	Increase appetite or used as a digestive bitter; digestive tonic; expectorant, antiseptic; antidiarrhoeal; anti-microbial; diaphoretic; flatulent dyspepsia and atonic dyspepsia.
Elecampane	Against Mycobacterium tuberculosis ² ; as a stomachic, diuretic, carminative and cholagogue in folk medicines. ³
Fennel	Exhibit activity against Bacillus subtilis, Aspergillus niger and Cladosporium cladosporioides ⁴ ; dyspepsias such as mild, spastic gastrointestinal afflictions, fullness, and flatulence. ⁵
Gentian	Digestive tonic, sialogogue; roborant or for appetite loss; atonic dyspepsia; GI atony; scrofula; intermittents worms and diarrhea.
Hyssop	Aromatic; carminative; tonic for the mucous tissue of both respiratory and gastrointestinal tract in all weakened conditions or to treat quinsy.
Juniper	Digestive aid; stimulate appetite; relieve flatulence and other digestive problems.
Peppermint	Digestive aid; relief of flatulence and/or bloating due to excess gas production, a used for symptomatic treatment of digestive disorders.

Sage	Dyspeptic symptoms. ⁶
Wormwood	Antibacterial activity against <i>Bacillus cereus</i> , <i>Staphylococcus aureus</i> , <i>Listeria monocytogenes</i> , <i>Escherichia coli</i> and <i>Salmonella infantis</i> . ⁷ The German Commission E approves the use of Wormwood for the loss of appetite, dyspepsia, and biliary dyskinesia. ⁸

SPECIAL COMMENTS

Because of its fast effect and response, **ABSINTHIUM** is a favored remedy being used by German doctors to treat gastrointestinal symptoms. It has been used safely, for more than 50 years. For peptic ulcer and gastritis, consider **GASTROEASE+**.

REFERENCES

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