

NEURAPLEX

(HERBAL EXTRACT)

NEURAPLEX is an herbal extract preparation for the treatment of mental illnesses, especially those of a depressive nature. NEURAPLEX contains a well-balanced composition with various pharmacological effects on the nervous system. St. John's wort is well known for its anti-depressive and mood-enhancing properties. Valerian has sedative and soporific effect to regulate the autonomous nervous system. Passion flower is mildly sedative, psychoactive and sleep inducing; Corydalis is soothing and tranquilizing and California poppy is balancing, and acts as a sedative, analgesic and spasmolytic. Stress can affect the body in various ways to different degrees. Most people are not aware of the impact stress has on their health. Lessening the effect of the CNS on the body is the therapeutic value of NEURAPLEX. When used properly, NEURAPLEX has a regulating effect on the mind (psychoactive) and the autonomic nervous system together. This leads to an improvement in physical and mental well being without any risk of addiction. Clinical trial on NEURAPLEX formula versus placebo in patients with mild to moderate depressive symptoms found a significant improvement in depressive symptoms.

Medicinal Ingredients:

Each vegetarian capsule contains:

Hypericum perforatum (St. John's wort)	
4-7:1 *0.3% hypericins	.60 mg
Valeriana officinalis L. (Valerian root) 8-10:1	.28 mg
Passiflora incarnata L. (Passion flower) 5-8:1	.32 mg
Eschscholzia californica (California poppy)	.40 mg
Corydalis cava (Corydalis)	.40 mg

Non-medicinal Ingredients:

Magnesium stearate, silicon dioxide, microcrystalline cellulose

RECOMMENDED DOSAGE

Adult Take two capsules one to three times a day or as directed by a practitioner.

Recommended use or purpose: Assists for the relief of restlessness, nervousness, depression or anxiety.

Caution/Warning

This product should be taken under the supervision of a practitioner if the individual takes conventional medication, such as sedatives, MAO, contraceptives, HIV-1 protease inhibitors, nonnucleoside reverse transcriptase

inhibitors, immunosuppressants, anticoagulant, digoxin, theophylline, serotonergic antidepressants, migraine therapies, SSRIs, anti-epilepsy drugs or if the individual experiences sleep disturbances, severe drowsiness, withdrawal symptoms upon abrupt discontinuation following chronic use. Avoid prolonged exposure to sunlight, ultraviolet light (UV) or UV therapy.

Contraindications

Do not take during pregnancy or lactation. Do not use in individuals with known or suspected sensitivity to the listed ingredients.

INGREDIENTS	INDICATIONS
St. John's Wort	Anti-depressive; anxiolytic; sedative for relief of restlessness or nervousness; helps to treat symptoms of sleep disorders.
Valerian root	Hypnotic; as a sleep aid or used as a mild sedative and sleep-promoting agent.
Passion flower	Anxiolytic; sedative; hypnotic.
California poppy	Anxiolytic; sedative; hypnotic; spasmolytic.
Corydalis	Prevents agitation.

SPECIAL COMMENTS

NEURAPLEX is recommended for the use of depressive disorders and its related problems. In cases of chronic or extreme stress resulting in depression, NEURAPLEX has been found to be clinically effective. In cases of insomnia, consider SOMNIPLEX.
