

POLYPODY

(HERBAL EXTRACT)

The spleen is an organ that is frequently overlooked. Yet, it is the largest lymphatic organ and the most important organ in the reticuloendothelial system (RES). The spleen has a variety of functions, including:

- Lymphocytes production
- Erythrocyte decomposition
- Dissimilation of hemoglobin
- Formation of the preliminary step for bilirubin
- Storage of iron from the erythrocyte decomposition
- Filter and defense mechanism
- Antibodies and hormone formations
- Blood filter
- Participate in blood flow, lymphatic flow

POLYPODY stimulates blood-transformation in the lymphatic system, especially the spleen. It increases the detoxifying process of metabolic waste via the kidneys and intestine and mobilizes the liver function by increasing circulation in the portal vein. POLYPODY is formulated to strengthen the spleen and is indicated for:

- Spleen conditions, including the whole lymphatic system especially after infectious disease
- As a supplement in cases of cuppurative and scrofulous diseases and allergies
- Circulatory deficiency of the digestive tract
- A weak defense mechanism of the immune system
- "Hemoconcentration" (filter organ)
- Weak connective tissues
- Deficiencies (anemia)
- Lymphostasis

RECOMMENDED DOSAGE

Adult Take 30 drops in water three times daily before meal or as directed by a practitioner.

Recommended use or purpose: Supports liver and spleen functions.

Caution/Warnings

This product should be used under the supervision of a practitioner if the individual has impaired liver function or if diarrhea persists.

Contraindications

Do not use if pregnant or breastfeeding.

INGREDIENTS	INDICATIONS
Vervain	Pain; cramps; fatigue; nervous disorders ; digestive disorders.
Hartstongue	Bright's Disease; astringent; cholagogue; diaphoretic; diuretic; expectorant; diarrhea; bladder deposit; removing obstruction of the liver and spleen.
Milk thistle	Liver protectant.
Polypody	Tonic; pectoral and expectorant; dyspepsia and loss of appetite; hepatic complaints; stimulate bile secretion and as a gentle laxative.
White-nettle	Catarrh of the upper respiratory passage.

SPECIAL COMMENTS

A mixture of POLYPODY and ABSINTHIUM is a good standard combination for many gastrointestinal conditions. For kidney maintenance, take POLYPODY with BUCCO. To strengthen the liver (especially the portal vein), take POLYPODY with HEPATICA. Combining POLYPODY, ECHINACEA TABS and/or LUFFA TABS can benefit the lymphatic system. POLYPODY may also be used with LYMPH-A-DROP and LYMPH-A-DERM as part of a Lymph Drainage Protocol (See Protocol in Part D).